

Ohlsen	Anna-Katharina		17	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	7	17	17
Thiele	Jana		17	1	0	0	0	0	0	0	0	0	0	0	0	7	17	0	0	0	17
Hofmann	Anna Maria		16	1	0	0	0	0	0	0	0	0	0	8	16	0	0	0	0	0	16
Schallehn	Franziska	Lüneburg	15	1	0	0	0	0	0	0	0	0	0	9	15	0	0	0	0	0	15
Borowski	Caroline	Deutsch Evern	14	1	0	0	0	0	0	0	0	0	0	10	14	0	0	0	0	0	14
Borchers	Kim Corinna		13	1	0	0	0	0	0	0	0	0	0	11	13	0	0	0	0	0	13
Dünnwald	Almut	Lüneburg	12	1	0	0	0	0	0	0	0	0	0	12	12	0	0	0	0	0	12
Schaal	Tamara		11	1	0	0	0	0	0	0	0	0	0	13	11	0	0	0	0	0	11
Sander	Ayke	SV Scharnebeck	10	1	0	0	0	0	0	0	0	0	0	14	10	0	0	0	0	0	10
Weingart	Christina	PMK-Pflegedienst GmbH	9	1	0	0	0	0	0	0	0	0	0	15	9	0	0	0	0	0	9
Müller	Katharina		8	1	0	0	0	0	0	0	0	0	0	16	8	0	0	0	0	0	8
Bechtloff	Janna	TuS Herta Betzendorf	7	1	0	0	0	0	0	0	0	0	0	17	7	0	0	0	0	0	7
Andersen	Bianca	VfL Lbg. Tauchabt. Apnoe	6	1	0	0	0	0	0	0	0	0	0	18	6	0	0	0	0	0	6
Wolansky	Janina	MTV Soderstorf	5	1	0	0	0	0	0	0	0	0	0	19	5	0	0	0	0	0	5
Altersklasse W 30 (Jahrg. 1981 + 1985)																					
Iwan	Nadine	Sanitätszentrum Lüneburg	117	5	2	23	0	0	1	25	0	0	0	2	23	0	0	2	23	2	23
Hoppe	Frauke	Dahlenburger SK	108	5	3	21	0	0	3	21	0	0	2	23	6	18	0	0	1	25	0
Rempel	Alexandra	Lüneburger SV	73	3	0	0	0	0	1	25	2	23	0	0	1	25	0	0	0	0	73
Rose	Nadine	TuS Brietlingen	70	3	0	0	0	0	0	0	4	20	0	0	0	1	25	1	25	0	70
Jesse	Sarah	TuS Hertha Betzendorf	67	4	0	0	7	17	6	18	0	0	0	12	12	4	20	0	0	0	67
Lange	Kristina	EON Avacon	65	3	0	0	3	21	2	23	3	21	0	0	0	0	0	0	0	0	65
Schmidt	Carolin	Düvelsbrook Dynamics	50	2	0	0	0	0	0	0	1	25	0	0	0	0	0	0	0	1	25
Otto	Hanna	DC DHfK-Leipzig	48	2	0	0	1	25	0	0	0	0	0	2	23	0	0	0	0	0	48
Schlag	Lena Eileen	Trathlon Team Lüneburg	44	2	0	0	2	23	0	0	0	0	0	3	21	0	0	0	0	0	44
Fehse	Stephanie	MTV Amelinghausen	42	2	3	21	0	0	0	0	0	0	0	0	0	3	21	0	0	0	42
Werner	Michaela		41	2	0	0	0	0	0	0	0	3	21	0	0	0	0	0	0	4	20
Nowak	Melanie	Meudelfitzer Runner's	39	2	4	20	5	19	0	0	0	0	0	0	0	0	0	0	0	0	39
Schwalbe	Patrizia		39	2	0	0	0	0	5	19	0	0	4	20	0	0	0	0	0	0	39
Beckmann	Stefanie	Lauenburg	25	1	0	0	0	0	0	0	1	25	0	0	0	0	0	0	0	0	25
Czepuck	Nicole	MTV Treubund Lüneburg	25	1	0	0	0	0	0	0	0	1	25	0	0	0	0	0	0	0	25
Gongoll	Katharina	MTV Treubund Lüneburg	25	1	0	0	0	0	0	0	0	0	0	1	25	0	0	0	0	0	25
Heide, von der	Inga		25	1	1	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
Rasche	Anja		25	1	1	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
Barton	Kerstin	ohne	23	1	0	0	0	0	2	23	0	0	0	0	0	0	0	0	0	0	23
Magnus	Stefanie		23	1	0	0	0	0	0	0	0	0	0	0	2	23	0	0	0	0	23
Prädicow	Shakira	Nordstemmen	23	1	2	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	23
Schröter	Marianna		23	1	0	0	0	0	0	2	23	0	0	0	0	0	0	0	0	0	23
Ruff	Frauke	Alternative Tagespflege	21	1	0	0	0	0	3	21	0	0	0	0	0	0	0	0	0	0	21
Schatz	Marianne	Alsterlaufadys	21	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	3	21
Groth	Anne	Geesthacht	20	1	0	0	4	20	0	0	0	0	0	0	0	0	0	0	0	0	20
Hromada	Franziska		20	1	0	0	0	0	4	20	0	0	0	0	0	0	0	0	0	0	20
Wunsch	Susann	Lauffreunde Lüder	20	1	0	0	0	0	0	0	0	0	0	4	20	0	0	0	0	0	20
Claasen	Nina	E.ON Energiebündel (1983?)	19	1	0	0	0	0	0	0	0	0	0	5	19	0	0	0	0	0	19
Herk	Martina	Waldkindergarten 2002 e.V.	19	1	0	0	0	0	0	5	19	0	0	0	0	0	0	0	0	0	19
Hofert	Cathrin		19	1	5	19	0	0	0	0	0	0	0	0	0	0	0	0	0	0	19
Lill	Rut		18	1	0	0	6	18	0	0	0	0	0	0	0	0	0	0	0	0	18
Rathke	Svenja		18	1	6	18	0	0	0	0	0	0	0	0	0	0	0	0	0	0	18
Wegener	Kerstin	Cakemalu	18	1	0	0	0	0	0	0	6	18	0	0	0	0	0	0	0	0	18
Rehberg	Katharina	TuS Hohnstorf Basketball	17	1	0	0	0	0	0	0	7	17	0	0	0	0	0	0	0	0	17
Wassill	Tanja		17	1	0	0	0	0	0	0	0	0	0	7	17	0	0	0	0	0	17
Weispfal	Christine	Hagebau	17	1	7	17	0	0	0	0	0	0	0	0	0	0	0	0	0	0	17
Greve	Anne	TuS Hohnstorf	16	1	0	0	0	0	0	0	8	16	0	0	0	0	0	0	0	0	16
Legin	Margarita	Lüneburg	16	1	0	0	0	0	0	0	0	0	0	8	16	0	0	0	0	0	16
Glander	Kathi	Just for fun	15	1	0	0	0	0	0	0	0	0	0	9	15	0	0	0	0	0	15
Baltrusch	Yvonne	Team Grundschule Bardowick	14	1	0	0	0	0	0	0	0	0	0	10	14	0	0	0	0	0	14
Oesen	Ramona		13	1	0	0	0	0	0	0	0	0	0	11	13	0	0	0	0	0	13
Stommel	Jennifer	Lüneburg	11	1	0	0	0	0	0	0	0	0	0	13	11	0	0	0	0	0	11
Altersklasse W 35 (Jahrg. 1976 + 1980)																					
Leske	Nicole	TSV Gellersen	150	7	4	20	4	20	2	23	8	16	0	0	1	25	2	23	0	0	114
Rode	Constanze	Lüneburger Heidehoppers	98	5	5	19	6	18	0	0	0	2	23	0	0	3	21	0	0	7	98
Pingel	Frauke	MTV Treubund Lüneburg	106	6	7	17	7	17	3	21	11	13	0	0	6	18	0	0	4	20	93
Schmedt	Sandra	VfL Bleckede	103	6	0	0	8	16	5	19	9	15	0	0	10	14	4	20	5	19	89
Seifert	Christina	Team Erdinger Alkoholfrei	83	4	0	0	5	19	0	0	6	18	0	0	2	23	0	0	2	23	83
Ahrens	Karolin	LSV	75	3	1	25	0	0	0	0	1	25	0	0	0	1	25	0	0	0	75
Götze	Rebecca	TuS Erbstorf	50	2	0	0	0	0	0	0	1	25	1	25	0	0	0	0	0	0	50
Hornburg	Irena		50	2	0	0	1	25	0	0	0	0	0	0	0	0	0	0	0	1	25
Gerlach	Grit		48	2	2	23	0	0	0	0	0	0	0	0	1	25	0	0	0	0	48

Neugebauer	Dana	SV Scharnebeck	48	2	0	0	0	0	1	25	2	23	0	0	0	0	0	0	0	0	0	48	
Lilje	Sina		46	2	2	23	2	23	0	0	0	0	0	0	0	0	0	0	0	0	0	46	
Paulmann	Kathrin	VGS	46	2	0	0	0	0	0	0	0	0	0	0	0	0	1	25	3	21	0	46	
März	Swetlana		43	2	0	0	0	0	0	0	4	20	0	0	0	0	2	23	0	0	0	43	
Hampel	Anja	LLH	42	3	0	0	0	0	0	0	13	11	0	0	11	13	6	18	0	0	0	42	
Steiner	Maren		42	3	0	0	0	0	0	0	0	0	0	0	14	10	9	15	7	17	0	42	
Legrand	Janine	Team Grundschule Bardowick	41	2	0	0	0	0	0	0	3	21	0	0	4	20	0	0	0	0	0	41	
Schmidt	Britta		37	2	0	0	0	0	0	0	6	18	0	0	0	0	0	0	0	0	5	19	37
Bank	Kerstin	Boltersen	29	2	0	0	0	0	0	0	7	17	0	0	12	12	0	0	0	0	0	0	29
Grieger	Katrin		25	1	1	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
Müller	Doreen	BSG EON Hanse	25	1	0	0	1	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
Sienkiewicz	Yvonne	Wendisch Evern	25	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	25	0	0	25
Vahle	Kirstin	Lüneburg	25	1	0	0	0	0	0	0	0	0	0	1	25	0	0	0	0	0	0	0	25
Bersdorf	Brigitte		23	1	0	0	0	0	0	0	2	23	0	0	0	0	0	0	0	0	0	0	23
Fahnert	Berit		23	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	2	23	0	0	23
Möller	Karen	Lüneburg	23	1	0	0	0	0	0	0	0	0	0	0	2	23	0	0	0	0	0	0	23
Sevecke	Tanja	Bleckede	23	1	0	0	2	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	23
Flügge	Alexandra		21	1	3	21	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	21
Grossjean	Anja	Haus & Hof Laufverein	21	1	0	0	0	0	0	0	3	21	0	0	0	0	0	0	0	0	0	0	21
Günes	Aylin	Wendisch Evern	21	1	0	0	0	0	0	0	0	0	0	0	0	0	0	3	21	0	0	0	21
Kaeding	Anne	Lüneburg	21	1	0	0	0	0	0	0	0	0	0	3	21	0	0	0	0	0	0	0	21
Krieg	Sabine	Blau-Weiss Buchholz	21	1	3	21	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	21
Lorenz	Andrea	SV Hamwarde	21	1	0	0	0	3	21	0	0	0	0	0	0	0	0	0	0	0	0	0	21
Röhm	Ev	FC-St. Pauli Marathon	21	1	0	0	0	0	0	0	0	0	0	0	3	21	0	0	0	0	0	0	21
Schütt	Jennifer	Lauftreff Lüneburg	21	1	0	0	0	0	0	0	0	3	21	0	0	0	0	0	0	0	0	0	21
Brieskorn	Laura		20	1	0	0	0	0	4	20	0	0	0	0	0	0	0	0	0	0	0	0	20
Filiz	Dina		20	1	0	0	0	0	0	0	0	4	20	0	0	0	0	0	0	0	0	0	20
Kamin	Andrea	SV Hamwarde	20	1	4	20	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	20
Winder	Swantje		20	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	4	20	20
Winkler	Bianca	Crazy Sister	20	1	0	0	0	0	0	0	4	20	0	0	0	0	0	0	0	0	0	0	20
Behre	Melanie	BEGRO	19	1	0	0	0	0	0	0	5	19	0	0	0	0	0	0	0	0	0	0	19
Christ	Sabine	Lüneburg	19	1	0	0	0	0	0	0	0	0	0	0	5	19	0	0	0	0	0	0	19
Holick	Anika		19	1	0	0	0	0	0	0	0	0	0	0	0	5	19	0	0	0	0	0	19
Winkler	Rebecca	Crazy Sister	19	1	0	0	0	0	0	0	5	19	0	0	0	0	0	0	0	0	0	0	19
Blunck	Dagmar		18	1	0	0	0	0	0	0	0	0	0	0	0	0	0	6	18	0	0	0	18
Buhr	Anja	Heidschnucken	18	1	6	18	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	18
Podloucky	Anke	TuS Reppenstedt	18	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	6	18	0	18
Krüger	Melanie		17	1	0	0	0	0	0	0	0	0	0	0	0	7	17	0	0	0	0	0	17
Pues	Nadine	Amüsemang	17	1	0	0	0	0	0	0	7	17	0	0	0	0	0	0	0	0	0	0	17
Weihnacht	Cathrin		17	1	0	0	0	0	0	0	0	0	0	0	7	17	0	0	0	0	0	0	17
Harms	Janine	Sparkasse Lüneburg	16	1	0	0	0	0	0	0	0	0	0	0	8	16	0	0	0	0	0	0	16
Hupfeld	Britta	TSV Gellersen	16	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	8	16	16
Müller	Antje	TV Jahn Schneverdingen	16	1	8	16	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	16
Szameit	Melanie		16	1	0	0	0	0	0	0	0	0	0	0	0	8	16	0	0	0	0	0	16
Gehrke	Andrea	TSV Gellersen	15	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	9	15	0	15
Hübner	Antje	LLH	15	1	0	0	0	0	0	0	0	0	0	0	9	15	0	0	0	0	0	0	15
Peters	Diana	SV Ilmenau	15	1	0	0	9	15	0	0	0	0	0	0	0	0	0	0	0	0	0	0	15
Wolansky	Antje		14	1	0	0	0	0	0	0	10	14	0	0	0	0	0	0	0	0	0	0	14
Dehne	Christin		12	1	0	0	0	0	0	0	12	12	0	0	0	0	0	0	0	0	0	0	12
Seameit	Melanie		11	1	0	0	0	0	0	0	0	0	0	0	13	11	0	0	0	0	0	0	11
Henke	Stefanie	Hittbergen	10	1	0	0	0	0	0	0	14	10	0	0	0	0	0	0	0	0	0	0	10
Fassnauer	Sabine	SV Ilmenau	9	1	0	0	0	0	0	0	0	0	0	0	15	9	0	0	0	0	0	0	9
Wetzel	Nicole	Lüneburg	8	1	0	0	0	0	0	0	0	0	0	0	16	8	0	0	0	0	0	0	8
Stock	Silke	Team Grundschule Bardowick	7	1	0	0	0	0	0	0	0	0	0	0	17	7	0	0	0	0	0	0	7

