

SALAH Cup 2019 nach 8 Läufen, Abschlussliste

Name	Vorname	Verein	Gesamt-Punkte	gewertete Läufe	Amelinghausen 24.02.2019		Scharnebeck 17.03.2019		Thomasburg 14.04.2019		Hohnstorf 19.05.2019		Heidepokal 18.08.2019		Lüneburg 08.09.2019		Adendorf 15.09.2019		Gellersen 03.11.2019		5 beste Läufe	
					Platz	Punkte	Platz	Punkte	Platz	Punkte	Platz	Punkte	Platz	Punkte	Platz	Punkte	Platz	Punkte	Platz	Punkte		Platz
Altersklasse WKU12, W 10/11 (Jahrg. 2008 - 2009)																						
Altersklasse WJU14, W 12/13 (Jahrg. 2006 - 2007)																						
Schulz	Tanya		25	1	0	0	0	0	0	0	0	0	0	1	25	0	0	0	0	0	0	25
Altersklasse WJU16, W 14/15 (Jahrg. 2004 - 2005)																						
Seil	Marie	VfL Bleckede (2006?)	50	2	0	0	0	0	0	0	0	0	0	1	25	0	0	1	25	0	0	50
Altersklasse WJU18, W 16/17 (Jahrg. 2002 - 2003)																						
Dühring	Celin	Rullstorf	121	5	0	0	1	25	1	25	0	0	1	25	3	21	0	0	1	25	121	
Hensel	Luisa	Hermann-Löns-Schule Lbg.	25	1	0	0	0	0	0	0	0	0	0	1	25	0	0	0	0	0	25	
Feil	Johanna	Funny Skippers	23	1	0	0	0	0	0	0	0	0	0	2	23	0	0	0	0	0	23	
Wittlinger	Dana Marie	AEG-Buchholz	23	1	0	0	2	23	0	0	0	0	0	0	0	0	0	0	0	0	23	
Altersklasse WJU20, W 18/19 (Jahrg. 2000 - 2001)																						
Bickel	Lena	Bei uns läuff'ts	25	1	0	0	0	0	1	25	0	0	0	0	0	0	0	0	0	0	25	
Brand	Annika		25	1	0	0	0	0	0	0	0	0	0	0	1	25	0	0	0	0	25	
Doerfer	Peja	LG Lüneburg	25	1	0	0	1	25	0	0	0	0	0	0	0	0	0	0	0	0	25	
Eimann	Janina	MTV Treubund Lüneburg	23	1	0	0	0	0	0	0	0	0	0	0	2	23	0	0	0	0	23	
Altersklasse W 20 (Jahrg. 1990 - 1999)																						
Lüderitz	Karen	Neetze	119	5	0	0	2	23	2	23	2	23	0	0	1	25	0	0	1	25	119	
Pieper	Stefanie	Bardowick	119	5	3	21	1	25	1	25	1	25	0	0	2	23	0	0	0	0	119	
Köhler, disqu.	Nadine	BSG Sparkasse Harb-Buxteh.	149	7	4	20	3	21	3	21	4	20	1	25	5	19	0	0	2	23	110	
Lehrer	Ronja	Lüneburg	39	2	0	0	2	23	0	0	0	0	0	0	8	16	0	0	0	0	39	
Wiebe	Birte	MTV Treubund Lüneburg	34	2	5	19	0	0	0	0	0	0	0	0	9	15	0	0	0	0	34	
Boehnke	Jennifer	LG Göttingen	25	1	1	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25	
Helwig	Rabea	Düvelsbrook Dynamics	25	1	1	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25	
Junge	Anna-Viktoria	Sparkasse Lüneburg	25	1	0	0	0	0	0	0	1	25	0	0	0	0	0	0	0	0	25	
Mombach	Ricarda	TV Höfen	25	1	0	0	0	0	0	0	0	0	0	0	0	1	25	0	0	0	25	
Vahle	Kirstin	Lüneburg	25	1	0	0	0	0	0	0	0	0	0	0	1	25	0	0	0	0	25	
Wallis	Luisa		25	1	0	0	0	0	0	0	0	0	0	0	0	1	25	0	0	0	25	
Wolansky	Janina	MTV Soderstorf	25	1	0	0	1	25	0	0	0	0	0	0	0	0	0	0	0	0	25	
Eichwald	Olga		23	1	0	0	0	0	0	0	0	0	0	0	0	2	23	0	0	0	23	
Främke	Julia	SV Rosche	23	1	2	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	23	
Grube	Liza-Madeleine		23	1	0	0	0	0	0	0	0	0	0	0	0	2	23	0	0	0	23	
Pollmer	Jana	Scopus Consulting GmbH ('91?)	23	1	2	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	23	
Stambor	Madlen	SOS Bockum	23	1	0	0	0	0	0	0	0	0	2	23	0	0	0	0	0	0	23	
Gerber	Franziska		21	1	0	0	0	0	0	0	0	0	3	21	0	0	0	0	0	0	21	
Leibold	Tiana		21	1	0	0	0	0	0	0	3	21	0	0	0	0	0	0	0	0	21	
Meyer	Laura	TSV Gellersen	21	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	3	21	21	
Schwab	Insa		21	1	0	0	0	0	0	0	0	0	0	0	3	21	0	0	0	0	21	
Behrens	Charleene	VfL Lüneburg	20	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	4	20	20	
Carstensen	Lea	Lüneburg	20	1	0	0	0	0	0	0	0	0	0	0	4	20	0	0	0	0	20	
Jansen	Katharina		20	1	0	0	0	0	0	0	0	0	4	20	0	0	0	0	0	0	20	
Burfeind	Rieke		19	1	0	0	0	0	0	5	19	0	0	0	0	0	0	0	0	0	19	
Körtje	Freya		19	1	0	0	0	0	0	0	0	5	19	0	0	0	0	0	0	0	19	
Goseberg	Tami		18	1	0	0	0	0	0	6	18	0	0	0	0	0	0	0	0	0	18	
Lotz	Franziska		18	1	0	0	0	0	0	0	0	0	0	0	6	18	0	0	0	0	18	
Schulz	Malina	TBO Ebstorf e. V.	18	1	6	18	0	0	0	0	0	0	0	0	0	0	0	0	0	0	18	
Kirchhoff	Linda		17	1	0	0	0	0	0	0	7	17	0	0	0	0	0	0	0	0	17	
Kober	Pia	Lüneburg	17	1	0	0	0	0	0	0	0	0	0	0	7	17	0	0	0	0	17	
Wolter	Miriam	MTV Bad Bevensen	17	1	7	17	0	0	0	0	0	0	0	0	0	0	0	0	0	0	17	
Müller	Carina	Dreckspatzen	16	1	8	16	0	0	0	0	0	0	0	0	0	0	0	0	0	0	16	
Weitzenegger	Fritzi		16	1	0	0	0	0	0	0	8	16	0	0	0	0	0	0	0	0	16	
Bechtloff	Milena		15	1	9	15	0	0	0	0	0	0	0	0	0	0	0	0	0	0	15	
Kachel	Antonia	Lauftreff TV Uelzen	14	1	10	14	0	0	0	0	0	0	0	0	0	0	0	0	0	0	14	
Weingart	Christina	Lüneburg	14	1	0	0	0	0	0	0	0	0	0	0	10	14	0	0	0	0	14	
Braun	Nina	Lüneburg	13	1	0	0	0	0	0	0	0	0	0	0	11	13	0	0	0	0	13	
Stottmeister	Frederike	Laufgruppe Putensen	13	1	11	13	0	0	0	0	0	0	0	0	0	0	0	0	0	0	13	
Griep	Johanna		12	1	12	12	0	0	0	0	0	0	0	0	0	0	0	0	0	0	12	
Victoriano-Romero	Melina	FC Bergedorf	12	1	0	0	0	0	0	0	0	0	0	0	12	12	0	0	0	0	12	
Janßen	Neele	Lüneburg	11	1	0	0	0	0	0	0	0	0	0	0	13	11	0	0	0	0	11	

