



Ahrens	Karolin	Lüneburger SV	48	2	0	0	0	0	2	23	1	25	0	0	0	0	0	0	0	48
Schulz	Saskia	Lüneburger Rennschnecken	48	2	0	0	1	25	0	0	2	23	0	0	0	0	0	0	0	48
Otto	Hanna	Post SV Uelzen	44	2	3	21	2	23	0	0	0	0	0	0	0	0	0	0	44	
Lange	Kristina		42	2	7	17	0	0	0	0	0	1	25	0	0	0	0	0	42	
Johnson	Nicole	VfL Lüneburg	40	2	0	0	0	0	5	19	3	21	0	0	0	0	0	0	40	
Franke	Jana	Nbank Hannover	25	1	1	25	0	0	0	0	0	0	0	0	0	0	0	0	25	
Götting	Peggy	MTV Münden/Ötze	25	1	1	25	0	0	0	0	0	0	0	0	0	0	0	0	25	
Balles	Andrea	TV Cochem	23	1	2	23	0	0	0	0	0	0	0	0	0	0	0	0	23	
Fechner	Jessica		23	1	2	23	0	0	0	0	0	0	0	0	0	0	0	0	23	
Gerdau	Kathleen		23	1	0	0	0	0	0	0	0	2	23	0	0	0	0	0	23	
Dorn	Daniela		21	1	0	0	0	0	3	21	0	0	0	0	0	0	0	0	21	
Schollas	Gitta		21	1	3	21	0	0	0	0	0	0	0	0	0	0	0	0	21	
Seifert	Christina	Team Erdinger Alkoholfrei	21	1	0	0	0	0	0	0	0	3	21	0	0	0	0	0	21	
Walcke-Schuldt, v	Juli		21	1	0	0	3	21	0	0	0	0	0	0	0	0	0	0	21	
Baltrusch	Yvonne	Team Grundschule Bardowick	20	1	0	0	4	20	0	0	0	0	0	0	0	0	0	0	20	
Krämer	Myriam	Sonnenlegion	20	1	4	20	0	0	0	0	0	0	0	0	0	0	0	0	20	
Supplie	Sabine	IGAS Wendland	20	1	0	0	0	0	0	4	20	0	0	0	0	0	0	0	20	
Wunsch	Susann	Lauffreunde Lüder	20	1	0	0	0	0	4	20	0	0	0	0	0	0	0	0	20	
Barton	Kerstin	Lüneburg	19	1	5	19	0	0	0	0	0	0	0	0	0	0	0	0	19	
Stamer	Katharina		19	1	0	0	0	0	0	0	0	5	19	0	0	0	0	0	19	
Winterbur	Nicole	TSV Gellersen	19	1	0	0	5	19	0	0	0	0	0	0	0	0	0	0	19	
Haberland	Daniela	MTV Amelinghausen LT	18	1	0	0	0	0	0	0	0	6	18	0	0	0	0	0	18	
Herzig	Annette		18	1	0	0	0	0	0	6	18	0	0	0	0	0	0	0	18	
Sendker	Daniela		18	1	6	18	0	0	0	0	0	0	0	0	0	0	0	0	18	
Claasen	Nina	E.ON Energiebündel	17	1	0	0	0	0	0	0	0	7	17	0	0	0	0	0	17	
Melloh	Jennifer		15	1	9	15	0	0	0	0	0	0	0	0	0	0	0	0	15	
Brandes	Stefanie		14	1	10	14	0	0	0	0	0	0	0	0	0	0	0	0	14	
Kassuhn	Nicole		13	1	11	13	0	0	0	0	0	0	0	0	0	0	0	0	13	

#### Altersklasse W 40 (Jahrg. 1975 - 1979)

Seil	Sandra	Lüneburger Rennschnecken	101	5	10	14	8	16	1	25	1	25	3	21	0	0	0	0	101
Spitzlei	Jasmin	Willomeit GmbH & Co KG	101	5	11	13	5	19	2	23	2	23	2	23	0	0	0	0	101
Jarusz	Lidia	MTV Bad Bevensen	77	4	9	15	6	18	1	25	5	19	0	0	0	0	0	0	77
Leske	Nicole	TSV Gellersen	62	3	4	20	3	21	0	0	3	21	0	0	0	0	0	0	62
Schmidt	Britta	Wohnwagenhandel Bavendorf	57	3	0	0	10	14	2	23	4	20	0	0	0	0	0	0	57
Lilje	Sina		50	2	1	25	1	25	0	0	0	0	0	0	0	0	0	0	50