Altersklasse W 40 (Jahrg. 1971 + 1975)

Timmreck	Tamara	Run for Fun	162	7	2	23	3	21	1	25	0	0	1	25	6	18	1	25	1	25	0	0	123
Ruschmeyer	Tanja	LLH	168	8	6	18	4	20	2	23	3	21	5	19	3	21	2	23	0	0	2	23	111
Karbach	Christiane	Dahlenburger SK	138	7	0	0	5	19	5	19	5	19	2	23	10	14	0	0	2	23	3	21	105
Eckhoff	Marianne	LLH	132	7	4	20	8	16	5	19	4	20	7	17	5	19	3	21	0	0	0	0	99
Siegmann	Michaela	Dahlenburger SK	98	5	1	25	6	18	0	0	0	6	18	7	17	4	20	0	0	0	0	0	98
Rusche	Birgit		96	4	0	0	2	23	0	0	1	25	0	0	0	2	23	0	0	1	25	0	96
Rohland	Corinna		89	5	5	19	7	17	3	21	0	0	0	0	12	12	0	0	0	4	20	89	
Konik	Andrea	TuS Betzendorf	93	6	0	0	10	14	6	18	8	16	0	0	19	5	0	0	3	21	5	19	88
Littmann	Julia, Dr.	Neu Wendhausen	83	4	3	21	4	20	2	23	5	19	0	0	0	0	0	0	0	0	0	0	83
Lienen	Anja	Adendorf	76	5	7	17	9	15	0	0	0	0	0	0	17	7	6	18	5	19	0	0	76
Merz	Vera	Bienenbüttel	76	4	0	0	5	19	3	21	6	18	0	0	6	18	0	0	0	0	0	0	76
Paape	Diana		73	3	0	0	2	23	0	0	0	0	0	0	0	0	0	0	1	25	1	25	73

Frischmuth	Manuela	Manuelas Haarstudio	68	4	7	17	7	17	4	20	10	14	0	0	0	0	0	0	0	0	68
Schwarz	Pamela	Post SV Uelzen	64	4	9	15	0	0	0	0	0	10	14	0	0	4	20	0	0	9	15
Keller	Vanessa	VfL Bleckede	61	5	0	0	14	10	8	16	9	15	0	0	21	3	7	17	0	0	61
Völzke	Almut	LG Ilmer Weg	58	3	0	0	0	0	4	20	0	0	0	0	4	20	0	0	6	18	0
Jastremski	Martina	SV Munster	57	3	5	19	0	0	0	0	0	0	0	0	0	3	21	0	0	7	17
Bensemann	Kathrin	Lüneburger SV	50	2	0	0	0	0	0	0	0	0	0	1	25	1	25	0	0	0	50
Korn	Sybille		48	2	0	0	0	0	1	25	2	23	0	0	0	0	0	0	0	0	48
Boeck	Antje		41	2	0	0	0	0	0	3	21	0	0	4	20	0	0	0	0	0	41
Heyenrath	Annekathrin		41	2	3	21	0	0	0	0	0	4	20	0	0	0	0	0	0	0	41
Niels	Heike	Neetze	41	3	0	0	0	0	9	15	13	11	9	15	0	0	0	0	0	0	41
Menke-Spak	Tanja	Laufen gegen Leiden	39	2	0	0	0	0	0	0	0	0	0	0	8	16	0	0	0	2	23
Jahn	Doreen	TuS Brietlingen	38	2	0	0	0	0	0	0	0	0	0	0	0	0	0	4	20	6	18
Bartsch	Carolyn	SV Hamwarde	34	2	8	16	6	18	0	0	0	0	0	0	0	0	0	0	0	0	34
Dobrick	Tanja	Team Erdinger Alkoholfrei	29	2	11	13	0	0	0	0	0	0	0	0	0	0	0	8	16	0	29
Biron	Jana	Team Grundschule Bardowick	28	2	0	0	0	0	0	0	0	0	0	0	13	11	0	0	7	17	0
Bockelmann	Nicole		28	2	0	0	13	11	7	17	0	0	0	0	0	0	0	0	0	0	28
Hensel	Sandra		26	2	0	0	0	0	0	14	10	0	0	0	0	0	0	0	8	16	0
Hoffmann	Arit(ke)		26	2	0	0	0	0	0	6	18	0	0	16	8	0	0	0	0	0	26
Claus	Sabrina	Greifswald	25	1	0	0	0	0	0	0	0	0	0	1	25	0	0	0	0	0	25
Meyer-Lindloff	Sandra	MTV Marxen	25	1	1	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
Reuter	Ines	CLW-Megware	25	1	0	0	1	25	0	0	0	0	0	0	0	0	0	0	0	0	25
Stremme	Katja	TuS Hohnstorf/Elbe	25	1	0	0	0	0	0	1	25	0	0	0	0	0	0	0	0	0	25
Wenzlawe	Maja	Triathlon Team Buxtehude	25	1	0	0	1	25	0	0	0	0	0	0	0	0	0	0	0	0	25
Alvarez	Sibylle	Lüneburg	23	1	0	0	0	0	0	0	0	0	0	2	23	0	0	0	0	0	23
Heinrich	Regina		23	1	0	0	0	0	0	0	0	0	0	2	23	0	0	0	0	0	23
Hobel	Deborah	Eddie Eagle Lüneburg	23	1	2	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	23
Mattern	Astrid	Deutsch Evern	23	1	0	0	0	0	0	2	23	0	0	0	0	0	0	0	0	0	23
Ladwig	Kathrin	TSV Mechtersen/Vögelsen	21	2	0	0	0	0	0	7	17	0	0	20	4	0	0	0	0	0	21
Pyrrek	Claudenice	Lüneburger Heidehoppers	21	1	0	0	0	0	0	0	0	3	21	0	0	0	0	0	0	0	21
Wehncke	Claudia	Stolpertruppe Winsen	21	1	0	0	3	21	0	0	0	0	0	0	0	0	0	0	0	0	21
Zander	Petra	Kirchgellersen	21	1	0	0	0	0	0	0	0	0	0	3	21	0	0	0	0	0	21
Arend	Claudia		20	1	0	0	0	0	0	4	20	0	0	0	0	0	0	0	0	0	20
Bach	Eva	Tri-Bandits/TSG Bergedorf	20	1	4	20	0	0	0	0	0	0	0	0	0	0	0	0	0	0	20
Krahn	Dörte	TuS Hertha Betzendorf	20	2	0	0	18	6	10	14	0	0	0	0	0	0	0	0	0	0	20
Hein	Anngret	Montessori Schule Lüneburg	19	1	0	0	0	0	0	0	0	0	0	5	19	0	0	0	0	0	19
Wilde	Diana	TSG Wittenburg	19	1	0	0	0	0	0	0	0	0	0	0	5	19	0	0	0	0	19
Baum	Marion	MTV Bad Bevensen	18	1	6	18	0	0	0	0	0	0	0	0	0	0	0	0	0	0	18
Modlich	Urte		17	1	0	0	0	0	0	0	0	0	0	7	17	0	0	0	0	0	17
Lacorn	Sabine		16	1	8	16	0	0	0	0	0	0	0	0	0	0	0	0	0	0	16
Schroeder	Tanja		16	1	0	0	0	0	0	0	0	8	16	0	0	0	0	0	0	0	16
Sellmann	Kathleen	Lüneburg	16	1	0	0	0	0	0	0	0	0	0	8	16	0	0	0	0	0	16
Esper	Andrea	Lüneburg	15	2	0	0	12	12	0	0	0	0	0	22	3	0	0	0	0	0	15
Jähnke	Diana	Lüneburg	15	1	0	0	0	0	0	0	0	0	0	9	15	0	0	0	0	0	15
Kliche	Jana	Bardowick	15	1	0	0	0	0	0	0	0	0	0	9	15	0	0	0	0	0	15
Morla	Veronika	MTV Soderstorf	15	1	9	15	0	0	0	0	0	0	0	0	0	0	0	0	0	0	15
Gebel	Tanja	MTV Soderstorf	14	1	10	14	0	0	0	0	0	0	0	0	0	0	0	0	0	0	14
Wolter	Sonja		14	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	10	14
Grassy-Eisele	Nicole	MTV Himmelpforten	13	1	0	0	11	13	0	0	0	0	0	0	0	0	0	0	0	0	13
Middelbeck	Nicola	Lüneburg	13	1	0	0	0	0	0	0	0	0	0	11	13	0	0	0	0	0	13
Prost	Birte	Waldkindergarten Rullstorf	13	1	0	0	0	0	0	11	13	0	0	0	0	0	0	0	0	0	13
Krey	Marion	SV Ofenerdiek	12	1	0	0	0	0	0	12	12	0	0	0	0	0	0	0	0	0	12
Wilken	Christiane	MTV Lüneburg	10	1	0	0	0	0	0	0	0	0	0	14	10	0	0	0	0	0	10
Felgentreff	Silke	LLH	9	1	0	0	0	0	0	15	9	0	0	0	0	0	0	0	0	0	9
Kowalenko	Irina	Dahlenburger SK	9	1	0	0	15	9	0	0	0	0	0	0	0	0	0	0	0	0	9
Praga	Jasmin	TSG Bergedorf	9	1	0	0	0	0	0	0	0	0	0	15	9	0	0	0	0	0	9
Borchard-Lohmann	Marion	TuS Hohnstorf	8	1	0	0	0	0	0	16	8	0	0	0	0	0	0	0	0	0	8
Hacht, von	Doris	Brietlingen	8	1	0	0	16	8	0	0	0	0	0	0	0	0	0	0	0	0	8
Schäfer	Sabine	Weltbester Scrabbleclub	7	1	0	0	17	7	0	0	0	0	0	0	0	0	0	0	0	0	7
Groth	Daniela	Lüneburg	6	1	0	0	0	0	0	0	0	0	0	18	6	0	0	0	0	0	6
Uckert	Carola	Hohnstorf	3	1	0	0	0	0	0	0	0	0	0	23	3	0	0	0	0	0	3
Weiser	Britta	Lüneburg	3	1	0	0	0	0	0	0	0	0	0	24	3	0	0	0	0	0	3

Altersklasse W 45 (Jahrg. 1966 + 1970)

Stumpf	Kerstin	Lauftreff Hannover.de	150	6	1	25	1	25	1	25	1	25	0	0	1	25	1	25	0	0	0	125	
Seyl	Petra	Dahlenburger SK	121	5	0	0	0	0	0	1	25	2	23	0	0	2	23	1	25	1	25	121	
Meyer	Franka		123	6	8	16	4	20	2	23	0	6	18	0	2	23	0	0	2	23	107		
Kunz	Sonja		102	6	14	10	6	18	0	0	10	14	0	0	0	4	20	4	20	4	20	92	
Schöniger	Silke		118	7	9	15	0	0	5	19	9	15	9	15	12	12	0	0	3	21	3	21	91