Worthmann	Yvonne		14	1	0	0	0	0	0	0	0	0	0	0	10	14	0	0	0	0	14
Böhme	Franziska	Lüneburg	13	1	0	0	0	0	0	0	0	0	0	0	11	13	0	0	0	0	13
Kassuhn	Nicole		13	1	11	13	0	0	0	0	0	0	0	0	0	0	0	0	0	0	13
Altersklasse W 40 (Jahrg. 1975 - 1979)																					
Spitzlei	Jasmin	Düvelsbrook Dynamics	168	8	11	13	5	19	2	23	2	23	2	23	2	23	3	21	2	23	115
Seil	Sandra	Lüneburger Rennschnecken	156	8	10	14	8	16	1	25	1	25	3	21	9	15	4	20	4	20	111
Lilje	Sina	Buchholz	96	4	1	25	1	25	0	0	0	0	0	0	3	21	0	0	1	25	96
Jarusz	Lidia	MTV Bad Bevensen	110	6	9	15	6	18	1	25	5	19	0	0	0	0	8	16	7	17	95
Schmidt	Britta	Wohnwagenhandel Bavendorf	94	5	0	0	10	14	2	23	4	20	0	0	0	0	6	18	5	19	94
Leske	Nicole	TSV Gellersen	62	3	4	20	3	21	0	0	3	21	0	0	0	0	0	0	0	0	62
Legrand	Janine	Bardowick	57	3	5	19	0	0	0	0	0	0	0	0	7	17	0	0	3	21	57
Pingel	Frauke	MTV Treubund Lüneburg	47	3	0	0	7	17	0	0	0	0	0	0	11	13	7	17	0	0	47
Knobloch	Doreen	Lüneläufer	40	3	22	3	12	12	0	0	0	0	0	0	0	1	25	0	0	0	40
Moussani	Gitti		40	2	0	0	4	20	0	0	0	0	4	20	0	0	0	0	0	0	40
Klasen	Viola		38	2	0	0	0	0	0	0	0	0	5	19	0	0	5	19	0	0	38
Skambath	Juliane	Lüneburg	35	2	7	17	0	0	0	0	6	18	0	0	0	0	0	0	0	0	35
Dobroch	Johanna		33	2	16	8	1	25	0	0	0	0	0	0	0	0	0	0	0	0	33
Baer	Tanja	SV Roche	25	1	1	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
Finnern	Antje	Lüneburg	25	1	0	0	0	0	0	0	0	0	0	0	1	25	0	0	0	0	25
Grundmann	Svenja	SSV Schnakenbek	25	1	0	0	0	0	0	0	1	25	0	0	0	0	0	0	0	0	25
Knebel	Julia, Dr.	TSV Adendorf	25	1	0	0	0	0	0	0	0	0	0	0	0	1	25	0	0	0	25
Neckel	Stefanie		25	1	0	0	0	0	0	0	0	0	1	25	0	0	0	0	0	0	25
Wermter	Jeanette	VfL Lüneburg	25	1	0	0	0	0	0	0	0	0	0	0	1	25	0	0	0	0	25
Henke	Stefanie	TuS Hohnstorf Basketball	24	2	21	3	0	0	3	21	0	0	0	0	0	0	0	0	0	0	24
Frank	Katja	Lauftrainer David	23	1	2	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	23
Kausch	Heike		23	1	0	0	0	0	0	0	0	0	0	0	0	0	2	23	0	0	23
Rzeha	Bibiane		23	1	0	0	2	23	0	0	0	0	0	0	0	0	0	0	0	0	23
Waibel	Susanne		23	1	2	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	23
Wilken	Christiane	MTV Lüneburg	23	1	0	0	0	0	0	0	0	0	0	0	2	23	0	0	0	0	23
Klepsch	Daniela	Dahlenburger SK	21	1	3	21	0	0	0	0	0	0	0	0	0	0	0	0	0	0	21
Mennerich	Nicole	Deutsch Evern	21	1	0	0	0	0	0	0	0	0	0	0	3	21	0	0	0	0	21
Müller-Schüerhoff	Vera	Lüneburg	20	1	0	0	0	0	0	0	0	0	0	0	4	20	0	0	0	0	20
Viglahn	Mandy	VfL Lüneburg	19	1	0	0	0	0	0	0	0	0	0	0	5	19	0	0	0	0	19
Ebermann	Vanessa	Herakliden Team	18	1	6	18	0	0	0	0	0	0	0	0	0	0	0	0	0	0	18
Fritsch	Kati		18	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	6	18	18
Junker	Franziska	Herta Bonn	18	1	0	0	0	0	0	0	0	0	0	0	6	18	0	0	0	0	18
Krüger	Anja	TSV Eintracht Hittfeld	18	2	19	5	11	13	0	0	0	0	0	0	0	0	0	0	0	0	18
Steckelberg	Birte	Lüneburg	16	1	0	0	0	0	0	0	0	0	0	0	8	16	0	0	0	0	16
Werder	Sandra		16	1	8	16	0	0	0	0	0	0	0	0	0	0	0	0	0	0	16
Brötzmann	Claudia	LT TSV Bienenbüttel	15	1	0	0	9	15	0	0	0	0	0	0	0	0	0	0	0	0	15
Witz	Marianne	MTV Amelinghausen LT	15	1	0	0	0	0	0	0	0	0	0	0	0	9	15	0	0	0	15
Gabriel	Aylin	TuS Erbstorf	14	1	0	0	0	0	0	0	0	0	0	0	10	14	0	0	0	0	14
Ewald	Franziska		12	1	12	12	0	0	0	0	0	0	0	0	0	0	0	0	0	0	12
Rolack	Sandra	SV Ilmenau	12	1	0	0	0	0	0	0	0	0	0	0	12	12	0	0	0	0	12
Fais	Alexandra	Laufgruppe Putensen	11	1	13	11	0	0	0	0	0	0	0	0	0	0	0	0	0	0	11
Witschi	Vivianne	Lüneburg	11	1	0	0	0	0	0	0	0	0	0	0	13	11	0	0	0	0	11
Beschorner	Kerstin		10	1	14	10	0	0	0	0	0	0	0	0	0	0	0	0	0	0	10
Diehl	Julia		10	1	0	0	0	0	0	0	0	0	0	0	14	10	0	0	0	0	10
Lindloff	Nicole	Herakliden Team	9	1	15	9	0	0	0	0	0	0	0	0	0	0	0	0	0	0	9
Hoffmann	Sandra	Herakliden Team	7	1	17	7	0	0	0	0	0	0	0	0	0	0	0	0	0	0	7
Augustin	Tanja		6	1	18	6	0	0	0	0	0	0	0	0	0	0	0	0	0	0	6
Saborosch	Judith	Team LeNa	4	1	20	4	0	0	0	0	0	0	0	0	0	0	0	0	0	0	4
Dean	Nicole		3	1	23	3	0	0	0	0	0	0	0	0	0	0	0	0	0	0	3
Altersklasse W 45 (Jahrg. 1970 - 1974)																					
Ladwig	Kathrin	TSV Mechtersen / Vögelsen	146	7	9	15	2	23	0	0	2	23	2	23	5	19	2	23	4	20	112
Wilsdorf	Beate	Lüneburg	124	6	11	13	0	0	2	23	3	21	3	21	1	25	0	0	3	21	111
Weiser	Britta	NYRR	102	5	0	0	0	0	0	0	3	21	4	20	6	18	1	25	6	18	102
Niels	Heike	Neetze	100	5	0	0	0	0	5	19	4	20	5	19	5	19	2	23	0	0	100
Karbach	Christiane	Dahlenburger SK	86	5	12	12	0	0	4	20	5	19	0	0	8	16	0	0	5	19	86
Rusche	Birgit	VfL Jesteburg	75	3	0	0	1	25	1	25	0	0	0	0	0	0	0	0	1	25	75
Paape	Diana	Düvelsbrook Dynamics	71	3	0	0	1	25	0	0	2	23	0	0	0	0	0	0	2	23	71
Stremme	Katja	TuS Hohnstorf/Elbe	71	3	2	23	0	0	2	23	0	0	0	0	0	0	0	0	1	25	71
Boldt	Susanne	FG Tangendorf	63	3	0	0	2	23	0	0	0	0	7	17	0	0	0	0	2	23	63