Moussani	Gitti		40	2	0	0	4	20	0	0	0	4	20	0	0	0	0	0	40
Skambath	Juliane	Lüneburg	35	2	7	17	0	0	0	0	6	18	0	0	0	0	0	0	35
Dobroch	Johanna		33	2	16	8	1	25	0	0	0	0	0	0	0	0	0	0	33
Baer	Tanja	SV Roche	25	1	1	25	0	0	0	0	0	0	0	0	0	0	0	0	25
Grundmann	Svenja	SSV Schnakenbek	25	1	0	0	0	0	0	1	25	0	0	0	0	0	0	0	25
Neckel	Stefanie		25	1	0	0	0	0	0	0	0	1	25	0	0	0	0	0	25
Henke	Stefanie	TuS Hohnstorf Basketball	24	2	21	3	0	0	3	21	0	0	0	0	0	0	0	0	24
Frank	Katja	Lauftrainer David	23	1	2	23	0	0	0	0	0	0	0	0	0	0	0	0	23
Rzeha	Bibiane		23	1	0	0	2	23	0	0	0	0	0	0	0	0	0	0	23
Waibel	Susanne		23	1	2	23	0	0	0	0	0	0	0	0	0	0	0	0	23
Klepsch	Daniela	Dahlenburger SK	21	1	3	21	0	0	0	0	0	0	0	0	0	0	0	0	21
Klasen	Viola		19	1	0	0	0	0	0	0	0	5	19	0	0	0	0	0	19
Legrand	Janine	Bardowick	19	1	5	19	0	0	0	0	0	0	0	0	0	0	0	0	19
Ebermann	Vanessa	Herakliden Team	18	1	6	18	0	0	0	0	0	0	0	0	0	0	0	0	18
Krüger	Anja	TSV Eintracht Hittfeld	18	2	19	5	11	13	0	0	0	0	0	0	0	0	0	0	18
Pingel	Frauke	MTV Treubund Lüneburg	17	1	0	0	7	17	0	0	0	0	0	0	0	0	0	0	17
Werder	Sandra		16	1	8	16	0	0	0	0	0	0	0	0	0	0	0	0	16
Brötzmann	Claudia	LT TSV Bienenbüttel	15	1	0	0	9	15	0	0	0	0	0	0	0	0	0	0	15
Knobloch	Doreen	Lüneläufer	15	2	22	3	12	12	0	0	0	0	0	0	0	0	0	0	15
Ewald	Franziska		12	1	12	12	0	0	0	0	0	0	0	0	0	0	0	0	12
Fais	Alexandra	Laufgruppe Putensen	11	1	13	11	0	0	0	0	0	0	0	0	0	0	0	0	11
Beschorner	Kerstin		10	1	14	10	0	0	0	0	0	0	0	0	0	0	0	0	10
Lindloff	Nicole	Herakliden Team	9	1	15	9	0	0	0	0	0	0	0	0	0	0	0	0	9
Hoffmann	Sandra	Herakliden Team	7	1	17	7	0	0	0	0	0	0	0	0	0	0	0	0	7
Augustin	Tanja		6	1	18	6	0	0	0	0	0	0	0	0	0	0	0	0	6
Saborosch	Judith	Team LeNa	4	1	20	4	0	0	0	0	0	0	0	0	0	0	0	0	4
Dean	Nicole		3	1	23	3	0	0	0	0	0	0	0	0	0	0	0	0	3

#### Altersklasse W 45 (Jahrg. 1970 - 1974)



Herdes	Stephanie	Thomasburger SV	19	1	0	0	0	0	5	19	0	0	0	0	0	0	0	0	19
Kaschub	Susanne, Dr.	Fitforever	19	1	0	0	5	19	0	0	0	0	0	0	0	0	0	0	19
Lange	Undine	Tankumsee Runner	19	1	5	19	0	0	0	0	0	0	0	0	0	0	0	0	19
Schallhorn	Claudia	MTV Bad Bevensen	19	1	5	19	0	0	0	0	0	0	0	0	0	0	0	0	19
Winkler	Monika	MTV Bad Bevensen	19	1	0	0	0	0	0	0	0	5	19	0	0	0	0	0	19
Budnik	Anke	Lüneburger Rennschnecken	18	1	0	0	6	18	0	0	0	0	0	0	0	0	0	0	18
Mahl	Anne-Kareen	Extreme Jogging Gr. Moor	18	1	0	0	0	0	0	0	0	6	18	0	0	0	0	0	18
Schmidt	Yuko		18	1	6	18	0	0	0	0	0	0	0	0	0	0	0	0	18