Andersen-Wosinsky Ute	LLH		13	1	0	0	0	0	0	0	0	11	13	0	0	0	0	0	0	0	13
Bechtloff Carola	TuS Hertha Betzendorf		13	1	0	0	0	0	0	0	0	0	0	0	11	13	0	0	0	0	13
Schale Susanne	Lauftreff Lüneburg		13	1	11	13	0	0	0	0	0	0	0	0	0	0	0	0	0	0	13
Wolanski Ines	MTV Soderstorf		12	1	0	0	0	0	0	0	0	0	0	0	12	12	0	0	0	0	12
Derlin Imke	Vögelsen		11	1	0	0	0	0	0	0	0	0	0	0	13	11	0	0	0	0	11
Zimmermann Uta	PSV Hannover		11	1	13	11	0	0	0	0	0	0	0	0	0	0	0	0	0	0	11
Altersklasse W 55 (Jahrg. 1956 + 1960)																					
Wegener Verena	TuS Brietlingen		223	9	1	25	1	25	1	25	1	25	2	23	1	25	1	25	1	25	125
Hornbostel Ulla	Stolpertruppe Winsen		125	5	1	25	1	25	0	0	0	0	0	0	0	1	25	1	25	1	125
Malec Margrid	LLH		161	7	3	21	2	23	1	25	1	25	3	21	2	23	0	0	0	2	119
Saucke Beate	Dahlenburger SK		117	5	2	23	0	0	2	23	2	23	0	0	1	25	0	0	2	23	117
Würzburger Maria	TuS Hohnstorf		85	4	4	20	2	23	3	21	0	0	0	0	0	0	0	0	0	3	85
Goldbeck Margitta	MTV Amelinghausen LT		67	3	0	0	0	0	0	0	3	21	0	0	2	23	2	23	0	0	67
Morawietz Manuela	Extreme Jogging Gr. Moor		63	3	0	0	0	0	2	23	0	0	5	19	3	21	0	0	0	0	63
Mertin Marita	TuS Hohnstorf		61	3	4	20	3	21	4	20	0	0	0	0	0	0	0	0	0	0	61
Wichert Doris	TuS Hohnstorf		42	2	0	0	0	0	0	0	0	0	0	0	0	2	23	0	0	5	42
Busse Susanne	TuS Brietlingen		39	2	5	19	4	20	0	0	0	0	0	0	0	0	0	0	0	0	39
Gielen Silke	Harburger SC		25	1	0	0	0	0	0	0	0	0	1	25	0	0	0	0	0	0	25
Höremann Hannelore	MTV Bad Bevensen		23	1	2	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	23
Leske Ilse	TSV Gellersen		23	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	2	23
Tödter Petra	LLH		23	1	0	0	0	0	0	0	2	23	0	0	0	0	0	0	0	0	23
Brededorst-Wikowst Angelika	Möllner SV		21	1	0	0	0	0	0	0	3	21	0	0	0	0	0	0	0	0	21
Kortzitze-Frehe Corinna	LT Eickum		21	1	0	0	0	0	0	0	0	0	0	0	3	21	0	0	0	0	21
Morawetz Ute	TV Jahn Schneverdingen		21	1	3	21	0	0	0	0	0	0	0	0	0	0	0	0	0	0	21
Damaschke Heidi			20	1	0	0	0	0	0	0	0	0	4	20	0	0	0	0	0	0	20
Hanke Angelika	VfL Jesteburg		20	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	4	20
Lüderitz Christlinda			20	1	0	0	0	0	0	0	0	0	0	0	4	20	0	0	0	0	20
Schober Birgit	LT Eickum		20	1	0	0	0	0	0	0	0	0	0	0	4	20	0	0	0	0	20
Schwamen-Carlberg Marion	LLH		20	1	0	0	0	0	0	0	4	20	0	0	0	0	0	0	0	0	20
Banks Birgit	LLH		19	1	0	0	0	0	0	5	19	0	0	0	0	0	0	0	0	0	19
Görler Elke	TSV St. Jürgen		19	1	0	0	0	0	0	0	0	0	0	0	5	19	0	0	0	0	19
Samulowitz Elke	LT Geesthacht		19	1	0	0	5	19	0	0	0	0	0	0	0	0	0	0	0	0	19
Brandes-Nelz, Dr. Sylvia	Leben & Schreiben		18	1	6	18	0	0	0	0	0	0	0	0	0	0	0	0	0	0	18
Engel Barbara			18	1	0	0	0	0	0	0	0	0	0	0	6	18	0	0	0	0	18
Meurer Jutta	Kirchgellersen		17	1	0	0	0	0	0	0	0	0	0	0	7	17	0	0	0	0	17
Altersklasse W 60 (Jahrg. 1951 + 1955)																					
Lenze Gunda	SV Scharnebeck		225	9	1	25	1	25	1	25	1	25	1	25	1	25	1	25	1	25	125
Kolle Edith	LT Dahlenburger SK		115	5	2	23	0	0	1	25	2	23	0	0	3	21	0	0	2	23	115
Husmeier Ursula	MTV Treubund Lüneburg		134	6	2	23	2	23	0	0	3	21	3	21	0	0	2	23	0	0	113
Ott-Müller Ingrid	LT MTV Amelghausen		109	5	4	20	0	0	0	4	20	2	23	0	0	0	0	1	25	3	109
Ruelius-Mangold Annette	SV Munster		25	1	1	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
Wierich Lisa	LT Reinbeck		25	1	0	0	1	25	0	0	0	0	0	0	0	0	0	0	0	0	25
Kieckebusch, von Cornelia	MTV Treubund Lüneburg		23	1	0	0	0	0	0	0	0	0	0	0	2	23	0	0	0	0	23
Leu Regina	Blau-Weiss Buchholz		21	1	3	21	0	0	0	0	0	0	0	0	0	0	0	0	0	0	21
Schröder Annegret	TV Jahn Schneverdingen		21	1	3	21	0	0	0	0	0	0	0	0	0	0	0	0	0	0	21
Behne Ingrid	Behne-Lauf-Hasen		20	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	4	20
Kersting Ulrike	Funsports Zeven		20	1	4	20	0	0	0	0	0	0	0	0	0	0	0	0	0	0	20
Altersklasse W 65 (Jahrg. 1946 + 1950)																					
Schulte Christina	LT Lüneburg		121	5	0	0	2	23	1	25	0	0	0	0	0	1	25	1	25	2	121
Schwarz Müller Ursula	Stolpertruppe Winsen		50	2	0	0	1	25	0	0	0	0	0	0	0	0	0	0	1	25	50
Seifert Gisela	Lauenburger SV		25	1	0	0	0	0	0	0	1	25	0	0	0	0	0	0	0	0	25
Altersklasse W 70 (Jahrg. 1941 + 1945)																					
Luhmann Anne	Dahlenburger SK		150	6	1	25	1	25	0	0	1	25	0	0	1	25	1	25	1	25	125
Altersklasse W 75 (Jahrg. + 1940)																					
Wiener Bärbel	MTV Treubund Lüneburg		100	4	0	0	1	25	0	0	0	0	1	25	1	25	0	0	0	1	100
Backhausen Maria Alice	SV Wilhelmsburg v. 1888 e.V.		23	1	0	0	0	0	0	0	0	0	2	23	0	0	0	0	0	0	23
Altersklasse MKU12, M 10/11 (Jahrg. 2004 + 2005)																					
Kröger Louis	TSV Bardowick		25	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	25
Rosenhagen Jonathan	MTV Amelinghausen LT		25	1	0	0	0	0	0	0	0	1	25	0	0	0	0	0	0	0	25
Wolter Claas			23	1	0	0	0	0	0	0	0	2	23	0	0	0	0	0	0	0	23
Mollenhauer Finn			21	1	0	0	0	0	0	0	0	3	21	0	0	0	0	0	0	0	21
Mollenhauer Enjo			20	1	0	0	0	0	0	0	0	4	20	0	0	0	0	0	0	0	20
Madaus Tim	Fethispor Kaltenkirchen		19	1	0	0	0	0	0	0	0	5	19	0	0	0	0	0	0	0	19
Altersklasse MJU14, M 12/13 (Jahrg. 2002 + 2003)																					
Weber Nick	SV Scharnebeck		43	2	0	0	0	0	0	0	0	0	0	4	20	2	23	0	0	0	43
Götz Joris	Haus&Hof Laufverein		25	1	0	0	0	0	0	0	1	25	0	0	0	0	0	0	0	0	25
Melzig Jan	VfL Lüneburg		25	1	0	0	0	0	0	0	0	0	0	0	1	25	0	0	0	0	25

Puttfarcken	Felix	Lauftreff Geesthacht	25	1	0	0	0	0	0	0	0	0	0	0	1	25	0	0	0	0	0	0	25
Specht	Mathis	MTV Bad Bevensen	25	1	1	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
Wilkins	Mattis	MTV Lüneburg	23	1	0	0	0	0	0	0	0	0	0	0	2	23	0	0	0	0	0	0	23
Lieberman, von	Sören	VfL	21	1	0	0	0	0	0	0	0	0	0	0	3	21	0	0	0	0	0	0	21
Altersklasse MJU16, M 14/15 (Jahrg. 2000 + 2001)																							
Hansen	Sören	IGS Lüneburg	50	2	0	0	1	25	1	25	0	0	0	0	0	0	0	0	0	0	0	0	50
Treybig	Ben	ISG Lüneburg	46	2	0	0	2	23	2	23	0	0	0	0	0	0	0	0	0	0	0	0	46
Adi	Markus	Rouen (F)	25	1	0	0	0	0	0	0	0	1	25	0	0	0	0	0	0	0	0	0	25
Bresinski, von	Ronny	Triathlon Team Lüneburg	25	1	1	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
Karbach	Clemens	Dahlenburger SK	25	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	25	0	0	25
Pawelzik	Ben Lasse	Gymnasium Oedeme	25	1	0	0	0	0	0	0	0	0	0	0	1	25	0	0	0	0	0	0	25
Kraaz	Timon	Uelzen	23	1	0	0	0	0	0	0	0	0	0	0	2	23	0	0	0	0	0	0	23
Kruse	Pascal		23	1	0	0	0	0	0	0	0	2	23	0	0	0	0	0	0	0	0	0	23
Schaefer	Samuel	Triathlon Team Lüneburg	21	1	0	0	3	21	0	0	0	0	0	0	0	0	0	0	0	0	0	0	21
Winkler	Martin	MTV Bad Bevensen	21	1	0	0	0	0	0	0	0	3	21	0	0	0	0	0	0	0	0	0	21
Altersklasse MJU18, M 16/17 (Jahrg. 1998 + 1999)																							
Naß	Lennart	LLH	159	7	2	23	1	25	2	23	3	21	1	25	7	17	0	0	0	0	1	25	121
Grothusmann	Gerrit	TSV Bardowick	126	6	4	20	2	23	0	0	1	25	3	21	10	14	0	0	2	23	0	0	112
Schöniger	Niklas		83	4	0	0	0	0	3	21	0	0	2	23	8	16	0	0	0	0	2	23	83
Materne	Matz	TriTeam Lüneburg	46	2	1	25	0	0	0	0	0	0	0	3	21	0	0	0	0	0	0	0	46
Christensen	Felix		45	2	0	0	0	0	1	25	0	0	0	0	4	20	0	0	0	0	0	0	45
Grotheer	Jan	BEGRO	25	1	0	0	0	0	0	0	1	25	0	0	0	0	0	0	0	0	0	0	25
Kruse	Jonas	LG Lüneburg	25	1	0	0	0	0	0	0	0	0	0	1	25	0	0	0	0	0	0	0	25
Rust	Florian	Die Patchworker Lüneburg	25	1	0	0	0	0	0	0	0	0	0	0	0	0	0	1	25	0	0	0	25
Matzollek	Lukas	BGS Justiz Hmb	23	1	0	0	0	0	0	0	2	23	0	0	0	0	0	0	0	0	0	0	23
Seack	Tom		23	1	0	0	0	0	0	0	0	0	0	2	23	0	0	0	0	0	0	0	23
Adam	Marcel		21	1	0	0	3	21	0	0	0	0	0	0	0	0	0	0	0	0	0	0	21
Loser	Lucas		21	1	3	21	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	21
Althusmann	Jonas		19	1	0	0	0	0	0	0	0	0	0	0	5	19	0	0	0	0	0	0	19
Helms	Ulrich	TSV Bienenbüttel	18	1	0	0	0	0	0	0	0	0	0	0	6	18	0	0	0	0	0	0	18
Rohland	Sören	Lüneburg	15	1	0	0	0	0	0	0	0	0	0	0	9	15	0	0	0	0	0	0	15
Altersklasse MJU20, M 18/19 (Jahrg. 1996 + 1997)																							
0																							
Bürger	Dan	Sportteam Lbg.	25	1	0	0	0	0	0	0	0	0	0	1	25	0	0	0	0	0	0	0	25
Drawe	Erik	TuS Hohnstorf Basketball	25	1	0	0	0	0	0	0	1	25	0	0	0	0	0	0	0	0	0	0	25
Rumpelt	Jonas	FC St. Pauli Triathlon	25	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	25	25
Frenkel	Tim		23	1	0	0	0	0	0	0	0	0	0	2	23	0	0	0	0	0	0	0	23
Schoonbergen	Tjark	Tri Team Lüneburg	23	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	2	23	23
Ewers	Christopher	Lüneburg	21	1	0	0	0	0	0	0	0	0	0	0	3	21	0	0	0	0	0	0	21
Grimmich	Niklas	Sport-Team Lüneburg	20	1	0	0	0	0	0	0	0	0	0	0	4	20	0	0	0	0	0	0	20
Altersklasse M 20 (Jahrg. 1986 + 1995)																							
Kröger	Jan-Florian	LG Nordheide	141	6	2	23	0	0	1	25	1	25	4	20	2	23	0	0	0	0	1	25	121
Knorr	Julian	SV Ilmenau	115	5	3	21	0	0	2	23	0	0	0	0	0	1	25	2	23	2	23	115	
Piehl	Oliver	TSV Mechterzen/Vögelsen	98	5	4	20	4	20	0	0	0	0	0	10	14	2	23	0	0	3	21	98	
Menkowsky	Christian	Aufklärungsbataillon 3	89	4	3	21	2	23	1	25	0	0	0	4	20	0	0	0	0	0	0	0	89
Meyer	Florian	Lauenburger SV	96	6	0	0	9	15	4	20	8	16	9	15	12	12	0	0	0	0	6	18	84
Riess	Stefan	Lüneburg	65	3	2	23	0	0	0	0	3	21	0	0	3	21	0	0	0	0	0	0	65
Schifer	Andrej	Lüneburger	60	4	12	12	0	0	6	18	0	0	15	9	0	0	0	0	3	21	0	0	60
Pfeiffer	Benjamin	Triathlon Team Lüneburg	59	3	5	19	5	19	3	21	0	0	0	0	0	0	0	0	0	0	0	0	59
Altheide	Marius	CoolRunnings	57	3	5	19	5	19	5	19	0	0	0	0	0	0	0	0	0	0	0	0	57
Inselmann	Lars	XXL-Fighter Anno 1900	53	3	8	16	6	18	5	19	0	0	0	0	0	0	0	0	0	0	0	0	53
Kröger	Gerrit	SG TSV Kronshagen/Kieler TE	50	2	1	25	1	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	50
Dausend	Martin	Triathlon Team Lüneburg	48	2	0	0	2	23	0	0	0	0	0	1	25	0	0	0	0	0	0	0	48
Dalchow	Daniel	LLH	42	4	14	10	0	0	7	17	13	11	0	0	20	4	0	0	0	0	0	0	42
Manecke	Björn	Lüneburger SV	40	2	0	0	0	0	0	0	0	5	19	3	21	0	0	0	0	0	0	0	40
Rehberg	Constantin	A&O Hotels	39	2	0	0	6	18	0	0	3	21	0	0	0	0	0	0	0	0	0	0	39
Klöpffer	Sören	CoolRunnings	38	2	4	20	0	0	6	18	0	0	0	0	0	0	0	0	0	0	0	0	38
Thiele	Martin		38	2	0	0	0	0	0	0	0	0	0	0	6	18	4	20	0	0	0	38	
Niese	Sven		34	2	0	0	0	0	0	0	0	11	13	0	0	3	21	0	0	0	0	0	34
Moorstein	Frederik	Deutsch Evern	33	2	0	0	7	17	0	0	0	8	16	0	0	0	0	0	0	0	0	0	33
Friedrich	Kevin		28	2	0	0	0	0	0	0	0	0	16	8	0	4	20	0	0	0	0	0	28
Block	Marin	MTV Jahn Obermarschacht	25	1	0	0	0	0	0	1	25	0	0	0	0	0	0	0	0	0	0	0	25
Brinkmann	Siegmar	Lübeck	25	1	0	0	0	0	0	0	0	0	0	1	25	0	0	0	0	0	0	0	25
Lindner	Markus	Post SV Uelzen	25	1	1	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
Ludolph	Sören	LG Braunschweig	25	1	0	0	0	0	0	0	0	1	25	0	0	0	0	0	0	0	0	0	25
Maurer	Thomas	Team Arndt	25	1	0	0	1	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
Mexer	Daniel		25	1	0	0	0	0	0	0	0	0	0	0	0	0	0	1	25	0	0	25	
Piecuch	Tim		25	1	0	0	0	0	0	0	0	0	0	0	0	1	25	0	0	0	0	25	