Solms	Michaela	Lüneburger Rennschnecken	37	2	0	0	4	20	0	0	7	17	0	0	0	0	0	0	0	37	
Buchenau	Heike		25	1	0	0	0	0	0	0	1	25	0	0	0	0	0	0	0	25	
Haverkamp	Manuela	VfL Lüneburg	25	1	1	25	0	0	0	0	0	0	0	0	0	0	0	0	0	25	
Schomerus-Weine	Bettina	HausarztZentrum Bad Bevensen	23	1	2	23	0	0	0	0	0	0	0	0	0	0	0	0	0	23	
Brahm	Dorothea	WWU Münster	21	1	0	0	0	0	0	0	0	3	21	0	0	0	0	0	0	21	
Petzold	Heidi	TuS Saulheim	21	1	0	0	0	0	0	0	3	21	0	0	0	0	0	0	0	21	
Seifert	Regina	MC Kollmar	21	1	3	21	0	0	0	0	0	0	0	0	0	0	0	0	0	21	
Wolters	Dina		21	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	3	21	
Eilers	Angela	Lauffreunde Lüder	20	1	0	0	0	4	20	0	0	0	0	0	0	0	0	0	0	20	
Lemke	Jenny	MTV Müden/Örtze	20	1	4	20	0	0	0	0	0	0	0	0	0	0	0	0	0	20	
Martens	Silke	Team Erdinger Alkoholfrei	20	1	0	0	0	0	0	0	0	0	0	0	0	0	0	4	20	20	
Herdas	Stephanie	Thomasburger SV	19	1	0	0	0	0	5	19	0	0	0	0	0	0	0	0	0	19	
Kaschub	Susanne, Dr.	Fitforever	19	1	0	0	5	19	0	0	0	0	0	0	0	0	0	0	0	19	
Lange	Undine	Tankumsee Runner	19	1	5	19	0	0	0	0	0	0	0	0	0	0	0	0	0	19	
Schallhorn	Claudia	MTV Bad Bevensen	19	1	5	19	0	0	0	0	0	0	0	0	0	0	0	0	0	19	
Winkler	Monika	MTV Bad Bevensen	19	1	0	0	0	0	0	0	0	5	19	0	0	0	0	0	0	19	
Wurmstädt	Ute		19	1	0	0	0	0	0	0	0	0	0	5	19	0	0	0	0	19	
Budnik	Anke	Lüneburger Rennschnecken	18	1	0	0	6	18	0	0	0	0	0	0	0	0	0	0	0	18	
Rambaks	Ilka	Barum	18	1	0	0	0	0	0	0	0	0	0	6	18	0	0	0	0	18	
Schmidt	Yuko		18	1	6	18	0	0	0	0	0	0	0	0	0	0	0	0	0	18	
Schönfeldt	Dagmar	Hoisbütteler SV	18	1	0	0	0	0	0	0	6	18	0	0	0	0	0	0	0	18	
Dreele, zu	Yvonne	Post SV Uelzen	17	1	7	17	0	0	0	0	0	0	0	0	0	0	0	0	0	17	
Ruiter	Christine	Bad Bevensen (1968?)	17	1	0	0	0	0	0	0	0	0	0	7	17	0	0	0	0	17	
Dederichs	Katja	Grundschule Bardowick	16	1	0	0	0	0	0	0	8	16	0	0	0	0	0	0	0	16	
Euhus	Rita	MTV Müden/Örtze	16	1	8	16	0	0	0	0	0	0	0	0	0	0	0	0	0	16	
Altersklasse W 55 (Jahrg. 1960 - 1964)																					
Gerdau	Kathlen	Embsen	142	6	5	19	2	23	0	0	1	25	1	25	1	25	1	25	0	0	123
Wüzburg	Maria	TuS Hohnstorf	111	5	0	0	3	21	1	25	0	3	21	0	0	2	23	3	21	111	
Weickardt	Friederike	LT Alstertal	119	6	0	0	4	20	3	21	3	21	4	20	8	16	3	21	0	0	103
Schwarcke	Hannelore	TuS Hohnstorf	100	4	1	25	1	25	1	25	0	0	0	1	25	0	0	0	0	100	
Mey	Sabine	Lüneläufer	87	4	0	0	5	19	2	23	4	20	0	0	0	1	25	0	0	87	
Schwartz-Reinken	Birgit	TSV Eintracht Hittfeld	50	2	1	25	0	0	0	0	0	0	0	0	0	0	0	1	25	50	
Morawietz	Manuela	Extreme Jogging Gr. Moor	44	2	0	0	0	0	0	0	0	2	23	3	21	0	0	0	0	44	
Hoops	Meike	MTV Amelinghausen LT	43	2	0	0	0	0	0	0	0	0	0	4	20	0	0	2	23	43	
Maaß	Connie	Grundschule Betzendorf	43	2	4	20	0	0	0	0	0	0	0	2	23	0	0	0	0	43	
Beer	Stephanie		25	1	0	0	0	0	0	0	0	0	0	0	0	0	0	1	25	25	
Wolanski	Ines	MTV Soderstorf	25	1	0	0	1	25	0	0	0	0	0	0	0	0	0	0	0	25	
Czerny	Hilli	Fieser Ausdauerlauf Holdenstedt	23	1	2	23	0	0	0	0	0	0	0	0	0	0	0	0	0	23	
Glanert	Silke	Heidschnecken	23	1	2	23	0	0	0	0	0	0	0	0	0	0	0	0	0	23	
Heise	Marlen	Uelzen	23	1	0	0	0	0	0	0	0	0	0	2	23	0	0	0	0	23	
Junge	Uta	FC Echem	23	1	0	0	0	0	0	2	23	0	0	0	0	0	0	0	0	23	
Steer	Andrea	BW Buchholz Triathlon	21	1	3	21	0	0	0	0	0	0	0	0	0	0	0	0	0	21	
Grünberg	Marion	SV KRAVAG	20	1	0	0	0	0	0	0	0	0	0	0	0	0	0	4	20	20	
Brüers	Ute	Lüneburg	19	1	0	0	0	0	0	0	0	0	0	5	19	0	0	0	0	19	
Pargmann	Frauke	SSV Schnakenbek	19	1	0	0	0	0	0	0	0	5	19	0	0	0	0	0	0	19	
Baltrusch	Brigitte	Lüneburg	18	1	0	0	0	0	0	0	0	0	0	6	18	0	0	0	0	18	
Reif	Simone	Fieser Ausdauerlauf Holdenstedt	18	1	6	18	0	0	0	0	0	0	0	0	0	0	0	0	0	18	
Deller	Silvia	Schule am Knieberg	17	1	0	0	0	0	0	0	0	0	0	7	17	0	0	0	0	17	
Thiede	Dorina		17	1	7	17	0	0	0	0	0	0	0	0	0	0	0	0	0	17	
Griep	Petra		16	1	8	16	0	0	0	0	0	0	0	0	0	0	0	0	0	16	
Altersklasse W 60 (Jahrg. 1955 - 1959)																					
Saucke	Beate	Dahlenburger SK	125	5	1	25	0	0	1	25	1	25	0	0	1	25	1	25	0	0	125
Eller	Margrit	Reppenstedt	126	6	4	20	3	21	2	23	3	21	0	0	4	20	3	21	0	0	106
Kieckebusch, von	Cornelia		100	4	1	25	1	25	0	0	0	0	0	1	25	0	0	1	25	100	
Stehr	Dorit, Dr.	MTV Amelinghausen	50	2	0	0	0	0	1	25	0	1	25	0	0	0	0	0	0	50	
Kolle	Edith	Dahlenburger SK	46	2	0	0	0	0	0	2	23	0	0	0	2	23	0	0	0	46	
Malec	Margrid	MTV Amelinghausen	44	2	3	21	2	23	0	0	0	0	0	0	0	0	0	0	0	44	
Ruelius-Mangold	Annette	SV Munster	25	1	0	0	0	0	0	0	0	0	0	0	1	25	0	0	0	25	
Lüderitz	Christlinda	MTV Lüneburg	23	1	0	0	0	0	0	0	0	0	0	2	23	0	0	0	0	23	
Morawetz	Ute	TV Jahn Schneverdingen	23	1	2	23	0	0	0	0	0	0	0	0	0	0	0	0	0	23	
Rückle	Sigrid		23	1	2	23	0	0	0	0	0	0	0	0	0	0	0	0	0	23	
Marawetz	Ute	TV Jahn Schneverdingen	21	1	0	0	0	0	0	0	0	0	0	3	21	0	0	0	0	21	
Altersklasse W 65 (Jahrg. 1950 - 1954)																					