Schönfeldt	Dagmar	Hoisbütteler SV	18	1	0	0	0	0	0	6	18	0	0	0	0	0	0	0	18
Dreele, zu	Yvonne	Post SV Uelzen	17	1	7	17	0	0	0	0	0	0	0	0	0	0	0	0	17
Dederichs	Katja	Grundschule Bardowick	16	1	0	0	0	0	0	0	8	16	0	0	0	0	0	0	16
Euhus	Rita	MTV Müden/Örtze	16	1	8	16	0	0	0	0	0	0	0	0	0	0	0	0	16
<b>Altersklasse W 55 (Jahrg. 1960 - 1964)</b>																			
Gerdau	Kathlen	Embsen	92	4	5	19	2	23	0	0	1	25	1	25	0	0	0	0	92
Weickardt	Friederike	LT Alstertal	82	4	0	0	4	20	3	21	3	21	4	20	0	0	0	0	82
Schwarcke	Hannelore	TuS Hohnstorf	75	3	1	25	1	25	1	25	0	0	0	0	0	0	0	0	75
Würzburger	Maria	TuS Hohnstorf	67	3	0	0	3	21	1	25	0	0	3	21	0	0	0	0	67
Mey	Sabine	Lüdersburg	62	3	0	0	5	19	2	23	4	20	0	0	0	0	0	0	62
Schwartz-Reinken	Birgit	TSV Eintracht Hittfeld	25	1	1	25	0	0	0	0	0	0	0	0	0	0	0	0	25
Wolanski	Ines	MTV Soderstorf	25	1	0	0	1	25	0	0	0	0	0	0	0	0	0	0	25
Czerny	Hilli	Fieser Ausdauerlauf Holdenste	23	1	2	23	0	0	0	0	0	0	0	0	0	0	0	0	23
Glanert	Silke	Heidschnecken	23	1	2	23	0	0	0	0	0	0	0	0	0	0	0	0	23
Junge	Uta	FC Echem	23	1	0	0	0	0	0	2	23	0	0	0	0	0	0	0	23
Morawietz	Manuela	Extreme Jogging Gr. Moor	23	1	0	0	0	0	0	0	0	2	23	0	0	0	0	0	23
Steer	Andrea	BW Buchholz Triathlon	21	1	3	21	0	0	0	0	0	0	0	0	0	0	0	0	21
Maaß	Connie	Grundschule Betzendorf	20	1	4	20	0	0	0	0	0	0	0	0	0	0	0	0	20
Pargmann	Frauke	SSV Schnakenbek	19	1	0	0	0	0	0	0	0	5	19	0	0	0	0	0	19
Reif	Simone	Fieser Ausdauerlauf Holdenste	18	1	6	18	0	0	0	0	0	0	0	0	0	0	0	0	18
Thiede	Dorina		17	1	7	17	0	0	0	0	0	0	0	0	0	0	0	0	17
Griep	Petra		16	1	8	16	0	0	0	0	0	0	0	0	0	0	0	0	16
<b>Altersklasse W 60 (Jahrg. 1955 - 1959)</b>																			
Eller	Margrit	Reppenstedt	85	4	4	20	3	21	2	23	3	21	0	0	0	0	0	0	85
Saucke	Beate	Dahlenburger SK	75	3	1	25	0	0	1	25	1	25	0	0	0	0	0	0	75
Kieckebusch, von	Cornelia	MTV Treubund Lüneburg	50	2	1	25	1	25	0	0	0	0	0	0	0	0	0	0	50
Stehr	Dorit, Dr.	MTV Amelinghausen	50	2	0	0	0	0	1	25	0	1	25	0	0	0	0	0	50
Malec	Margrid	MTV Amelinghausen	44	2	3	21	2	23	0	0	0	0	0	0	0	0	0	0	44
Kolle	Edith	Dahlenburger SK	23	1	0	0	0	0	0	2	23	0	0	0	0	0	0	0	23
Morawetz	Ute	TV Jahn Schneverdingen	23	1	2	23	0	0	0	0	0	0	0	0	0	0	0	0	23
Rückle	Sigrid		23	1	2	23	0	0	0	0	0	0	0	0	0	0	0	0	23
<b>Altersklasse W 65 (Jahrg. 1950 - 1954)</b>																			
Lenze	Gunda	SV Scharnebeck	125	5	1	25	1	25	1	25	1	25	1	25	0	0	0	0	125
Husmeier	Ursula	MTV Amelinghausen	111	5	3	21	3	21	1	25	3	21	2	23	0	0	0	0	111