Zschiegner	Marcus	1. TC Zwickau	25	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	25	25	
Dubaschny	Henrik		23	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	2	23	23	
Gutberlet	Jan	Post SV Uelzen	23	1	0	0	0	0	0	0	2	23	0	0	0	0	0	0	0	0	23	
Hertog	Christian		23	1	0	0	0	0	0	2	23	0	0	0	0	0	0	0	0	0	23	
Ilmer	Nils	Thomasburger SV	23	1	0	0	0	0	2	23	0	0	0	0	0	0	0	0	0	0	23	
Manukjan	Varik	TuS Hohnstorf Basketball	23	1	0	0	0	0	0	2	23	0	0	0	0	0	0	0	0	0	23	
Steven	Alexander		23	1	0	0	0	0	0	0	0	0	0	2	23	0	0	0	0	0	23	
Angerstein	Leif Eric		21	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	3	21	21	
Brüggemann	Jan	LLH	21	1	0	0	0	0	3	21	0	0	0	0	0	0	0	0	0	0	21	
Krause	Frederik	SVS	21	1	0	0	3	21	0	0	0	0	0	0	0	0	0	0	0	0	21	
Lopez Borbalan	Rafael		21	1	0	0	3	21	0	0	0	0	0	0	0	0	0	0	0	0	21	
Schütt	Jannik	LG Nordheide	21	1	0	0	0	0	0	0	0	3	21	0	0	0	0	0	0	0	21	
Zaglin	Pavel	Lüneburg	21	2	0	0	0	0	0	0	0	14	10	13	11	0	0	0	0	0	21	
Franke	Dennis	Bardowick	20	1	0	0	4	20	0	0	0	0	0	0	0	0	0	0	0	0	20	
Furmanski	Lukas		20	1	0	0	0	0	0	4	20	0	0	0	0	0	0	0	0	0	20	
Neckel	Robert	Aufbau Boizenburg	20	1	0	0	0	0	4	20	0	0	0	0	0	0	0	0	0	0	20	
Reinstorf	Henning	TSV Gellersen	20	1	0	0	0	0	0	0	0	0	0	0	0	0	0	4	20	0	20	
Sawallisch	Bernhard	TSV Bienenbüttel	20	1	0	0	0	0	0	0	0	0	0	4	20	0	0	0	0	0	20	
Schildwaechter	Matthias	Magdeburg	20	1	0	0	0	0	0	4	20	0	0	0	0	0	0	0	0	0	20	
Drawe	Nils	TuS Hohnstorf Basketball	19	1	0	0	0	0	0	5	19	0	0	0	0	0	0	0	0	0	19	
Meyer	Daniel		19	1	0	0	0	0	0	0	0	0	0	5	19	0	0	0	0	0	19	
Rosenberg	Tilmann	MTV Lüneburg	19	1	0	0	0	0	0	0	0	0	0	0	5	19	0	0	0	0	19	
Schulze	Bennet		19	1	0	0	0	0	0	0	0	0	0	0	0	0	0	5	19	0	19	
Wiegert	Jannik	Lüneburg	19	1	0	0	0	0	0	0	0	0	0	5	19	0	0	0	0	0	19	
Altenrath	Jan-Christian	Lüneburg	18	1	0	0	0	0	0	0	0	0	0	6	18	0	0	0	0	0	18	
Bardtke	Janos	MTV Treubund Lüneburg	18	1	6	18	0	0	0	0	0	0	0	0	0	0	0	0	0	0	18	
Hegermann	Kevin	Bleckede	18	1	0	0	0	0	0	0	0	6	18	0	0	0	0	0	0	0	18	
Heidelk	Ole		18	1	0	0	0	0	0	0	0	0	0	6	18	0	0	0	0	0	18	
Heg(y)ermann	Kevin		18	1	0	0	0	0	0	0	0	6	18	0	0	0	0	0	0	0	18	
Unger	Rayk	Team Erdinger Alkoholfrei	18	1	0	0	0	0	0	6	18	0	0	0	0	0	0	0	0	0	18	
Abraham	Nico	Hohnstorf	17	1	0	0	0	0	0	7	17	0	0	0	0	0	0	0	0	0	17	
Brederlow	Andy	Inform Fitness	17	1	0	0	0	0	0	0	7	17	0	0	0	0	0	0	0	0	17	
Lemke	Johannes	Bene-Lauf-Hasen	17	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	7	17	17	
Quentin	Sebastian	LT TSV Bienenbüttel	17	1	7	17	0	0	0	0	0	0	0	0	0	0	0	0	0	0	17	
Schlussus	Jan	Gref Club Sottrum	17	1	0	0	0	0	0	0	0	0	0	7	17	0	0	0	0	0	17	
Hillmann	Lennart		16	1	0	0	8	16	0	0	0	0	0	0	0	0	0	0	0	0	16	
Schwinge	Bernd	Bad Bevensen	16	1	0	0	0	0	0	0	0	0	0	8	16	0	0	0	0	0	16	
Borchardt	Bastian	Lunatic e.V.	15	1	0	0	0	0	0	0	0	0	0	9	15	0	0	0	0	0	15	
Dwenger	Daniel	sfa-Team / Heidschnucken	15	1	9	15	0	0	0	0	0	0	0	0	0	0	0	0	0	0	15	
Kathri	Manoj	VFL Geesthacht	15	1	0	0	0	0	0	9	15	0	0	0	0	0	0	0	0	0	15	
Groffmann	Jan		14	1	10	14	0	0	0	0	0	0	0	0	0	0	0	0	0	0	14	
Hüttig	Daniel	XXL-Fighter Anno 1900	14	1	0	0	0	0	0	10	14	0	0	0	0	0	0	0	0	0	14	
Sepngang	Bruno Kezeya		14	1	0	0	0	0	0	0	0	10	14	0	0	0	0	0	0	0	14	
Heerens	Christian		13	1	0	0	0	0	0	11	13	0	0	0	0	0	0	0	0	0	13	
Marshland	Alex		13	1	0	0	0	0	0	0	0	0	0	11	13	0	0	0	0	0	13	
Matzen	Miklas		13	1	11	13	0	0	0	0	0	0	0	0	0	0	0	0	0	0	13	
Lehmann	Nico	Breselenz	12	1	0	0	0	0	0	12	12	0	0	0	0	0	0	0	0	0	12	
Lorenz	Tim	Tri&Run Neustadt-Glewe	12	1	0	0	0	0	0	0	12	12	0	0	0	0	0	0	0	0	12	
Fricke	Nick	VfL Lüneburg	11	1	13	11	0	0	0	0	0	0	0	0	0	0	0	0	0	0	11	
Prange	Julian	RSC Lüneburg	11	1	0	0	0	0	0	0	0	13	11	0	0	0	0	0	0	0	11	
Schaal	Florian		10	1	0	0	0	0	0	0	0	0	0	14	10	0	0	0	0	0	10	
Cordes	Nicolas		9	1	15	9	0	0	0	0	0	0	0	0	0	0	0	0	0	0	9	
Williams	Turner		9	1	0	0	0	0	0	0	0	0	0	15	9	0	0	0	0	0	9	
Borowski	Rasmus	Deutsch Evern	8	1	0	0	0	0	0	0	0	0	0	0	16	8	0	0	0	0	8	
Dierks	Marco	VfL Bleckede	8	1	16	8	0	0	0	0	0	0	0	0	0	0	0	0	0	0	8	
Rieckmann	Julian	Deutsch Evern	7	1	0	0	0	0	0	0	0	0	0	0	17	7	0	0	0	0	7	
Schmolke	Jan		7	1	17	7	0	0	0	0	0	0	0	0	0	0	0	0	0	0	7	
Rieß	Christian	Lüneburg	6	1	0	0	0	0	0	0	0	0	0	0	18	6	0	0	0	0	6	
Maly	Christian		5	1	0	0	0	0	0	0	0	0	0	0	19	5	0	0	0	0	5	
Baisch	Markus	PMK-Pflegedienst GmbH	3	1	0	0	0	0	0	0	0	0	0	23	3	0	0	0	0	0	3	
Dralle	Dominique	IKK Classic	3	1	0	0	0	0	0	0	0	0	0	22	3	0	0	0	0	0	3	
Engel	Sascha		3	1	0	0	0	0	0	0	0	0	0	21	3	0	0	0	0	0	3	
Altersklasse M 30 (Jahrg. 1981 + 1985)																						
Peutz	Dennis	Team Erdinger Alkoholfrei	166	7	2	23	2	23	1	25	0	0	4	20	0	0	1	25	1	25	1	25
Lauterschlag	Dennis	Lüneburger SV	123	5	1	25	1	25	0	0	1	25	0	0	0	2	23	0	0	1	25	123
Köllmann	Christian	Intersport Friedrich	185	9	3	21	4	20	2	23	1	25	8	16	7	17	5	19	2	23	3	21

Bojara	Robert	Bojara Runners	9	1	0	0	0	0	0	0	0	15	9	0	0	0	0	0	0	0	9	
Tödter	Vincent	LLH	9	1	0	0	0	0	0	15	9	0	0	0	0	0	0	0	0	0	9	
Harder	Sören	Westerau	8	1	0	0	0	0	0	16	8	0	0	0	0	0	0	0	0	0	8	
Beymann	Jan		7	1	0	0	0	0	0	0	0	0	0	17	7	0	0	0	0	0	7	
Gummersbach	Lorenz	Lüneburg	6	1	0	0	0	0	0	0	0	0	0	18	6	0	0	0	0	0	6	
Leverenz	Christopher	Lüneburg	5	1	0	0	0	0	0	0	0	0	0	19	5	0	0	0	0	0	5	
Stange	Martin	TSV Mechtersen/Vögelsen	4	1	0	0	0	0	0	0	0	0	0	20	4	0	0	0	0	0	4	
Grewe	Ulrich	SV Ilmenau	3	1	0	0	0	0	0	0	0	0	0	21	3	0	0	0	0	0	3	
Kalemm	Maik		3	1	0	0	0	0	0	0	0	0	0	23	3	0	0	0	0	0	3	
Altersklasse M 35 (Jahrg. 1976 + 1980)																						
Behrend	Sven	SV Scharnebeck	148	6	1	25	0	0	1	25	1	25	2	23	1	25	1	25	0	0	0	125
Degenstein	Viktor	Barendorf	117	5	0	0	1	25	3	21	2	23	0	0	2	23	0	0	1	25	0	117
Sevecke	Heinrich	SV Karze	135	6	3	21	1	25	2	23	1	25	0	0	4	20	0	0	0	0	3	115
Wolansky	Markus		114	5	2	23	2	23	1	25	2	23	0	0	0	0	0	0	0	0	4	114
Röhling	Alexander	Düvelsbrook Dynamics	150	8	0	0	10	14	5	19	3	21	5	19	5	19	5	19	2	23	8	16
Mannigel	Christian	Deichläufer	101	5	5	19	4	20	4	20	3	21	0	0	0	0	3	21	0	0	0	101
Wegener	Carsten	TuS Hohnstorf	115	6	8	16	9	15	4	20	4	20	0	0	3	21	0	0	0	0	2	100
Vorrath	Stefan	MTV Treubund Lüneburg	143	8	5	19	8	16	6	18	6	18	4	20	7	17	4	20	0	0	9	15
Grube	Bastian	Lüneburg	84	4	6	18	0	0	0	0	0	0	0	6	18	2	23	1	25	0	84	
Kowalik	Björn	TuS Brietlingen	78	6	0	0	13	11	0	0	0	7	17	25	3	6	18	3	21	16	8	75
Schulz	Martin		73	4	0	0	5	19	7	17	0	0	0	8	16	0	0	0	0	3	21	73
Vokuhl	André	Zombie Run Westergellersen	88	7	9	15	12	12	9	15	0	0	10	14	23	3	7	17	0	0	12	12
Helke	Christian		92	8	0	0	14	10	10	14	11	13	14	10	29	3	9	15	4	20	17	7
Rohlf's	Torben	Team Erdinger Alkoholfrei	71	3	0	0	0	0	0	0	0	0	0	2	23	1	25	0	0	2	23	71
Wolff	Manuel	TSV Auetal	67	3	2	23	2	23	3	21	0	0	0	0	0	0	0	0	0	0	0	67
Pohlmann	Christoph	Sport Jongleire Dreilingen	64	3	0	0	0	5	19	0	0	0	0	4	20	0	0	0	0	1	25	64
Ulbrich	Dennis	Lüneburger SV	50	2	0	0	0	0	0	0	0	0	0	1	25	0	0	0	0	1	25	50
Ditz	Helko	Brietlingen	46	3	0	0	0	0	0	9	15	0	0	16	8	0	0	2	23	0	0	46
Krause	Björn	SG Aufbau Boizenburg	44	2	0	0	0	0	0	0	0	0	0	3	21	2	23	0	0	0	0	44
Deutel	Ruben	Lüneburg	43	3	17	7	0	0	0	0	0	0	0	9	15	3	21	0	0	0	0	43
Nowak	Daniel	Meudelfitzer Runner's	32	2	13	11	3	21	0	0	0	0	0	0	0	0	0	0	0	0	0	32
Bojara	Daniel	Deutsch Evern	28	2	0	0	0	0	0	0	0	6	18	14	10	0	0	0	0	0	0	28
Marahrens	Hinrich		28	2	12	12	0	0	0	0	0	0	0	8	16	0	0	0	0	0	0	28
Bohnensteffen	Axel	MTV Rottorf	27	2	0	0	0	0	8	16	0	0	13	11	0	0	0	0	0	0	0	27
Junk	Christian	TuS Herta Betzendorf	26	2	0	0	0	0	0	0	0	0	11	13	0	0	0	0	0	11	13	26
Maschmeyer	Sebastian	LG Heringhausen	25	1	0	0	0	0	0	0	0	0	1	25	0	0	0	0	0	0	0	25
Seyffert	Stefan	Post sv	25	1	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
Haselhoff	Arend	VfL Lüneburg	23	1	0	0	0	0	2	23	0	0	0	0	0	0	0	0	0	0	0	23
Korn	Markus	Kiel	21	1	0	0	3	21	0	0	0	0	0	0	0	0	0	0	0	0	0	21
Nicolaisen	Einar	Fauske AK	21	1	3	21	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	21
Oesterreich	Lasse		21	1	0	0	0	0	0	0	0	0	3	21	0	0	0	0	0	0	0	21
Bouchain	Helge	SG HSH Nordbank	20	1	4	20	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	20
Ginschel	Tobias		20	1	0	0	0	0	0	4	20	0	0	0	0	0	0	0	0	0	0	20
Körner	Johannes		20	1	0	0	4	20	0	0	0	0	0	0	0	0	0	0	0	0	0	20
Richter	Jan	USC Kiel	20	1	4	20	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	20
Taubert	Sandro		20	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	4	20	20
Brennecke	Florian	Elbstorf	19	1	0	0	5	19	0	0	0	0	0	0	0	0	0	0	0	0	0	19
Dietz	Christian	MTV Amelinghausen	19	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	5	19
Kaiser	Simon	VfL Suderburg	19	1	0	0	0	0	0	0	0	0	0	5	19	0	0	0	0	0	0	19
Kuhn	Dino	Sport-As-Lüneburg	19	1	0	0	0	0	0	0	5	19	0	0	0	0	0	0	0	0	0	19
Römer	Florian	MTV Salzhause	19	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	5	19	19
Conrad	Michael		18	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	6	18	18
Diez	Alexander	IHK Lüneburg	18	1	6	18	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	18
Eckhard	Thomas	MTV Germania Stedum	18	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	6	18	18
Gerkens	Michael	Neuland	18	1	0	0	6	18	0	0	0	0	0	0	0	0	0	0	0	0	0	18
Parnitzky	Cliff	Triathlon Team Lüneburg	18	1	0	0	6	18	0	0	0	0	0	0	0	0	0	0	0	0	0	18
Zerisenay	Abraha	TuS Hohnstorf	18	1	0	0	0	0	6	18	0	0	0	0	0	0	0	0	0	0	0	18
Ziesenitz	Ingmar	Lüneburg	18	1	0	0	0	0	0	0	0	0	0	6	18	0	0	0	0	0	0	18
Alemeier	Sören	alternativ-pflege	17	1	0	0	0	0	7	17	0	0	0	0	0	0	0	0	0	0	0	17
Brämer	Marc	Adendorf	17	1	0	0	7	17	0	0	0	0	0	0	0	0	0	0	0	0	0	17
Dietrich	Sven	Team Grundschule Bardowick	17	1	0	0	0	0	0	7	17	0	0	0	0	0	0	0	0	0	0	17
Rumrich	Thomas	Hamburg	17	2	10	14	0	0	0	0	0	0	0	30	3	0	0	0	0	0	0	17
Stitz	Lars	Lüneburg	17	1	0	0	7	17	0	0	0	0	0	0	0	0	0	0	0	0	0	17
Uphoff	Jörg	Team Erdinger Alkoholfrei	17	1	7	17	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	17
Willmanns	Matthias		17	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	7	17	17