Meier	Hendrik	Triathlon Fuchse Osterburg e.V.	25	1	0	0	1	25	0	0	0	0	0	0	0	0	0	0	0	25
Reissmann	Ole	Tide Runners Hamburg	25	1	0	0	0	0	0	0	0	0	0	0	0	0	0	1	25	25
Sobiech	Maik	Triabolas Hamburg e.V.	25	1	0	0	0	0	0	0	0	1	25	0	0	0	0	0	25	25
Wolff	Manuel	Cool Runners	25	1	0	0	0	1	25	0	0	0	0	0	0	0	0	0	25	25
Hubrich	Marco	Team Erdinger Alkoholfrei	23	1	2	23	0	0	0	0	0	0	0	0	0	0	0	0	23	23
Leers	Malte	TSV Gellersen	23	1	0	0	0	0	0	0	0	2	23	0	0	0	0	0	23	23
Bülow	Matthias	Reppenstedt	21	1	0	0	0	0	0	0	0	0	0	0	0	0	3	21	21	
Dreyer	Jan		21	1	3	21	0	0	0	0	0	0	0	0	0	0	0	21	21	
Kater	Gordian	TSV Fuhlen	21	1	0	0	0	0	0	0	0	0	0	0	0	0	3	21	21	
Meyer	Sebastian	Thomasburger SV	21	1	0	0	0	3	21	0	0	0	0	0	0	0	0	21	21	
Schmidt	Holger	Die Rostocker	21	1	0	0	3	21	0	0	0	0	0	0	0	0	0	21	21	
Dohrendorf	Florian	Tide Runners Hamburg	20	1	0	0	0	0	0	0	0	0	0	0	0	0	4	20	20	
Kath	Sebastian	GS Embsen	20	1	4	20	0	0	0	0	0	0	0	0	0	0	0	20	20	
Weinert	Florian	MTV Treubund Lüneburg	20	1	0	0	0	0	0	0	0	0	0	4	20	0	0	20	20	
Ehrlich	Stephan		19	1	0	0	0	5	19	0	0	0	0	0	0	0	0	19	19	
Hillebrand	Patrick		19	1	0	0	0	0	0	5	19	0	0	0	0	0	0	19	19	
Kaduk	Sebastian		19	1	0	0	0	0	0	0	0	0	0	0	0	0	5	19	19	
Stelzner	Dirk		19	1	5	19	0	0	0	0	0	0	0	0	0	0	0	19	19	
Stollenwerk	Markus	Team Coolart	19	1	0	0	0	0	0	0	0	0	0	0	5	19	0	19	19	
Ahrens	Stefan		18	1	0	0	0	0	0	6	18	0	0	0	0	0	0	18	18	
Ripke	Nils		18	1	0	0	0	0	0	0	0	0	6	18	0	0	0	18	18	
Schröder	Christoph		18	1	0	0	0	0	0	0	6	18	0	0	0	0	0	18	18	
Weding	Christian	TSV Adendorf	18	1	0	0	0	0	0	0	0	0	0	0	6	18	0	18	18	
Ziemer	Gero	TSV Gellersen	18	1	0	0	0	0	0	0	0	0	0	0	0	0	6	18	18	
Müller	Tim		17	1	7	17	0	0	0	0	0	0	0	0	0	0	0	17	17	
Witt	Recardo	Lüneburg	17	1	0	0	0	0	0	0	0	0	0	7	17	0	0	17	17	
Kuhrau	Sebastian		16	1	0	0	0	0	0	0	0	0	0	0	8	16	0	16	16	
Schröder	Felix	Dreckspatzen	16	1	8	16	0	0	0	0	0	0	0	0	0	0	0	16	16	
Wolters	Daniel	MTV Amelinghausen	16	1	8	16	0	0	0	0	0	0	0	0	0	0	0	16	16	
Wolter	Michael	Ochtmisser SV	15	1	0	0	0	0	0	0	9	15	0	0	0	0	0	15	15	
Ziebarth	Sebastian	Lauftrainer David	15	1	9	15	0	0	0	0	0	0	0	0	0	0	0	15	15	
Heydecke	Björn	Tri Team Lüneburg	14	1	10	14	0	0	0	0	0	0	0	0	0	0	0	14	14	
Schagen	Marcel		14	1	0	0	0	0	0	0	10	14	0	0	0	0	0	14	14	
Eickhoff	Helmut	SV Weiß-Blau Hannover	13	1	0	0	0	0	0	0	0	0	0	0	0	0	11	13	13	
Mugoro	Charming		13	1	0	0	11	13	0	0	0	0	0	0	0	0	0	13	13	
Menden	Mark		12	1	0	0	0	0	0	0	0	0	0	0	0	0	12	12	12	
Joost	Sven	Team Lünebest	11	1	13	11	0	0	0	0	0	0	0	0	0	0	0	11	11	
Klammroth	Tim	Scharnebeck	11	1	0	0	13	11	0	0	0	0	0	0	0	0	0	11	11	
Beymann	Jan		10	1	0	0	14	10	0	0	0	0	0	0	0	0	0	10	10	
Kufner	Matthias		10	1	14	10	0	0	0	0	0	0	0	0	0	0	0	10	10	
Griebel	René	Heide Werkstätten Walsrode e.V.	9	1	15	9	0	0	0	0	0	0	0	0	0	0	0	9	9	
Reuter	Norman		8	1	16	8	0	0	0	0	0	0	0	0	0	0	0	8	8	