Mende	Angelika	Dahlenburger SK	69	3	2	23	2	23	0	0	2	23	0	0	0	0	0	0	69
Ott-Müller	Ingrid	LT MTV Amelghausen	63	3	4	20	4	20	2	23	0	0	0	0	0	0	0	0	63
Cericius	Angelika	Deutsch Evern	21	1	0	0	0	0	0	0	0	3	21	0	0	0	0	0	21
Dreyer	Monika		20	1	0	0	0	0	0	0	0	4	20	0	0	0	0	0	20
<b>Altersklasse W 70 (Jahrg. 1945 - 1949)</b>																			
Herrmann	Elisabeth	Berlin	125	5	1	25	1	25	1	25	1	25	1	25	0	0	0	0	125
Schwarz Müller	Ursula	Stolpertruppe Winsen	25	1	1	25	0	0	0	0	0	0	0	0	0	0	0	0	25
<b>Altersklasse W 75 (Jahrg. 1940 - 1944)</b>																			
Wiener	Bärbel	MTV Amelinghausen	100	4	1	25	1	25	1	25	0	0	1	25	0	0	0	0	100
Luhmann	Änne	Dahlenburger SK	25	1	0	0	0	0	0	0	1	25	0	0	0	0	0	0	25
<b>Altersklasse W 80 (Jahrg. 1935 - 1939)</b>																			
<b>Altersklasse MKU12, M 10/11 (Jahrg. 2008 - 2009)</b>																			
<b>Altersklasse MJU14, M 12/13 (Jahrg. 2006 - 2007)</b>																			
<b>Altersklasse MJU16, M 14/15 (Jahrg. 2004 - 2005)</b>																			
Ritter	Justin Max	No Meat Athletes	25	1	0	0	0	0	0	0	0	1	25	0	0	0	0	0	25
<b>Altersklasse MJU18, M 16/17 (Jahrg. 2002 - 2003)</b>																			
Weber	Nick	SV Scharnebeck	96	4	2	23	1	25	1	25	2	23	0	0	0	0	0	0	96
Ovens	Karsten		25	1	1	25	0	0	0	0	0	0	0	0	0	0	0	0	25
Traub	Justus		25	1	0	0	0	0	0	0	0	1	25	0	0	0	0	0	25
Werner	Fynn Lukas	TSV Bardowick	25	1	0	0	0	0	0	0	1	25	0	0	0	0	0	0	25
<b>Altersklasse MJU20, M 18/19 (Jahrg. 2000 - 2001)</b>																			



Lauterschlag	Dennis	Lüneburger SV	23	1	0	0	2	23	0	0	0	0	0	0	0	0	0	0	0	23
Leppel	Christopher	SV Wendisch Evern	23	1	0	0	0	0	0	0	0	2	23	0	0	0	0	0	0	23
Ostendrop(dorf?)	Dennis		23	1	0	0	2	23	0	0	0	0	0	0	0	0	0	0	23	
Sommerfeld	Stephan	Praxis für Therapie und Trainin	23	1	2	23	0	0	0	0	0	0	0	0	0	0	0	0	23	
Martin	Christoph		21	1	0	0	0	0	0	3	21	0	0	0	0	0	0	0	21	
Nauy	Siegfried	Laufteam Unna	21	1	0	0	3	21	0	0	0	0	0	0	0	0	0	0	21	
Hogewind	Tom		20	1	4	20	0	0	0	0	0	0	0	0	0	0	0	0	20	
Jinno	Ryusuke		20	1	0	0	0	0	0	4	20	0	0	0	0	0	0	0	20	
Lammers	Andreas		20	1	4	20	0	0	0	0	0	0	0	0	0	0	0	0	20	
Lebert	Simon	Schule Marienau	20	1	0	0	4	20	0	0	0	0	0	0	0	0	0	0	20	
Freyher	Daniel		19	1	0	0	0	0	0	0	5	19	0	0	0	0	0	0	19	
Lindloff	Julian	Sparkasse Lüneburg	19	1	0	0	0	0	0	5	19	0	0	0	0	0	0	0	19	
Meyer zu Holle	Michael		19	1	5	19	0	0	0	0	0	0	0	0	0	0	0	0	19	