Witt	Karsten	Lüneburg	17	1	0	0	0	0	0	0	0	0	0	7	17	0	0	0	0	0	17
Zimmermann	Sten	SV Munster	17	1	7	17	0	0	0	0	0	0	0	0	0	0	0	0	0	0	17
Bütow	Nils	Landkreis Lüneburg	16	1	8	16	0	0	0	0	0	0	0	0	0	0	0	0	0	0	16
Dregger	Jürgen	Hamburg	16	1	0	0	0	0	0	8	16	0	0	0	0	0	0	0	0	0	16
Duscha	Stefan		16	1	0	0	0	0	0	0	0	0	0	0	8	16	0	0	0	0	16
Guretzki	Lars		16	1	0	0	0	0	8	16	0	0	0	0	0	0	0	0	0	0	16
Schmidt-Rusnak	Kai	TV Welle	16	1	0	0	0	0	0	0	8	16	0	0	0	0	0	0	0	0	16
Bolk	Markus		15	1	9	15	0	0	0	0	0	0	0	0	0	0	0	0	0	0	15
Gerstmann	Eric	NAK Roadrunners	15	1	0	0	0	0	0	0	0	0	0	9	15	0	0	0	0	0	15
Rekos	Jakub	TuS Herta Betzendorf	15	1	0	0	0	0	0	0	0	9	15	0	0	0	0	0	0	0	15
Kirck	Guntmar		14	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	10	14	14
Lewandowski	Szymon		14	1	0	0	0	0	0	0	0	0	10	14	0	0	0	0	0	0	14
Oehr	Daniel	Hannover	14	1	0	0	0	0	0	0	0	0	10	14	0	0	0	0	0	0	14
Rache	Rene	Die Rennschnecken	14	1	0	0	0	0	0	10	14	0	0	0	0	0	0	0	0	0	14
Schimpf	Hartmut	TSV Adendorf	14	1	0	0	0	0	0	0	0	0	0	0	10	14	0	0	0	0	14
Wellner	Ulrich		14	1	10	14	0	0	0	0	0	0	0	0	0	0	0	0	0	0	14
Czyperek	Gunnar		13	1	11	13	0	0	0	0	0	0	0	0	0	0	0	0	0	0	13
Erdtmann	Achim	Scharnebeck	13	1	0	0	11	13	0	0	0	0	0	0	0	0	0	0	0	0	13
Matthiesen	Lars	Elbletics	13	1	0	0	0	0	0	0	0	0	11	13	0	0	0	0	0	0	13
May	Björn	Lüneburg	13	1	0	0	0	0	0	0	0	0	11	13	0	0	0	0	0	0	13
Bartyrshin	Daniel		12	1	0	0	0	0	0	0	12	12	0	0	0	0	0	0	0	0	12
Herk	Michael	Waldkindergarten Wurzelzwe	12	1	0	0	0	0	0	12	12	0	0	0	0	0	0	0	0	0	12
Kauker	Michael		12	1	0	0	0	0	0	0	0	0	12	12	0	0	0	0	0	0	12
Peetz	Matthias	Schwerin	12	1	0	0	0	0	0	0	0	0	12	12	0	0	0	0	0	0	12
Heinze	Martin		11	1	0	0	0	0	0	13	11	0	0	0	0	0	0	0	0	0	11
Kaeding	Tobias	Lüneburg	11	1	0	0	0	0	0	0	0	0	13	11	0	0	0	0	0	0	11
Podlucky	Johannes	TuS Reppenstedt	11	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	13	11	11
Sibum	Jens		11	1	0	0	0	0	0	0	0	0	13	11	0	0	0	0	0	0	11
Abraha	Zensenay	TuS Hohnstorf	10	1	14	10	0	0	0	0	0	0	0	0	0	0	0	0	0	0	10
Hupfeld	Sascha	4 fun	10	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	14	10	10
Meid	Patrick	Tri Team Lüneburg	9	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	15	9	9
Röhrs	Dennis	Lüneburg	9	1	0	0	0	0	0	0	0	0	15	9	0	0	0	0	0	0	9
Wagner	Michael		9	1	15	9	0	0	0	0	0	0	0	0	0	0	0	0	0	0	9
Hetzer	Ralf	SV Munster	8	1	16	8	0	0	0	0	0	0	0	0	0	0	0	0	0	0	8
Möller	Sven	Bienenbüttel	7	1	0	0	0	0	0	0	0	0	17	7	0	0	0	0	0	0	7
Meyer	Sebastian		6	1	0	0	0	0	0	0	0	0	18	6	0	0	0	0	0	0	6
Ohlhoff	Kim Chang	erst saufen dann laufen	6	1	18	6	0	0	0	0	0	0	0	0	0	0	0	0	0	0	6
Bunsen	Sven	Sport-Team Lüneburg	5	1	0	0	0	0	0	0	0	0	19	5	0	0	0	0	0	0	5
Klay	Moritz	Sport-Team Lüneburg	4	1	0	0	0	0	0	0	0	0	20	4	0	0	0	0	0	0	4
Brunner	Maik		3	1	0	0	0	0	0	0	0	0	26	3	0	0	0	0	0	0	3
Evers	Maik	Team Grundschule Bardowick	3	1	0	0	0	0	0	0	0	0	32	3	0	0	0	0	0	0	3
Hennig	Jens	Lüneburg	3	1	0	0	0	0	0	0	0	0	24	3	0	0	0	0	0	0	3
Lampe	Marco	Freie Sportfreunde 03	3	1	0	0	0	0	0	0	0	0	27	3	0	0	0	0	0	0	3
Pflüger	Clemens	Lüneburg	3	1	0	0	0	0	0	0	0	0	33	3	0	0	0	0	0	0	3
Rohrbach	Daniel	Hohnstorf	3	1	0	0	0	0	0	0	0	0	31	3	0	0	0	0	0	0	3
Scharf	Carsten	Lüneburg	3	1	0	0	0	0	0	0	0	0	22	3	0	0	0	0	0	0	3
Smyrek	Robert	Lüneburg	3	1	0	0	0	0	0	0	0	0	28	3	0	0	0	0	0	0	3
Steckelberg	Hendrik	Lüneburg	3	1	0	0	0	0	0	0	0	0	21	3	0	0	0	0	0	0	3

Altersklasse M 40 (Jahrg. 1971 + 1975)

Ziellinski	Dieter		150	6	1	25	1	25	0	0	1	25	1	25	0	0	0	1	25	1	25	125	
Horn	Carsten	VfL Suderburg	123	5	0	0	0	0	0	0	1	25	0	0	1	25	1	25	2	23	1	25	123
Rode	Steffen	Lüneburger Heidehoppers	139	6	2	23	2	23	1	25	0	4	20	0	0	1	25	0	0	2	23	119	
Brötzmann	Jörg	TSV Bienenbüttel	162	8	7	17	4	20	2	23	3	21	0	0	4	20	6	18	1	25	6	18	109
Brüning	Detlef	LT Ilmenau	160	8	0	0	8	16	2	23	2	23	8	16	4	20	3	21	3	21	4	20	108
Heinrich	Mike	Dömitz	103	5	0	0	6	18	4	20	0	0	0	0	0	3	21	3	21	2	23	103	
Pöhl	Raik	Barendorf	118	6	0	0	5	19	3	21	3	21	0	0	7	17	4	20	4	20	0	0	101
Plesse	Frank		95	5	2	23	4	20	0	0	7	17	0	0	0	0	0	6	18	7	17	95	
Gerhus	Mario	SV Scharnebeck	99	6	17	7	7	17	0	0	5	19	0	0	6	18	4	20	6	18	0	0	92
Schmitt-Fahnert	Tassilo		126	9	23	3	16	8	7	17	11	13	13	11	9	15	5	19	5	19	3	21	91
Rössler	Michael	SV Scharnebeck	102	6	5	19	12	12	4	20	5	19	11	13	0	0	5	19	0	0	0	0	90
Seeger	Michael	TuS Herta Betzendorf	99	6	0	0	9	15	5	19	6	18	10	14	0	0	6	18	0	0	9	15	85
Lunow	Heiko	PzLehrBrig 9	101	7	0	0	12	12	5	19	6	18	12	12	14	10	10	14	8	16	0	0	79
Schuler	Andre	Embsen	76	5	7	17	11	13	0	0	9	15	0	0	10	14	7	17	0	0	0	0	76
Wolter	Andre	MTV Treubund Lüneburg	75	5	8	16	7	17	6	18	0	0	19	5	5	19	0	0	0	0	0	0	75
Flechtner	Thomas	Bockelsberg Rangers	84	6	9	15	10	14	0	0	8	16	14	10	9	15	0	0	0	0	10	14	74