Altersklasse M 40 (Jahrg. 1975 - 1979)

Johnson	Tjark	Düvelsbrook Dynamics	136	6	2	23	5	19	1	25	2	23	0	0	2	23	2	23	0	0	117
Burmeister	Lars	MC5	106	5	4	20	5	19	1	25	0	0	0	0	0	2	23	5	19	106	106
Zerisenay	Tesfay-Abraha	TuS Hohnstorf	121	6	5	19	6	18	3	21	0	6	18	4	20	1	25	0	0	103	103
Marahrens	Hinrich		108	6	8	16	12	12	5	19	4	20	0	8	16	0	0	1	25	96	96
Vorrath	Stefan, Dr.	MTV Treubund Lüneburg	95	5	7	17	6	18	2	23	0	0	0	0	5	19	6	18	95	95	
Degenstein	Viktor	Barendorf	94	4	2	23	1	25	0	2	23	2	23	0	0	0	0	0	94	94	
Schulz	Martin		93	5	8	16	0	2	23	6	18	8	16	0	4	20	0	0	93	93	
Meyer	Sebastian	Lüneburg	84	5	13	11	8	16	3	21	7	17	5	19	0	0	0	0	84	84	
Witt	Karsten	Running Squad	81	4	4	20	8	16	0	0	0	4	20	1	25	0	0	0	81	81	
Betke	Eduard		79	6	0	0	11	13	5	19	10	14	0	0	16	8	10	14	13	11	71
Kniewel	Jan	RSC Lüneburg Triathlon	71	3	1	25	0	0	0	0	0	0	0	1	25	0	0	3	21	71	71
Lübke	Kay	Tri Team Lüneburg	69	3	3	21	2	23	0	0	1	25	0	0	0	0	0	0	69	69	
Schönke	Markus	RSC Lüneburg Triathlon	62	3	0	0	3	21	0	0	0	0	0	3	21	0	0	4	20	62	62
Blunck	Martin	TSV Gellersen	58	4	7	17	0	0	4	20	0	0	0	20	4	7	17	0	0	58	58
Seyffert	Stefan	SV Rosche	50	2	1	25	0	0	0	0	0	0	0	0	0	0	1	25	50	50	
Ziesenitz	Ingmar	Lüneburg	46	2	0	0	0	0	0	0	0	0	0	3	21	1	25	0	0	46	46
Schamberger	Sven	Lüneburg	41	2	0	0	0	0	0	0	0	0	0	4	20	3	21	0	0	41	41
Panning	Markus	Schule Marienau	39	2	6	18	0	0	0	0	0	3	21	0	0	0	0	0	39	39	39
Röhling	Alexander	Düvelsbrook Dynamics	39	3	0	0	0	0	0	0	9	15	0	0	0	12	12	12	12	39	39