Schwarzer	Torben	MTV Treubund Lüneburg	19	1	0	0	5	19	0	0	0	0	0	0	0	0	0	0	19	
Sachse	Michael		18	1	6	18	0	0	0	0	0	0	0	0	0	0	0	0	18	
Walcke-Schudt, v	Junes		18	1	0	0	6	18	0	0	0	0	0	0	0	0	0	0	18	
Wessolly	Marco		18	1	0	0	0	0	0	0	6	18	0	0	0	0	0	0	18	
Baisch	Markus		17	1	0	0	0	0	0	7	17	0	0	0	0	0	0	0	17	
Metz	Christopher		17	1	7	17	0	0	0	0	0	0	0	0	0	0	0	0	17	
Wolter	Fabian	MTV Bad Bevensen	17	1	7	17	0	0	0	0	0	0	0	0	0	0	0	0	17	
Molnar	Adam	Hausarztzentrum Bad Bevens	16	1	8	16	0	0	0	0	0	0	0	0	0	0	0	0	16	
Schifer	Andrej	Lüneburger	16	1	0	0	0	0	0	0	8	16	0	0	0	0	0	0	16	
Walther	Florian		16	1	0	0	0	0	0	8	16	0	0	0	0	0	0	0	16	
Stamer	Marc		15	1	0	0	0	0	0	0	9	15	0	0	0	0	0	0	15	
Oswald	Sebastian		14	1	10	14	0	0	0	0	0	0	0	0	0	0	0	0	14	
Hinz	Sebastian		13	1	11	13	0	0	0	0	0	0	0	0	0	0	0	0	13	
Preuss	Dennis	SV Scharnebeck	13	1	0	0	11	13	0	0	0	0	0	0	0	0	0	0	13	
Hillig	Burghard		12	1	12	12	0	0	0	0	0	0	0	0	0	0	0	0	12	
Stottmeister	Tobias	Laufgruppe Putensen	11	1	13	11	0	0	0	0	0	0	0	0	0	0	0	0	11	

#### Altersklasse M 35 (Jahrg. 1980 - 1984)

Schulze	Sebastian	TSV Gellersen	110	5	2	23	4	20	1	25	2	23	5	19	0	0	0	0	0	110
Paetzmann	Björn	Icarus Consulting GmbH	93	5	9	15	7	17	2	23	3	21	7	17	0	0	0	0	0	93
Malec	Jan	LG Braunschweig	73	3	1	25	2	23	0	0	1	25	0	0	0	0	0	0	73	
Reimer	Arne	Grundschule Bardowick	67	3	3	21	3	21	0	0	1	25	0	0	0	0	0	0	67	
Helwig	Tobias	Escheburg	66	4	11	13	0	0	4	20	4	20	11	13	0	0	0	0	66	
Lampe	Hendrik		48	3	7	17	9	15	0	0	0	8	16	0	0	0	0	0	48	
Briend	Etienne	Melbeck	41	2	0	0	4	20	0	0	3	21	0	0	0	0	0	0	41	
Schlüter	Jan		41	2	6	18	2	23	0	0	0	0	0	0	0	0	0	0	41	
Schröder	Patrick	TV Jahn Schneverdingen	40	2	4	20	0	0	0	0	0	4	20	0	0	0	0	0	40	
Simdon	Sebastian	Lüneburg	39	2	0	0	5	19	0	0	4	20	0	0	0	0	0	0	39	
Sieling	Frederic	Just Triii	38	2	5	19	5	19	0	0	0	0	0	0	0	0	0	0	38	
Menke	Stefan	TSV Eintracht Hitfeld	34	2	6	18	8	16	0	0	0	0	0	0	0	0	0	0	34	
Heiden	Christian	Scharnebeck	33	2	0	0	10	14	0	0	5	19	0	0	0	0	0	0	33	
Baatz	Sebastian	Die Rostocker	25	1	0	0	1	25	0	0	0	0	0	0	0	0	0	0	25	
Meene	Florian	Tri Club Paderborn	25	1	1	25	0	0	0	0	0	0	0	0	0	0	0	0	25	
Meier	Hendrik	Triathlon Füchse Osterburg e.)	25	1	0	0	1	25	0	0	0	0	0	0	0	0	0	0	25	
Sobiech	Maik	Triabolas Hamburg e.V.	25	1	0	0	0	0	0	0	0	1	25	0	0	0	0	0	25	
Wolff	Manuel	Cool Runners	25	1	0	0	0	0	1	25	0	0	0	0	0	0	0	0	25	