Andar	Salim		12	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	12	12	12
Anderson	Jens	SG Aufbau Boizenburg	12	2	0	0	19	5	0	0	0	0	0	17	7	0	0	0	0	0	0	12
Plümer	Ralf	Triathl. Team Lbg:	12	1	12	12	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	12
Rieper	Martin	Lauenburg	12	1	0	0	0	0	0	0	12	12	0	0	0	0	0	0	0	0	0	12
Tubic	Marinko	Lüneburg	12	1	0	0	0	0	0	0	0	0	0	12	12	0	0	0	0	0	0	12
Franke	Mirko		11	1	0	0	0	0	13	11	0	0	0	0	0	0	0	0	0	0	0	11
Sasse	Matthias	TSV Gellersen	11	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	13	11	11
Steiger	Andreas	Sport-Team Lüneburg	11	1	0	0	0	0	0	0	0	0	0	13	11	0	0	0	0	0	0	11
Burmeister	Andreas		10	1	0	0	0	0	0	0	0	0	0	0	0	14	10	0	0	0	0	10
Krones	Kai	SV Eilmsen	10	1	0	0	14	10	0	0	0	0	0	0	0	0	0	0	0	0	0	10
Middelbeck	Jörg	Lüneburg	10	1	0	0	0	0	0	0	0	0	0	14	10	0	0	0	0	0	0	10
Jakobeit	Ronald	Daverdener Runners	9	1	15	9	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	9
Reppnack	Ingo	Bienenbüttel	9	1	0	0	15	9	0	0	0	0	0	0	0	0	0	0	0	0	0	9
Stremme	Björn		9	1	0	0	0	0	0	0	15	9	0	0	0	0	0	0	0	0	0	9
Hein	Christian	TuS Barendorf	8	1	0	0	0	0	0	0	0	0	0	16	8	0	0	0	0	0	0	8
Praast	Hans-Joachim		8	1	16	8	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	8
Skambath	Matthias	Lauftreff SV Ilmenau	8	1	16	8	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	8
Körner	Felix		7	1	0	0	17	7	0	0	0	0	0	0	0	0	0	0	0	0	0	7
Oththoft	Manfred		7	1	0	0	0	0	0	0	0	0	0	17	7	0	0	0	0	0	0	7
Philipp	Rainer		7	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	17	7
Streuber	Mario		7	1	0	0	0	0	0	0	0	17	7	0	0	0	0	0	0	0	0	7
Tönse	Ulf	TR Running Devison	7	1	17	7	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	7
Arnold	Sebastian	TSV Gellersen	6	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	18	6	6
Heidmann	Jens	SV Ilmenau	6	1	0	0	0	0	0	0	0	0	0	18	6	0	0	0	0	0	0	6
Malz	Sascha, Dr.	Ka-Tet der 19	6	2	0	0	0	0	0	0	0	24	3	0	0	0	0	0	0	24	3	6
Riehle	Jo	Frucht Gangster	6	1	18	6	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	6
Römisch	Oliver		6	1	18	6	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	6
Mörtl	Andreas	FC St. Pauli	5	1	0	0	0	0	0	0	0	0	0	19	5	0	0	0	0	0	0	5
Mügge-Thielker	Bernd	Lüneburg	5	1	0	0	0	0	0	0	0	0	0	19	5	0	0	0	0	0	0	5
Stemmer	Harm	FFB Jesteburg	5	1	19	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	5
Streiber	Axel	Streiber-Nilsson	5	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	19	5	5
Evers	Karsten	ASPA Wolfsburg	4	1	20	4	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	4
Lemmen	Carsten	Hermann Löns Schule Lbg.	4	1	0	0	0	0	0	0	0	0	0	20	4	0	0	0	0	0	0	4
Ahlers	Michael		3	1	0	0	0	0	0	0	0	21	3	0	0	0	0	0	0	0	0	3
Bobrick	Matthias		3	1	0	0	0	0	0	0	0	0	21	3	0	0	0	0	0	0	0	3
Chrostowski	Andreas	LT Eickum	3	1	0	0	0	0	0	0	0	0	23	3	0	0	0	0	0	0	0	3
Danylenko	Andriy, Dr.	Magdeburg	3	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	21	3	3
Göller	Thomas	TSV Gellersen	3	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	23	3	3
Hansen	Dirk		3	1	22	3	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	3
Höpfner	Maik	Bardowick	3	1	0	0	0	0	0	0	0	0	21	3	0	0	0	0	0	0	0	3
Kühl	Karsten		3	1	21	3	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	3
Pallasch	Gerald		3	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	22	3	3
Schneemann	Okke	Gymnasium Oedeme	3	1	0	0	0	0	0	0	0	0	24	3	0	0	0	0	0	0	0	3
Altersklasse M 45 (Jahrg. 1966 + 1970)																						
Ehlert	Volker	MTV Pattensen	163	7	1	25	1	25	0	0	0	3	21	2	23	2	23	2	23	2	23	119
Wilsdorf	Torsten		172	8	7	17	1	25	0	2	23	5	19	4	20	2	23	1	25	4	20	116
Allmer	Hartwig	TuS Barendorf	190	9	4	20	3	21	1	25	2	23	7	17	3	21	3	21	3	21	3	111
Ranzau	Mirko	TuS Hohnstorf	127	7	11	13	9	15	1	25	0	0	0	5	19	7	17	4	20	6	18	99
Seil	Matthias	VfL Bleckede	99	5	5	19	4	20	2	23	0	0	0	7	17	0	0	4	20	0	0	99
Schill	Andreas	XXL-Fighter Anno 1900	110	6	12	12	0	0	2	23	4	20	0	7	17	7	17	3	21	0	0	98
Pöthe	Thomas	Triathlon Team Lüneburg	92	5	8	16	8	16	0	0	6	18	3	21	3	21	0	0	0	0	0	92
Harms	Thomas		89	4	0	0	0	0	0	0	0	0	5	19	4	20	1	25	1	25	89	89
Grewe	Reinhold	Running Families	105	7	10	14	12	12	6	18	6	18	11	13	12	12	0	6	18	0	0	81
Koch	Andreas	SV Ilmenau	100	7	11	13	17	7	7	17	10	14	9	15	0	0	7	17	7	17	80	80
Jahnke	Rainer	Lauftreff Jahnke	75	3	0	0	0	0	0	1	25	0	0	1	25	1	25	0	0	0	0	75
Kohrs	Ingo	SSV Wardböhmen	71	4	6	18	0	0	0	0	0	8	16	0	0	5	19	0	0	6	18	71
Wesenick	Jonas	TuS Herta Betzendorf	68	5	15	9	0	0	4	20	12	12	13	11	0	8	16	0	0	0	0	68
Meyer	Thomas	TSV Ilmer Weg	65	5	14	10	16	8	5	19	0	0	0	15	9	0	5	19	0	0	0	65
Erdmann	Kai	SV Ilmenau	77	7	0	0	19	5	10	14	15	9	14	10	14	10	11	13	8	16	0	63
Bechert	Frank	TuS Brietlingen	79	8	14	10	24	3	14	10	0	0	16	8	17	7	10	14	10	14	11	61
Albers	Peter	SV Ehlbeck	60	4	0	0	0	0	0	0	0	0	0	13	11	5	19	9	15	9	15	60
Naß	Holger	LLH	71	8	19	5	26	3	20	4	10	14	15	9	13	11	10	14	0	0	13	59
Jacob	Arne	LT Bienenbüttel	57	3	0	0	0	0	0	4	20	0	0	0	6	18	5	19	0	0	0	57
Bitthöfer	Mike	Düvelsbrook Dynamics	50	3	0	0	0	0	0	5	19	0	0	0	9	15	0	0	8	16	50	50
Breitschuh	Gernot	FG Tangendorf	50	2	1	25	0	0	0	0	0	0	0	0	0	0	0	0	1	25	50	50

Bewersdorf	Koryl		14	1	10	14	0	0	0	0	0	0	0	0	0	0	0	0	0	0	14
Harms	Bert	LG Brunsberg	14	1	0	0	10	14	0	0	0	0	0	0	0	0	0	0	0	0	14
Lenk	Karsten	Reitverein Berlin-Pichelsberg	14	1	0	0	0	0	0	0	0	10	14	0	0	0	0	0	0	0	14
Ottmüller	Nico	Düvelsbrook Dynamics	14	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	10	14	14
Tödter	Stephan	Lüneburg	14	1	0	0	0	0	0	0	0	0	0	10	14	0	0	0	0	0	14
Grotheer	Jörn	BEGRO	13	1	0	0	0	0	0	0	11	13	0	0	0	0	0	0	0	0	13
Heilmann	Dirk		13	2	0	0	0	0	0	0	0	0	0	22	3	14	10	0	0	0	13
Kalt	Stefan		13	2	0	0	0	0	0	0	28	3	0	0	0	0	0	0	14	10	13
Soetebeer	Stephan	XXL-Fighter Anno 1900	13	1	0	0	0	0	11	13	0	0	0	0	0	0	0	0	0	0	13
Ueckermann	Arne		13	1	0	0	11	13	0	0	0	0	0	0	0	0	0	0	0	0	13
Epke	Manuel	LKC Lüneburg	12	1	0	0	12	12	0	0	0	0	0	0	0	0	0	0	0	0	12
Koops	Andreas	Düvelsbrook Dynamics	12	4	23	3	31	3	0	0	0	21	3	27	3	0	0	0	0	0	12
Krüger	Torsten	LT Lorsch	12	1	0	0	0	0	0	0	0	0	0	0	12	12	0	0	0	0	12
Laser	Jörg	Kensho Lüneburg	12	1	12	12	0	0	0	0	0	0	0	0	0	0	0	0	0	0	12
Meyer-Hermann	Hans	SC Seevetal e.V.	12	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	12	12	12
Mollenhauer	Michael	LüneCom	12	2	15	9	27	3	0	0	0	0	0	0	0	0	0	0	0	0	12
Peters	Werner	MTV/Treibund Lüneburg	12	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	12	12	12
Wendland	Jörn		12	1	0	0	0	0	0	0	0	12	12	0	0	0	0	0	0	0	12
Fender	John Paul	LG Ludwigslust	11	1	13	11	0	0	0	0	0	0	0	0	0	0	0	0	0	0	11
Glaser	Christian	Seevetal	11	1	0	0	13	11	0	0	0	0	0	0	0	0	0	0	0	0	11
Lienen	Peter		11	1	0	0	0	0	0	0	0	0	0	0	0	0	13	11	0	0	11
Scharmweber	Heiko		11	1	0	0	0	0	0	13	11	0	0	0	0	0	0	0	0	0	11
Brechtel-Brauny	Arne	VfL Bleckede	10	1	0	0	0	0	0	0	0	0	0	0	0	0	14	10	0	0	10
Petersen	Claus	FG Tangendorf	10	1	0	0	14	10	0	0	0	0	0	0	0	0	0	0	0	0	10
Wittlinger	Hans	VfL Jesteburg	10	1	0	0	0	0	0	0	0	0	0	0	0	0	0	14	10	0	10
Ballay	Klaus	Eisenvater	9	1	0	0	0	0	0	0	0	0	15	9	0	0	0	0	0	0	9
Hildebrandt	Thomas	Sportgruppe Lintzel-Brock.	9	2	18	6	23	3	0	0	0	0	0	0	0	0	0	0	0	0	9
Schröder	Sebastian		9	1	0	0	0	0	0	0	0	0	0	0	0	0	0	15	9	0	9
Gerdau	Torsten	Lüneburg	8	1	0	0	0	0	0	0	0	0	0	16	8	0	0	0	0	0	8
Münster	Markus	JogMap S-H	8	1	16	8	0	0	0	0	0	0	0	0	0	0	0	0	0	0	8
Voges	Frank	TSV Nettelrede	8	1	0	0	0	0	0	0	0	0	0	0	0	0	0	16	8	0	8
Zimmerling	Klaus		8	1	0	0	0	0	0	0	0	0	16	8	0	0	0	0	0	0	8
Harms	Jürgen	VfL Lüneburg	7	1	0	0	0	0	17	7	0	0	0	0	0	0	0	0	0	0	7
Hartmann	Kai	BGZerstMölders	7	1	0	0	0	0	0	0	0	0	0	0	17	7	0	0	0	0	7
Henning	Christian	Deutsch Evern	7	1	0	0	0	0	0	0	0	0	0	17	7	0	0	0	0	0	7
Klemmer	Frank	Dahlenburger SK	7	1	17	7	0	0	0	0	0	0	0	0	0	0	0	0	0	0	7
Klymant	Axel		7	1	17	7	0	0	0	0	0	0	0	0	0	0	0	0	0	0	7
Pofahl	Andreas		7	1	0	0	17	7	0	0	0	0	0	0	0	0	0	0	0	0	7
Allerding	Dirk	Stolpertruppe Winsen	6	1	0	0	0	0	18	6	0	0	0	0	0	0	0	0	0	0	6
Bockelmann	Michael		6	2	0	0	33	3	22	3	0	0	0	0	0	0	0	0	0	0	6
Boeck	Roman		6	1	0	0	0	0	0	0	0	0	18	6	0	0	0	0	0	0	6
Breitenfeld	Olaf	LLH	6	2	22	3	28	3	0	0	0	0	0	0	0	0	0	0	0	0	6
Drewes	Jürgen	LLH Amelinghausen	6	2	0	0	0	0	0	27	3	0	0	38	3	0	0	0	0	0	6
Grimlowski	Manuel	Lüneburger Kanu Club	6	1	18	6	0	0	0	0	0	0	0	0	0	0	0	0	0	0	6
Kruse	Volker	Vierhöfen	6	2	22	3	29	3	0	0	0	0	0	0	0	0	0	0	0	0	6
Meyer	Jens		6	1	0	0	18	6	0	0	0	0	0	0	0	0	0	0	0	0	6
Sartisohn	Mike-Olaf		6	1	0	0	0	0	0	0	0	0	0	0	0	0	0	18	6	0	6
Becker	Cord	Fieser Ausdauerlauf Holdenstr	5	1	19	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0	5
Mahnke	Holger		5	1	0	0	0	0	0	0	0	0	0	0	0	0	0	19	5	0	5
Hensel	Thomas	Hermann-Löns-Schule Lbg.	4	1	0	0	0	0	0	0	0	0	0	20	4	0	0	0	0	0	4
Peter	Andreas		4	1	20	4	0	0	0	0	0	0	0	0	0	0	0	0	0	0	4
Stellmann	Thorsten	LG Bayern-Scheune	4	1	0	0	0	0	0	0	0	20	4	0	0	0	0	0	0	0	4
Weber	Thomas	TSV Empor Zarrentin	4	1	0	0	0	0	0	0	20	4	0	0	0	0	0	0	0	0	4
Bahr	Michael	THW Lüneburg	3	1	26	3	0	0	0	0	0	0	0	0	0	0	0	0	0	0	3
Bettels	Markus	LLH	3	1	0	0	0	0	0	29	3	0	0	0	0	0	0	0	0	0	3
Bielefeld	Uwe	Bienenbüttel	3	1	0	0	0	0	0	0	0	0	35	3	0	0	0	0	0	0	3
Bigalke	Frank	MTV Römstedt	3	1	0	0	30	3	0	0	0	0	0	0	0	0	0	0	0	0	3
Bruns	Dirk	Triathlon Team Lüneburg	3	1	0	0	21	3	0	0	0	0	0	0	0	0	0	0	0	0	3
Buntenkötter	Matthias	MTV Treubund Lüneburg	3	1	0	0	0	0	0	0	0	0	0	36	3	0	0	0	0	0	3
Crone	Peter	TV Jahn Schneverdingen	3	1	21	3	0	0	0	0	0	0	0	0	0	0	0	0	0	0	3
Düffert	Mark	Sparkasse Lüneburg	3	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	21	3	3
Eisele	Sascha	MTV Himmelpforten	3	1	0	0	32	3	0	0	0	0	0	0	0	0	0	0	0	0	3
Erwin	Wolfgang	Heidschnecken	3	1	27	3	0	0	0	0	0	0	0	0	0	0	0	0	0	0	3
Gajewski	Mirco	3maedelhaus	3	1	0	0	35	3	0	0	0	0	0	0	0	0	0	0	0	0	3
Gienke	Malte	David Communication	3	1	0	0	0	0	0	0	0	0	24	3	0	0	0	0	0	0	3