Ranglack	Dirk	FHH	36	2	0	0	0	0	0	0	0	0	0	6	18	6	18	0	0	36	
Supplie	Markus	IGAS Wendland	36	2	0	0	7	17	0	0	5	19	0	0	0	0	0	0	0	36	
Deutel	Ruben	Lüneburg	35	2	10	14	0	0	0	0	0	0	0	0	0	3	21	0	0	35	
Streuber	Mario	Radenbeck	34	2	0	0	0	0	4	20	0	0	10	14	0	0	0	0	0	34	
Röhrs	Dennis	Lüneburg	30	2	0	0	0	0	0	0	0	0	11	13	7	17	0	0	0	30	
Hirschfeld	Simon		29	3	16	8	14	10	0	0	0	0	0	0	0	13	11	0	0	29	
Meyer	Christoph	Lüneburger SV	25	1	0	0	0	0	0	0	0	1	25	0	0	0	0	0	0	25	
Qualmann	Tony	Porrent	25	1	0	0	0	0	0	0	1	25	0	0	0	0	0	0	0	25	
Warneck	Marco		25	1	0	0	1	25	0	0	0	0	0	0	0	0	0	0	0	25	
Christmann	Daniel	Lüneburg	23	1	0	0	0	0	0	0	0	0	0	0	2	23	0	0	0	23	
Mehrtens	Axel	Team Erdinger Alkoholfrei	23	1	0	0	2	23	0	0	0	0	0	0	0	0	0	0	0	23	
Reichert	Steffen		23	1	0	0	0	0	0	0	0	0	0	0	0	0	0	2	23	23	
Schulze	Jan		22	2	14	10	12	12	0	0	0	0	0	0	0	0	0	0	0	22	
Krohn	Andreas	LG Nordheide	21	1	0	0	3	21	0	0	0	0	0	0	0	0	0	0	0	21	
Maciejewski	David	Lauftrainer David	21	1	3	21	0	0	0	0	0	0	0	0	0	0	0	0	0	21	
Rohrbach	Daniel	Hohnstorf	21	1	0	0	0	0	0	0	3	21	0	0	0	0	0	0	0	21	
Schricket	Mathias	Wittenseer Aktiv Team	21	1	0	0	0	0	0	0	3	21	0	0	0	0	0	0	0	21	
Briese	Joachim		20	1	0	0	4	20	0	0	0	0	0	0	0	0	0	0	0	20	
Firyn	Heiko	Lauffreff Sachsenwald	20	1	0	0	0	0	0	0	4	20	0	0	0	0	0	0	0	20	
Knaack	Tobias	FC St. Pauli Triathlon	20	1	0	0	0	0	0	0	0	0	0	0	0	4	20	0	0	20	
Oesterreich	Lasse	MTV Salzhäusen	20	1	0	0	4	20	0	0	0	0	0	0	0	0	0	0	0	20	
Bombosch	Volker	Lüneburg	19	2	0	0	0	0	0	0	0	0	0	0	15	9	0	0	14	10	19
Bronstein	Johannes		19	1	0	0	0	0	0	0	0	0	0	0	5	19	0	0	0	0	19
May	Björn	Lüneburg	19	1	0	0	0	0	0	0	0	0	0	0	5	19	0	0	0	0	19
Reiser	Tobias		19	1	0	0	0	0	0	0	0	0	0	0	0	5	19	0	0	0	19
Schulz	Frank		19	1	5	19	0	0	0	0	0	0	0	0	0	0	0	0	0	0	19
Hartmann	Markus		18	1	0	0	0	0	0	0	0	0	0	0	6	18	0	0	0	0	18
Neugebauer	Jörg		18	1	6	18	0	0	0	0	0	0	0	0	0	0	0	0	0	0	18
Skubich	Bjoern	Nottensdorf	18	1	0	0	0	0	0	0	0	0	0	0	0	6	18	0	0	0	18
Bojara	Daniel	Deutsch Evern	17	1	0	0	0	0	0	0	0	0	7	17	0	0	0	0	0	0	17
Groth	Bastian	Treppenbau Voß Reinfeld	17	1	0	0	7	17	0	0	0	0	0	0	0	0	0	0	0	0	17
Szemkus	Timo	MTV Treubund Lüneburg	17	1	0	0	0	0	0	0	0	0	0	0	7	17	0	0	0	0	17
Taubert	Sandro	Südergellersen	17	1	0	0	0	0	0	0	0	0	0	0	0	0	0	7	17	0	17
Gerstmann	Eric	NAK Roadrunners	16	1	0	0	0	0	0	0	0	0	0	0	8	16	0	0	0	0	16
Seifert	Christian		16	1	0	0	0	0	0	0	0	0	0	0	0	0	0	8	16	0	16
Suerbier	Marten	MTV Lüneburg	16	1	0	0	0	0	0	0	0	0	0	0	0	8	16	0	0	0	16
Wegerbauer	Maiko		16	1	0	0	0	0	0	0	8	16	0	0	0	0	0	0	0	0	16
Beutel	Karsten		15	1	0	0	0	0	0	0	0	0	0	0	0	0	0	9	15	0	15
Diez	Alexander		15	1	9	15	0	0	0	0	0	0	0	0	0	0	0	0	0	0	15
Duryn	Christian		15	1	0	0	9	15	0	0	0	0	0	0	0	0	0	0	0	0	15
Fröhlich	Christoph		15	1	0	0	0	0	0	0	0	0	9	15	0	0	0	0	0	0	15
Kossmann	Gerrit	Schützenverein Scharnebeck	15	1	0	0	0	0	0	0	0	0	0	0	0	9	15	0	0	0	15
Litfin	Thomas		15	1	9	15	0	0	0	0	0	0	0	0	0	0	0	0	0	0	15
Luedke	Christoph	Triathlon Team Lüneburg	15	1	0	0	9	15	0	0	0	0	0	0	0	0	0	0	0	0	15
Müller	Björn	TuS Brietlingen	15	1	0	0	0	0	0	0	0	0	0	0	9	15	0	0	0	0	15
Papenfuß	Karsten	MTV Treubund Lüneburg	15	1	0	0	0	0	0	0	0	0	0	0	9	15	0	0	0	0	15
Buhr	Johannes	Grundschule Betzendorf	14	1	10	14	0	0	0	0	0	0	0	0	0	0	0	0	0	0	14
Persike	Alexander	Lüneburg	14	1	0	0	0	0	0	0	0	0	0	0	10	14	0	0	0	0	14
Rüters	Björn		14	1	0	0	10	14	0	0	0	0	0	0	0	0	0	0	0	0	14
Uphoff	Jörg		14	1	0	0	0	0	0	0	0	0	0	0	0	0	0	10	14	0	14
Witt, de	Gert	WB 3	14	1	0	0	10	14	0	0	0	0	0	0	0	0	0	0	0	0	14
Fossenberger	Mathias	TSV Gellersen	13	1	0	0	0	0	0	0	0	0	0	0	0	0	0	11	13	0	13
Goerth	Felix	Lüneburg	13	2	0	0	0	0	0	0	0	14	10	22	3	0	0	0	0	0	13
Hoffmann	Gordon	Herralinden Team	13	1	11	13	0	0	0	0	0	0	0	0	0	0	0	0	0	0	13
Koselofski	André		13	1	11	13	0	0	0	0	0	0	0	0	0	0	0	0	0	0	13
Lack	Holger		13	1	0	0	0	0	0	0	0	0	0	0	0	11	13	0	0	0	13
Mahlke	Ingo	Neetze	13	1	0	0	0	0	0	0	11	13	0	0	0	0	0	0	0	0	13
Meier	David	Lüneburg	13	1	0	0	11	13	0	0	0	0	0	0	0	0	0	0	0	0	13
Steckelberg	Hendrik	Lüneburg	13	1	0	0	0	0	0	0	0	0	0	0	11	13	0	0	0	0	13
Augustin	Martin		12	1	12	12	0	0	0	0	0	0	0	0	0	0	0	0	0	0	12
Gehle	Dietmar		12	1	0	0	0	0	0	0	0	0	0	0	12	12	0	0	0	0	12
Krampitz	Wolfgang	MTV Handball Amelinghausen	12	2	0	0	0	0	0	0	0	0	15	9	25	3	0	0	0	0	12