Grabowski	Udo	Glüsingen	3	1	0	0	0	0	0	0	0	0	0	0	34	3	0	0	0	0	0	0	3
Herkenhoff	Jörg	OC Lbg. E.V. Im ADAC	3	1	0	0	0	0	0	0	21	3	0	0	0	0	0	0	0	0	0	0	3
Hirschberg	Maik	Bienenbüttel	3	1	0	0	0	0	0	0	0	0	0	0	30	3	0	0	0	0	0	0	3
Jedamski	Sven	PMK-Pflegedienst GmbH	3	1	0	0	0	0	0	0	0	0	0	0	25	3	0	0	0	0	0	0	3
Kattenstroh	Andreas	Lüneburg	3	1	0	0	0	0	0	0	0	0	0	0	23	3	0	0	0	0	0	0	3
Klein	Dirk	MTV Amelinghausen	3	1	24	3	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	3
Koch	Jan	Laufen gegen Leiden	3	1	0	0	0	0	0	0	0	0	0	0	29	3	0	0	0	0	0	0	3
Kröger	Jan	TSV Bardowick	3	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	23	3	3
Lampe	Matthias	Adendorf	3	1	0	0	0	0	0	0	30	3	0	0	0	0	0	0	0	0	0	0	3
Madaus-Jochen	Jens	FSC Kaltenkirchen	3	1	0	0	0	0	0	0	0	0	23	3	0	0	0	0	0	0	0	0	3
Prost	Borris	Waldkindergarten 2002 e.V.	3	1	0	0	0	0	0	0	24	3	0	0	0	0	0	0	0	0	0	0	3
Reimers	Jens		3	1	0	0	0	0	23	3	0	0	0	0	0	0	0	0	0	0	0	0	3
Reising	Marcel	erst laufen dann saufen	3	1	24	3	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	3
Sauerbaum	Jörg		3	1	0	0	0	0	0	0	22	3	0	0	0	0	0	0	0	0	0	0	3
Schroeder	Juergen	Ruder-Club Wiking e.V.	3	1	0	0	0	0	0	0	0	0	0	0	32	3	0	0	0	0	0	0	3
Sievers	Matthias	Lüdersburg	3	1	0	0	0	0	0	0	0	0	0	0	28	3	0	0	0	0	0	0	3
Voß	Rüdiger		3	1	0	0	0	0	0	0	0	0	0	0	31	3	0	0	0	0	0	0	3
Wache	Axel		3	1	21	3	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	3
Weber	Ralf		3	1	25	3	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	3

Altersklasse M 50 (Jahrg. 1961 + 1965)

Junghans	Thomas	Düvelsbrook Dynamics	150	6	1	25	1	25	1	25	0	0	0	0	0	1	25	1	25	1	25	125	
Menke	Christian	TSV Altenmedingen	213	9	1	25	3	21	2	23	1	25	1	25	1	25	2	23	2	23	2	23	123
Frischmuth	Matthias	Sport AS Lüneburg	167	7	3	21	1	25	2	23	1	25	0	0	2	23	0	0	1	25	1	25	123
Erdtmann	Knut	TuS Hohnstorf	190	9	4	20	3	21	3	21	4	20	3	21	2	23	3	21	4	20	2	23	109
Mosel	Wolfgang	Aufbau Boitzenburg	103	5	0	0	2	23	17	7	2	23	0	0	1	25	1	25	0	0	0	0	103
Safft	Andreas	Duvelsbrook Dynamics	113	6	0	0	5	19	7	17	5	19	0	0	4	20	5	19	0	0	5	19	96
Bausch	Stefan	Team Erdinger Alkoholfrei	103	6	7	17	8	16	0	0	0	0	0	0	12	12	6	18	2	23	7	17	91
Könnecke	Hans	TuS Herta Betzendorf	129	8	14	10	8	16	9	15	7	17	6	18	7	17	0	0	4	20	8	16	88
Bieber	Dirk	BSG Justiz Hamburg	110	7	11	13	9	15	0	0	11	13	0	0	8	16	4	20	6	18	9	15	84
Sternbach-Stark	Norbert		120	8	0	0	10	14	10	14	9	15	8	16	6	18	11	13	5	19	13	11	82
Suhm	Michael	TSV Bienenbüttel	90	6	0	0	9	15	11	13	8	16	0	0	13	11	10	14	3	21	0	0	79
Sturm	Jörg		94	7	0	0	11	13	15	9	0	0	13	11	11	13	6	18	8	16	10	14	74
Materne	Hartmut	Die Patchworker	77	6	19	5	11	13	12	12	0	0	0	0	8	16	12	12	5	19	0	0	72
Kupper	Frank	Post SV Buxtehude	71	3	2	23	2	23	1	25	0	0	0	0	0	0	0	0	0	0	0	0	71
Bickel	Klaus	Running Families	65	4	12	12	7	17	6	18	6	18	0	0	0	0	0	0	0	0	0	0	65
Fox	Holger	VfL Bleckede	63	3	0	0	0	0	3	21	3	21	0	0	0	0	0	0	3	21	0	0	63
Ingmann	Kai-Michael		63	3	0	0	0	0	4	20	2	23	4	20	0	0	0	0	0	0	0	0	63
Kurfürst	Uwe	Lauf Wyker TB	63	3	0	0	5	19	0	0	0	0	0	0	0	2	23	0	0	3	21	63	
Rosenbaum	Thomas	FC St. Pauli	62	3	0	0	0	0	4	20	3	21	0	0	3	21	0	0	0	0	0	0	62
Hacker	Hartmut	der Dahlenburger Ford-Service	57	3	5	19	0	0	5	19	5	19	0	0	0	0	0	0	0	0	0	0	57
Otte	Carsten		68	7	0	0	0	0	16	8	9	15	11	13	19	5	16	8	11	13	18	6	57
Sauke-Gensow	Ulrich	TSV Adendorf	57	5	15	9	0	0	13	11	0	0	0	0	16	8	13	11	6	18	0	0	57
Frohloff	Uwe	SV Scharnebeck	53	3	8	16	0	0	5	19	0	0	0	0	6	18	0	0	0	0	0	0	53
Lühmann	Martin	XXL-Fighter Anno 1900	49	5	16	8	0	0	15	9	12	12	0	0	14	10	14	10	0	0	0	0	49
Romich	Ingo	Thomasburger SV	46	4	0	0	13	11	0	0	0	0	12	12	0	0	18	6	7	17	0	0	46
Jahneke	Jörg		44	5	24	3	16	8	9	15	0	0	0	0	9	15	0	0	0	0	21	3	44
Ochmann	Michael	TSV Gellersen	41	2	0	0	4	20	0	0	0	0	0	0	3	21	0	0	0	0	0	0	41
Reimann	Wolfgang	VfL-Jesteburg	40	2	4	20	4	20	0	0	0	0	0	0	0	0	0	0	0	0	0	0	40
Kalisch	Günter	Kensho Lüneburg	38	2	6	18	0	0	0	0	0	0	0	0	0	0	0	0	0	0	4	20	38
Steenfatt	Thomas	LSK Lüneburg	38	4	18	6	0	0	16	8	13	11	0	0	0	0	0	0	0	0	11	13	38
Bullinger	Thomas		37	2	0	0	0	0	0	0	0	0	0	0	4	20	7	17	0	0	0	0	37
Klement	Christian	TSV Adendorf	37	4	0	0	12	12	14	10	0	0	0	0	18	6	15	9	0	0	0	0	37
Rieckmann	Michael		35	5	21	3	0	0	19	5	27	3	17	7	0	0	7	17	0	0	0	0	35
Wiehen	Swen	MTV Treubund Lüneburg	34	2	0	0	0	0	8	16	6	18	0	0	0	0	0	0	0	0	0	0	34
Bludau	Guido	LG Brunsberg	32	2	10	14	6	18	0	0	0	0	0	0	0	0	0	0	0	0	0	0	32
Hoops	Uwe	MTV Amelinghausen LT	32	2	0	0	0	0	8	16	0	0	0	0	0	0	0	0	0	0	8	16	32
Koschwitz	Bernd	Dahlenburger SK	32	5	0	0	0	0	0	0	15	9	0	0	21	3	19	5	12	12	23	3	32
Kraaz	Udo	Uelzen	32	3	13	11	0	0	0	0	0	0	0	0	20	4	0	0	7	17	0	0	32
Bornemann	Thomas	TuS Herta Betzendorf	31	5	26	3	20	4	18	6	0	0	0	0	0	23	3	9	15	0	0	31	
Schaldach	Gerd	BSG EON Hanse	31	2	0	0	0	0	10	14	7	17	0	0	0	0	0	0	0	0	0	0	31
Heyenga	Jens	Ein Lüneburger	36	7	23	3	17	7	22	3	23	3	0	0	26	3	21	3	10	14	0	0	30
Mehlfeld	Thorsten	Lübecker SC	30	2	0	0	10	14	0	0	8	16	0	0	0	0	0	0	0	0	0	0	30
Stolze	Olaf	FV Dittmern	30	4	0	0	0	0	18	6	17	7	0	0	0	17	7	0	0	14	10	30	
Hunger	Reinhard	E.ON	25	2	0	0	0	0	0	0	11	13	0	0	12	12	0	0	0	0	0	0	25
Kay	Matthias	MTV Amelinghausen	24	4	22	3	0	0	21	3	0	0	0	0	22	3	0	0	9	15	0	0	24

Maak	Hans-Heinrich		25	1	0	0	0	0	0	0	0	1	25	0	0	0	0	0	0	0	0	0	25
Jeschke	Ottmar	LT Duvenstedt	23	1	0	0	0	0	0	0	2	23	0	0	0	0	0	0	0	0	0	0	23
Klaer	Welf-Heinrich	TSV Jahn Schneverdingen	23	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	2	23	23
Christmann	Oliver	Laufen im Alter	21	1	0	0	3	21	0	0	0	0	0	0	0	0	0	0	0	0	0	0	21
Eglinsky	Burkard	TSG Wittenburg e.V.	21	1	0	0	0	0	0	0	3	21	0	0	0	0	0	0	0	0	0	0	21
Rehmann	Friedrich	HSV Stöchte	21	1	3	21	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	21
Dose	Michael	Lübecker SC	20	1	0	0	4	20	0	0	0	0	0	0	0	0	0	0	0	0	0	0	20
Eggers	Helmut	MTV Bispingen	20	1	4	20	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	20
Neumann	Rolf	Laurensdorf	20	1	0	0	0	0	0	0	4	20	0	0	0	0	0	0	0	0	0	0	20
Turau	Volker	LG Brunsberg	20	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	4	20	20
Geerke	Jörg	Stolpertruppe Winsen	19	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	5	19	19
Rapelius	Klaus	Stolpertruppe Winsen	19	1	0	0	0	0	5	19	0	0	0	0	0	0	0	0	0	0	0	0	19
Salomon	Bernd	Tri-Team Lüneburg	19	1	0	0	0	0	0	0	5	19	0	0	0	0	0	0	0	0	0	0	19
Leschner	Peter	Reppenstedt	18	1	0	0	0	0	0	0	0	0	0	0	6	18	0	0	0	0	0	0	18
Lohmann	Jörn	VfL Jesteburg	18	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	6	18	18
Schwardt	Ulrich	Roter Stern Lübeck	18	1	0	0	6	18	0	0	0	0	0	0	0	0	0	0	0	0	0	0	18
Barthelmes	Manfred		17	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	7	17	17
Duester	Joachim	Oststeinbek	17	1	0	0	0	0	0	0	0	0	0	0	7	17	0	0	0	0	0	0	17
Hartmann	Franz	Lauftreff Geesthacht	17	1	0	0	7	17	0	0	0	0	0	0	0	0	0	0	0	0	0	0	17
Schmitz	Burkhard	Heidschnucken	17	1	7	17	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	17
Vater	Christoph	TC 76 Scharnebeck	17	1	0	0	0	0	0	0	0	0	0	0	0	7	17	0	0	0	0	0	17
Grünberg	Harald	SV Kravag	16	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	8	16	16
Hartmann	Udo		16	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	8	16	16
Putensen	Ulrich	FG Tangendorf	16	1	8	16	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	16
Schoeneich	Stefan	Scharnebeck	16	1	0	0	8	16	0	0	0	0	0	0	0	0	0	0	0	0	0	0	16
Schomerus	Thomas	Lüneburg	16	1	0	0	0	0	0	0	0	0	0	0	8	16	0	0	0	0	0	0	16
Andersen	Jens	VfL Lbg. Tauchabteilung Apno	15	1	0	0	0	0	0	0	0	0	0	0	9	15	0	0	0	0	0	0	15
Eller	Stefan	Sportfreunde Fuller	15	2	0	0	0	0	0	0	20	4	0	0	0	0	13	11	0	0	0	0	15
Gummert	Wolfgang	LT Quickborn-Ellerau	15	1	0	0	9	15	0	0	0	0	0	0	0	0	0	0	0	0	0	0	15
Krutof	Andreas		15	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	9	15	15
Piehl	Ullrich	TSV Mechtersen/Vögelsen	15	1	0	0	0	0	0	0	0	0	0	0	0	9	15	0	0	0	0	0	15
Raabe	Karl-Heinz	MTV Handorf	15	1	0	0	0	0	0	0	9	15	0	0	0	0	0	0	0	0	0	0	15
Roßmann	Bernd	Eddie Eagle Lüneburg	15	1	9	15	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	15
Fischer-Hornbostel	Lutz	Embsen	14	1	0	0	0	0	0	0	0	0	0	0	10	14	0	0	0	0	0	0	14
Reuter	Michael		14	1	10	14	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	14
Rinke	Manfred	LT Sachsenwald	14	1	0	0	0	0	0	10	14	0	0	0	0	0	0	0	0	0	0	0	14
Schlussus	Jürgen	Greif Club Sottrum	13	1	0	0	0	0	0	0	0	0	0	0	11	13	0	0	0	0	0	0	13
Tantzen	Relief	SV Hepstedt/Breddorf	13	1	11	13	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	13
Ernst	Michael	Adendorf	12	1	0	0	0	0	0	0	0	0	0	0	0	12	12	0	0	0	0	0	12
Kahlbohm	Uwe	MTV Bad Bevensen	12	1	12	12	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	12
Schumann	Michael		12	1	0	0	0	0	0	0	0	12	12	0	0	0	0	0	0	0	0	0	12
Stache	Joachim	Fieser Ausdauerlauf Holdenst	12	1	12	12	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	12
Bauer-Ohlberg	Alfons	MTV Treubund Lüneburg	10	1	0	0	0	0	0	14	10	0	0	0	0	0	0	0	0	0	0	0	10
Bomblat	Hans-Herbert		10	1	0	0	14	10	0	0	0	0	0	0	0	0	0	0	0	0	0	0	10
Petersen	Gerd	FG Tangendorf	10	1	14	10	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	10
Ernst	Michael		9	1	0	0	0	0	0	0	0	0	0	0	15	9	0	0	0	0	0	0	9
Menzel	Ulrich	KTG Hannover	9	1	15	9	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	9
Felmet	Siegmar	TSV Bienenbüttel	8	1	0	0	0	0	0	0	0	0	0	0	16	8	0	0	0	0	0	0	8
Ohlhagen	Jan		8	1	0	0	0	0	0	0	16	8	0	0	0	0	0	0	0	0	0	0	8
Büttner	Olaf W.	Team Erdinger Alkoholfrei	7	1	17	7	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	7
Groppler	Dieter	Düvelsbrook Dynamics	6	1	0	0	0	0	0	0	18	6	0	0	0	0	0	0	0	0	0	0	6
Wiese	Horst		6	1	18	6	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	6
Jäger	Hartmut	E.ON Energiebündel	5	1	0	0	0	0	0	0	0	0	0	0	19	5	0	0	0	0	0	0	5
Deller	Jürgen	Lüneburg	3	1	0	0	0	0	0	0	0	0	0	0	21	3	0	0	0	0	0	0	3
Janhsen	Guido	LT Eickum	3	1	0	0	0	0	0	0	0	0	0	0	22	3	0	0	0	0	0	0	3
Wulfmeyer	Dieter	LT Eickum	3	1	0	0	0	0	0	0	0	0	0	0	23	3	0	0	0	0	0	0	3
Altersklasse M 60 (Jahrg. 1951 + 1955)																							
Schmelter	Jörg	TuS Erbstorf	160	7	4	20	2	23	1	25	0	0	3	21	2	23	0	0	1	25	2	23	119
Vogt	Stephan	Freudenthalschule Soltau	153	7	0	0	4	20	2	23	2	23	4	20	0	1	25	2	23	5	19	114	114
Müsse	Wolfram	VfL Jesteburg	114	5	0	0	1	25	1	25	3	21	0	0	0	2	23	0	0	4	20	114	114
Müller	Gerhard	MTV Amelinghausen LT	104	5	0	0	3	21	0	0	1	25	0	0	5	19	3	21	0	0	6	18	104
Fortmann	Alex	TSV Stelle	98	4	1	25	0	0	2	23	1	25	0	0	0	1	25	0	0	0	0	0	98
Paul	Reiner	MTV Treubund Lüneburg	98	5	0	0	5	19	4	20	0	0	5	19	0	0	2	23	0	0	7	17	98
Finke	Rolf-Rüdiger	MTV Treubund Lüneburg	98	6	9	15	12	12	5	19	8	16	9	15	0	0	0	0	3	21	0	0	86
Rexhausen	Wolfgang	Thomasburger SV	77	5	0	0	10	14	0	0	6	18	7	17	11	13	0	0	0	9	15	77	77