Kuberski	Angelo		12	1	0	0	0	0	0	0	12	12	0	0	0	0	0	0	12
Ohlhoff	Kim Chang	erst saufen dann laufen	12	1	12	12	0	0	0	0	0	0	0	0	0	0	0	0	12
Wolters	Daniel	MTV Amelinghausen	12	1	0	0	0	0	0	0	0	12	12	0	0	0	0	0	12
Bartmann	Benedikt		11	1	0	0	0	0	0	0	0	0	0	13	11	0	0	11	
Heidemann	Lars		11	1	0	0	13	11	0	0	0	0	0	0	0	0	0	11	
Klüß	Jan	MTV Amelinghausen	11	1	0	0	0	0	0	0	0	13	11	0	0	0	0	11	
Winkelman	Torsten		11	1	0	0	13	11	0	0	0	0	0	0	0	0	0	11	
Short	Barrie	Trekking König	10	1	0	0	0	0	0	0	0	0	0	14	10	0	0	10	
Thiem	Raphael		10	1	0	0	0	0	0	0	0	0	0	0	14	10	0	10	
Stahl	Stefan		9	1	0	0	0	0	0	0	0	0	0	0	0	0	15	9	
Suhrbier	Christian	MTV Brackel	9	1	15	9	0	0	0	0	0	0	0	0	0	0	0	9	
Ryl	Thomas	CFLG Morning Crew	8	1	0	0	0	0	0	0	0	0	0	0	0	0	16	8	
Göbber	Claas-Friedrich	Pipping Bau- & Sanierung	7	1	17	7	0	0	0	0	0	0	0	0	0	0	0	7	
Klein	Björn	Lüneburg	7	1	0	0	0	0	0	0	0	0	17	7	0	0	0	7	
Wodrich	Christian	CFLG Morning Crew	7	1	0	0	0	0	0	0	0	0	0	0	0	0	17	7	
Fischer	Joachim	TSV Gellersen	6	1	0	0	0	0	0	0	0	0	0	0	0	0	18	6	
Wagner	Malte	Rullstof	6	1	0	0	0	0	0	0	0	0	0	18	6	0	0	6	
Hardy	Heise	Lüneburg	5	1	0	0	0	0	0	0	0	0	0	19	5	0	0	5	
Berg	Enrico	Lüneburger Lieblinge	3	1	0	0	0	0	0	0	0	0	0	26	3	0	0	3	
Dehne	Volker	Adendorf	3	1	0	0	0	0	0	0	0	0	0	22	3	0	0	3	
Reuber	Alexander Niko	Lüneburg	3	1	0	0	0	0	0	0	0	0	0	24	3	0	0	3	
Smyrek	Robert	Lüneburg	3	1	0	0	0	0	0	0	0	0	0	23	3	0	0	3	
Zipoll	Heiko	Grundschule Bardowick	3	1	0	0	0	0	0	0	0	0	0	21	3	0	0	3	
Altersklasse M 45 (Jahrg. 1970 - 1974)																			
Skambath	Matthias	Lüneburg	119	5	1	25	0	0	2	23	2	23	0	0	2	23	1	25	119
Steinfadt	Ingo	TuS Brietlingen	115	5	0	0	2	23	1	25	1	25	0	0	3	21	3	21	115
Brötzmann	Jörg	TSV Bienenbüttel	109	5	7	17	3	21	0	0	3	21	0	0	0	1	25	1	109
Seil	Matthias	VfL Bleckede	118	6	5	19	6	18	3	21	4	20	4	20	0	4	20	0	118
Wolter	André	Team Erdinger Alkoholfrei	132	7	4	20	7	17	4	20	6	18	0	0	8	16	6	18	132
Gielsok	Gordon	Grashüpfen	104	6	16	8	9	15	6	18	7	17	0	0	2	23	2	23	104
Schmitt-Fahnert	Tassilo	Lüneburg	92	5	0	0	8	16	0	0	5	19	7	17	4	20	4	20	92
Flechtner	Thomas	Bockelsberg Rangers	89	6	14	10	0	0	0	0	9	15	8	16	12	12	7	17	89
Werner	Sven	TSV Bardowick	72	4	15	9	6	18	0	0	4	20	0	0	1	25	0	0	72
Sievers	Marco	KKH Team	83	7	18	6	12	12	8	16	11	13	0	0	17	7	10	14	83
Niels	Sascha	TuS Neetze	58	4	0	0	0	0	8	16	9	15	16	8	0	0	5	19	58
Delfs	Sören	Die Enten	56	3	13	11	4	20	0	0	1	25	0	0	0	0	0	0	56
Mürkens	Oliver	Runningmen	52	3	12	12	0	0	5	19	0	0	0	0	0	3	21	0	52
Dreves	Jens	Team Hechtapotheke Jesteburg	51	3	10	14	0	0	7	17	0	0	0	0	0	0	0	4	51
Seifer	Marc		51	5	23	3	16	8	0	0	10	14	12	12	0	0	0	10	51
Seedorf	Sven	Fit forever	49	3	8	16	9	15	0	0	0	6	18	0	0	0	0	0	49
Dreeßen	Jochen	Lüneburger Ruderclub	48	2	0	0	0	0	0	0	0	0	0	0	1	25	2	23	48
Giebert	Guido	Lüneburg	47	3	11	13	0	0	5	19	0	0	0	0	9	15	0	0	47
Schöchle	Kai	Tri-Team Lüneburg	46	2	2	23	0	0	2	23	0	0	0	0	0	0	0	0	46
Münch	Holger	IGAS Wendland	40	2	0	0	3	21	0	0	5	19	0	0	0	0	0	0	40
Paape	Jens	Düvelsbrook Dynamics	37	2	0	0	10	14	0	0	0	0	0	0	0	0	0	2	37
Zobel	Hinnerk	Lüneläufer	36	4	27	3	22	3	0	0	12	12	0	0	0	6	18	0	36
Hamp	Detlef	SV Ilmenau	35	3	0	0	17	7	0	0	0	15	9	0	0	5	19	0	35
Aschenbrenner	Frank	SC Vierhöfen	33	2	12	12	0	0	0	0	0	0	0	0	0	0	0	3	33
Ranzau	Mirko	TuS Hohnstorf	31	2	13	11	0	0	4	20	0	0	0	0	0	0	0	0	31
Rüter	Mark	Amelinghausen-Wetzen	30	4	29	3	0	0	10	14	0	0	14	10	25	3	0	0	30
Soetebeer	Stephan	TuS Barendorf	30	2	0	0	11	13	7	17	0	0	0	0	0	0	0	0	30
Lilje	Frank	Dibbersen	29	3	20	4	15	9	0	0	0	0	0	0	0	0	0	8	29
Reppnack	Ingo	TSV Bienenbüttel	29	2	14	10	5	19	0	0	0	0	0	0	0	0	0	0	29
Dröge	Jan	Vögelsen	28	3	22	3	0	0	0	0	0	0	0	0	14	10	9	15	28
Ryll	Jens	LT TSV Bienenbüttel	28	2	0	0	14	10	6	18	0	0	0	0	0	0	0	0	28
Hemmelrath	Markus	SV AXA Marathon Team	25	1	0	0	0	0	0	0	0	0	0	0	0	0	0	1	25
Jahnke	Rainer	Lüneburger SV	25	1	0	0	0	0	0	0	0	1	25	0	0	0	0	0	25
Kuhnau	Markus	Hannover 96	25	1	0	0	1	25	0	0	0	0	0	0	0	0	0	0	25
Pfau	Dirk	Cool Runners	25	1	0	0	0	0	1	25	0	0	0	0	0	0	0	0	25
Rode	Steffen	Triathlon Team Lüneburg	25	1	0	0	1	25	0	0	0	0	0	0	0	0	0	0	25
Zielinski	Dieter	LT Haspa Marathon Hmb.	25	1	1	25	0	0	0	0	0	0	0	0	0	0	0	0	25
Schwarz	Marcus	Deutsch Evern	24	2	19	5	0	0	0	0	0	0	0	5	19	0	0	0	24

Dorsch	Armin	TSV Adendorf	25	1	0	0	0	0	0	0	0	0	0	0	0	0	1	25	0	0	25
Klaer	Welf-Heinrich	TV Jahn Schneverdingen	25	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	25	25
Leder	Rainhard	Uelzen	25	1	1	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
Schomerus	Thomas	Lüneburg	25	1	0	0	0	0	0	0	0	0	0	1	25	0	0	0	0	0	25
Wiechert	Reimund	Gross Hansdorf	25	1	0	0	0	0	0	1	25	0	0	0	0	0	0	0	0	0	25
Quante	Markus	ZeitlosLauf	23	1	0	0	0	0	0	0	0	0	0	2	23	0	0	0	0	0	23
Meyer	Ingo	TuS Neetze	21	1	0	0	0	0	0	0	0	3	21	0	0	0	0	0	0	0	21
Turau	Volker	LG Brunsberg	21	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	3	21	21
Wiebe	Thomas	Lüneburger SK	21	1	0	0	0	0	0	0	0	0	0	3	21	0	0	0	0	0	21
Leschner	Peter	TSV Gellersen	19	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	5	19	19
Hellmann	Uwe	SG Bornitz/Lönsheide	18	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	6	18	18
Müller	Peter		18	1	0	0	6	18	0	0	0	0	0	0	0	0	0	0	0	0	18
Fischer-Hornbostel	Lutz	die Rennbostels	17	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	7	17	17
Lippmann	Volker	LT Geesthacht	17	1	0	0	7	17	0	0	0	0	0	0	0	0	0	0	0	0	17
Weinert	Wolf-Peter	HausarztZentrum Bad Bevensen	17	1	7	17	0	0	0	0	0	0	0	0	0	0	0	0	0	0	17
Niepel	Rainer		16	1	0	0	0	0	0	8	16	0	0	0	0	0	0	0	0	0	16
Carlberg	Rüdiger, Dr.	MTV Amelinghausen LT	15	1	0	0	0	0	0	0	0	0	0	0	9	15	0	0	0	0	15
Schucher	Gerwin	Düvelsbrook Dynamics	15	1	9	15	0	0	0	0	0	0	0	0	0	0	0	0	0	0	15
Westphal	Bernd	TSV Gellersen	15	1	0	0	0	0	0	0	0	0	0	9	15	0	0	0	0	0	15
Gutzeit	Wolfgang	LSV Lüneburg	14	1	0	0	0	0	0	10	14	0	0	0	0	0	0	0	0	0	14
Otte	Bernfouer	Racebooker	13	1	11	13	0	0	0	0	0	0	0	0	0	0	0	0	0	0	13
Henties	Hans-Wilhelm	SV Scharnebeck	12	1	0	0	12	12	0	0	0	0	0	0	0	0	0	0	0	0	12
Barton	Axel	Lüneburg	10	1	14	10	0	0	0	0	0	0	0	0	0	0	0	0	0	0	10

Altersklasse M 65 (Jahrg. 1950 - 1954)

Lüthje	Klaus	VfL Lohbrügge	157	7	2	23	3	21	2	23	2	23	2	23	5	19	1	25	0	0	117
Müsse	Wolfram	VfL Jesteburg	75	3	0	0	1	25	1	25	0	0	0	0	0	0	0	0	1	25	75
Schmelter	Jörg	TuS Erbstorf	73	3	1	25	2	23	1	25	0	0	0	0	0	0	0	0	0	0	73
Finke	Rolf-Rüdiger	MTV Treubund Lüneburg	42	2	0	0	0	0	3	21	3	21	0	0	0	0	0	0	0	0	42
Gutzeit	Dietrich		25	1	0	0	0	0	0	1	25	0	0	0	0	0	0	0	0	0	25
Hillmer	Hans-Jürgen	Lauffreff TV Uelzen	25	1	0	0	0	0	0	0	0	1	25	0	0	0	0	0	0	0	25
Knaack	Juergen	LT Reinbek	25	1	0	0	1	25	0	0	0	0	0	0	0	0	0	0	0	0	25
Mangold	Alfred	SV Munster	25	1	0	0	0	0	0	0	0	0	0	0	1	25	0	0	0	0	25
Starck	Christian	VfR Waldkatzenbach	25	1	0	0	0	0	0	0	0	0	0	1	25	0	0	0	0	0	25
Müller	Gerhard	MTV Amelinghausen LT	23	1	0	0	0	0	2	23	0	0	0	0	0	0	0	0	0	0	23
Schröder	Wilfried	Bienenbüttel	23	1	0	0	0	0	0	0	0	0	0	2	23	0	0	0	0	0	23
Siegert	Hellmut		23	1	0	0	2	23	0	0	0	0	0	0	0	0	0	0	0	0	23
Trutzewitz	Wolfgang	Lüneburg	21	1	0	0	0	0	0	0	0	0	0	3	21	0	0	0	0	0	21
Heinkele	Peter	MTV Lüneburg	20	1	0	0	0	0	0	0	0	0	0	4	20	0	0	0	0	0	20

Altersklasse M 70 (Jahrg. 1945 - 1949)

Ellmers	Manfred	SV Bliedersdorf	125	5	0	0	1	25	1	25	1	25	1	25	1	25	0	0	0	0	125
Koop	Manfred	SG Geesthacht	115	5	3	21	2	23	1	25	2	23	2	23	0	0	0	0	0	0	115
Jordan	Holger-Wilhelm	FG Tangendorf	39	2	5	19	0	0	0	0	0	4	20	0	0	0	0	0	0	0	39
Archut	Jürgen	Tri-Team Lüneburg	25	1	1	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
Blanck	Peter	Deutsch Evern	23	1	0	0	0	0	0	0	0	0	0	2	23	0	0	0	0	0	23
Heidrich	Werner	SV Munster	23	1	2	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	23
Lippmann	Dieter	Jena	23	1	0	0	0	0	2	23	0	0	0	0	0	0	0	0	0	0	23
Jansen	Norbert	TSV Adendorf	21	1	0	0	0	0	0	0	0	3	21	0	0	0	0	0	0	0	21
Niemann	Werner	VfL Lühetal	20	1	4	20	0	0	0	0	0	0	0	0	0	0	0	0	0	0	20

Altersklasse M 75 (Jahrg. 1940 - 1944)

Schulte	Burkhard	VfL Lüneburg	125	5	1	25	1	25	1	25	1	25	0	0	0	0	0	0	1	25	125
Vorrath	Wilhelm	MTV Treubund Lüneburg	115	5	3	21	2	23	2	23	0	0	0	0	0	1	25	2	23	0	115
Ociepka	Jan	SV Kirchboitzen	41	2	4	20	3	21	0	0	0	0	0	0	0	0	0	0	0	0	41
Vogt	Hartmut	TuS Neudorf-Platendorf	25	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	25	25
Johannsen	Ingo	TuS Hohnstorf	23	1	0	0	0	0	0	0	2	23	0	0	0	0	0	0	0	0	23
Lucchesi	Klaus	LT Reinbek	23	1	2	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	23

Altersklasse M 80 (Jahrg. 1935 - 1939)

Vogt	Wilhelm	TSV Adendorf	194	8	2	23	1	25	1	25	1	25	1	25	1	25	1	25	3	21	125
Holle	Wilhelm	TSV Adendorf	108	5	4	20	0	0	3	21	3	21	0	0	2	23	0	0	2	23	108
Dietrich	Peter	LG HNF Hamburg	96	4	1	25	2	23	0	0	2	23	0	0	0	0	0	0	1	25	96
Kunert	Paul	TuS Hohnstorf	65	3	3	21	3	21	2	23	0	0	0	0	0	0	0	0	0	0	65
Appelt	Wilfried		25	1	0	0	0	0	0	0	0	0	0	0	0	0	0	1	25	0	25

Altersklasse M 85 (Jahrg. 1930 - 1934)