Röper	Hans	TuS Bergen	75	3	1	25	0	0	0	0	0	0	1	25	0	0	0	0	0	1	25	75	
Cordes	Henry	VfL Fredenbeck	67	3	0	0	1	25	0	0	0	0	0	0	3	21	0	0	0	0	3	21	67
Stumpenhausen	Willhelm	MTV Treubund Lüneburg	52	3	6	18	8	16	0	0	0	0	6	18	0	0	0	0	0	0	0	0	52
Lange	Eckhard	SV Ehbeck	49	3	0	0	7	17	0	0	0	0	0	0	8	16	0	0	0	0	8	16	49
Leder	Rainhard	Uelzen	46	2	2	23	0	0	0	0	0	0	2	23	0	0	0	0	0	0	0	0	46
Erdmann	Otto	TSV Gellersen	41	2	0	0	0	0	3	21	4	20	0	0	0	0	0	0	0	0	0	0	41
Lüthje	Klaus	VfL Lohbrügge	38	2	6	18	0	0	0	0	4	20	0	0	0	0	0	0	0	0	0	0	38
Kück	Heinz	TSV Bremervörde	26	2	0	0	0	0	0	0	0	0	10	14	12	12	0	0	0	0	0	0	26
Beversdorff	Helmut	LT Eickum	25	1	0	0	0	0	0	0	0	0	0	0	1	25	0	0	0	0	0	0	25
Graubner	Rolf	Team Triathlon Hamburg	23	1	0	0	0	0	0	0	2	23	0	0	0	0	0	0	0	0	0	0	23
Mangold	Alfred	SV Unster	23	1	2	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	23
Weiß	Reiner	Stolpertruppe Winsen	23	1	0	0	2	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	23
Knaack	Juergen	GKSS, Hamburg	21	1	0	0	3	21	0	0	0	0	0	0	0	0	0	0	0	0	0	0	21
Nibbe	Hans-Dieter	BSV Buxtehude	21	1	0	0	0	0	0	0	0	0	0	0	0	3	21	0	0	0	0	0	21
Northe	Christian	TSV Hitzacker	21	1	0	0	0	0	3	21	0	0	0	0	0	0	0	0	0	0	0	0	21
Pilgrim	Eckhard	Uelzen	21	1	3	21	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	21
Schalk	Burgfried	TuS Hohnstorf	21	1	0	0	0	0	0	0	3	21	0	0	0	0	0	0	0	0	0	0	21
Stein	Klaus-Dieter	Jobcenter Lüneburg	21	1	3	21	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	21
Beyer	Martin	Ferner Liefen	20	1	4	20	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	20
Hagen	Frank	VfL Suderburg	20	1	0	0	0	0	0	0	0	0	0	0	4	20	0	0	0	0	0	0	20
Wolfgang	Knuth	Aufbau Boitzenburg	20	1	0	0	0	0	4	20	0	0	0	0	0	0	0	0	0	0	0	0	20
Baum	Gerd	Blau-Weiss Buchholz	19	1	5	19	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	19
Knebel	Norbert	SC Soltau	19	1	5	19	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	19
Pöhls	Wolfgang	Lauf Line Team Göttingen	19	1	0	0	0	0	0	0	5	19	0	0	0	0	0	0	0	0	0	0	19
Fischer	Wolfgang	Barendorf	18	1	0	0	6	18	0	0	0	0	0	0	0	0	0	0	0	0	0	0	18
Meier	Claus	Kirchgellersen	18	1	0	0	0	0	0	0	0	0	0	0	6	18	0	0	0	0	0	0	18
Haury	Rudi		17	1	0	0	0	0	0	0	7	17	0	0	0	0	0	0	0	0	0	0	17
Hillmer	Hans-Jürgen	Lauftreff TV Uelzen	17	1	7	17	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	17
Sauve	Alfons		17	1	0	0	0	0	0	0	0	0	0	0	7	17	0	0	0	0	0	0	17
Dohrn	Rainer	Hamburger Sportverein	16	1	8	16	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	16
Schütt	Matthias	LT Schürensöhlen	16	1	0	0	0	0	0	0	0	0	8	16	0	0	0	0	0	0	0	0	16
Günther	Bernhard	BSG Justiz Hamburg	15	1	0	0	0	0	0	0	9	15	0	0	0	0	0	0	0	0	0	0	15
Strunz	Peter	Blau Weis Buchholz	15	1	0	0	9	15	0	0	0	0	0	0	0	0	0	0	0	0	0	0	15
Trutzewitz	Wolfgang	Lüneburg	15	1	0	0	0	0	0	0	0	0	0	0	9	15	0	0	0	0	0	0	15
Heinkele	Peter		14	1	0	0	0	0	0	0	0	0	0	0	10	14	0	0	0	0	0	0	14
Heinrichsen	Karl-Heinz	Blau-Weiss Buchholz	13	1	0	0	11	13	0	0	0	0	0	0	0	0	0	0	0	0	0	0	13

Altersklasse M 65 (Jahrg. 1946 + 1950)

Pupacic	Mario	Lauftreff Lüneburg	123	5	1	25	1	25	1	25	2	23	0	0	0	0	0	0	0	1	25	123
Schultze	Heinz-Günter	MTV Amelinghausen LT	181	8	2	23	2	23	1	25	2	23	5	19	1	25	0	2	23	4	20	119
Archut	Jürgen	Sport AS	96	4	0	0	0	0	2	23	1	25	2	23	0	1	25	0	0	0	0	96
Rudat	Erhard	TSV Adendorf	85	4	3	21	0	0	3	21	4	20	0	0	2	23	0	0	0	0	0	85
Tewes	Klaus	LG vorklax Lüneburg	79	4	6	18	3	21	5	19	0	0	0	0	3	21	0	0	0	0	0	79
Jaunich	Volker	MTV Treubund Lüneburg	62	3	5	19	0	0	0	0	0	4	20	0	0	0	0	0	2	23	62	
Jansen	Norbert	TSV Adendorf	59	3	9	15	0	0	0	0	5	19	0	0	0	0	0	1	25	0	0	59
Niemann	Werner	VfL Luhetal	59	3	4	20	0	0	0	0	0	8	16	0	0	2	23	0	0	0	0	59
Rempel	Volker	LT Voklax Lüneburg	52	3	7	17	0	0	0	0	0	9	15	4	20	0	0	0	0	0	0	52
Dudeck	Hans-Joachim	LT-TVU-Uelzen	50	2	0	0	0	0	0	0	0	0	0	1	25	1	25	0	0	0	0	50
Reinhold	Hans	VfL Luhetal	50	2	1	25	1	25	0	0	0	0	0	0	0	0	0	0	0	0	0	50
Koop	Manfred	LT Geesthacht	40	2	0	0	4	20	4	20	0	0	0	0	0	0	0	0	0	0	0	40
Gensch	Jürgen		25	1	0	0	0	0	0	0	1	25	0	0	0	0	0	0	0	0	0	25
Maulbecker	Klaus		25	1	0	0	0	0	0	0	0	0	1	25	0	0	0	0	0	0	0	25
Meinert	Norbert		25	1	0	0	0	0	0	0	0	0	0	0	0	0	0	1	25	0	0	25
Engel	Jürgen	TSV Stelle	23	1	0	0	0	0	0	0	0	0	0	0	0	2	23	0	0	0	0	23
Würdemann	Jan	Stolpertruppe Winsen	23	1	0	0	2	23	0	0	0	0	0	0	0	0	0	0	0	0	0	23
Elmers	Manfred	SV Bliedersdorf	21	1	0	0	0	0	0	0	0	3	21	0	0	0	0	0	0	0	0	21
Mohn	Jürgen		21	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	3	21	21
Rahlf's	Günter	Stolpertruppe Winsen	21	1	0	0	0	0	0	0	3	21	0	0	0	0	0	0	0	0	0	21
Coesfeld	Franz	LT Echem	19	1	0	0	0	0	0	0	0	0	0	5	19	0	0	0	0	0	0	19
Simon	Guntram	MTV Treubund Lüneburg	18	1	0	0	0	0	0	0	0	6	18	0	0	0	0	0	0	0	0	18
Damaschke	Siegfried		17	1	0	0	0	0	0	0	0	7	17	0	0	0	0	0	0	0	0	17
Brandes	Erhard	Leben&Schreiben	16	1	8	16	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	16

Altersklasse M 70 (Jahrg. 1941 + 1945)

Schulte	Burkhardt	Lauftreff Lüneburg	175	7	1	25	1	25	1	25	0	0	0	1	25	1	25	1	25	1	25	125	
Vorrath	Wilhelm		156	7	3	21	2	23	1	25	1	25	3	21	0	0	3	21	0	0	4	20	115
Wagner	Norbert	mare Z Buxtehude	94	4	2	23	1	25	0	0	0	2	23	0	0	0	0	0	0	2	23	94	

Bonin	Hinrich	Tri Team Lüneburg	83	4	3	21	3	21	2	23	0	0	0	0	0	0	0	0	0	6	18	83	
Tietje	Heinrich	Stolpertruppe Winsen	59	3	4	20	4	20	0	0	0	0	0	0	0	0	0	0	0	5	19	59	
Blask	Ernst	LSK Hansa	48	2	1	25	0	0	0	0	0	0	0	0	0	0	2	23	0	0	0	48	
Vogt	Hartmut	TuS Neudorf-Platendorf	48	2	2	23	0	0	0	0	0	0	0	0	0	0	0	0	0	1	25	48	
Jordan	Holger-Wilhelm	FG Tangendorf	46	2	0	0	0	0	0	0	0	1	25	0	0	0	0	0	0	3	21	46	
Kluge	Harm	Escheburg	42	2	0	0	5	19	0	0	0	0	0	0	2	23	0	0	0	0	0	42	
Mertin	Friedrich-Wilhelm	TuS Hohnstorf	42	2	5	19	0	0	2	23	0	0	0	0	0	0	0	0	0	0	0	42	
Altersklasse M 75 (Jahrg. 1936 + 1940)																							
Holle	Wilhelm	TSV Adendorf	148	6	1	25	1	25	1	25	1	25	2	23	0	0	0	0	1	25	0	0	125
Schmidt	Walter	Stolpertruppe Winsen	125	5	0	0	1	25	1	25	1	25	1	25	0	0	0	0	0	0	1	25	125
Kunert	Paul	TuS Hohnstorf	169	7	1	25	2	23	2	23	0	0	0	0	1	25	1	25	1	25	2	23	123
Dietrich	Peter	LG HNF Hamburg	65	3	2	23	3	21	0	0	0	0	0	0	0	0	0	0	0	3	21	65	
Appelt	Wilfried		25	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	25	25
Ehrenfried	Heinz	Reppenstedter Danzliüüd	21	1	3	21	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	21
Altersklasse M 80 (Jahrg. + 1935)																							
Vogt	Wilhelm	TSV Adendorf	200	8	1	25	1	25	1	25	0	0	1	25	1	25	1	25	1	25	1	25	125
Reglitzky	Arnold	Blau-Weiss Buchholz	25	1	1	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
Backhausen	Peter	SV Wilhelmsburg v. 1888 e.V.	23	1	0	0	0	0	0	0	0	0	2	23	0	0	0	0	0	0	0	0	23
Lemke	Achim	Blau-Weiss Buchholz	23	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	2	23	23