Semke	Eugen	Team Lünebest	24	2	12	12	12	12	0	0	0	0	0	0	0	0	0	0	24	
Hubrich	Marco	Team Erdinger Alkoholfrei	23	1	2	23	0	0	0	0	0	0	0	0	0	0	0	0	23	
Leers	Malte	TSV Gellersen	23	1	0	0	0	0	0	0	0	2	23	0	0	0	0	0	23	
Stange	Martin		23	1	0	0	0	0	0	0	2	23	0	0	0	0	0	0	23	
Dreyer	Jan		21	1	3	21	0	0	0	0	0	0	0	0	0	0	0	0	21	
Meyer	Sebastian	Thomasburger SV	21	1	0	0	0	0	3	21	0	0	0	0	0	0	0	0	21	
Paetow	Mathias	TuS Hohnstorf	21	1	0	0	0	0	0	0	0	3	21	0	0	0	0	0	21	
Schmidt	Holger	Die Rostocker	21	1	0	0	3	21	0	0	0	0	0	0	0	0	0	0	21	
Kath	Sebastian	GS Embsen	20	1	4	20	0	0	0	0	0	0	0	0	0	0	0	0	20	
Ehrlich	Stephan		19	1	0	0	0	0	5	19	0	0	0	0	0	0	0	0	19	
Hillebrand	Patrick		19	1	0	0	0	0	0	0	5	19	0	0	0	0	0	0	19	
Stelzner	Dirk		19	1	5	19	0	0	0	0	0	0	0	0	0	0	0	0	19	
Ahrens	Stefan		18	1	0	0	0	0	0	6	18	0	0	0	0	0	0	0	18	
Schröder	Christoph		18	1	0	0	0	0	0	0	0	6	18	0	0	0	0	0	18	









Bräcklein	Thorsten		18	1	6	18	0	0	0	0	0	0	0	0	0	0	0	0	18
Friedrichs	Oliver	Lüneburg	18	1	0	0	0	0	0	6	18	0	0	0	0	0	0	0	18
Römer	Steffen	Tri-Bandits/TSG Bergedorf	18	1	6	18	0	0	0	0	0	0	0	0	0	0	0	18	
Zobel	Hinnerk	Lüneläufer	18	3	27	3	22	3	0	12	12	0	0	0	0	0	0	18	
Demel	Ryan		17	1	0	0	7	17	0	0	0	0	0	0	0	0	0	17	
Tönse	Ulf	Sport.Tri.Lich	17	1	0	0	0	0	0	7	17	0	0	0	0	0	0	17	
Völkening	Karsten	SVE Hiddestorf	17	1	7	17	0	0	0	0	0	0	0	0	0	0	0	17	
Bahr	Markus	Die Laufbandquäler Faßberg	16	1	0	0	8	16	0	0	0	0	0	0	0	0	0	16	
Bartelt	Timo	VfL Suderburg	16	1	0	0	0	0	0	8	16	0	0	0	0	0	0	16	
Freeman	Alain	Lastminute Bergedorf	16	1	0	0	0	0	0	8	16	0	0	0	0	0	0	16	
Hamp	Detlef	SV Ilmenau	16	2	0	0	17	7	0	0	0	15	9	0	0	0	0	16	
Sonnemann	Oliver	Running Squad	16	1	8	16	0	0	0	0	0	0	0	0	0	0	0	16	
Grelle	Thomas	Post SV Uelzen	15	1	0	0	0	0	0	0	9	15	0	0	0	0	0	15	
Kleinlein	Jörn	MTV Amelinghausen	15	1	9	15	0	0	0	0	0	0	0	0	0	0	0	15	
Plesse	Frank	Reinstorf	15	1	0	0	0	9	15	0	0	0	0	0	0	0	0	15	
Spredofsky	Marcus	Running Squad	15	1	9	15	0	0	0	0	0	0	0	0	0	0	0	15	
Allmann	Rainer	Elm Hermannsburg	14	1	10	14	0	0	0	0	0	0	0	0	0	0	0	14	
Dobroch	Mark		14	2	26	3	13	11	0	0	0	0	0	0	0	0	0	14	
Grewe	Martin	Lüneburg	14	1	0	0	10	14	0	0	0	0	0	0	0	0	0	14	
Paape	Jens	Düvelsbrook Dynamics	14	1	0	0	10	14	0	0	0	0	0	0	0	0	0	14	
Sonnenkalb	Mark	TSV 08 Eppendorf/Groß Borst	14	1	0	0	0	0	0	0	10	14	0	0	0	0	0	14	
Gillmeister	Frank		13	1	0	0	11	13	0	0	0	0	0	0	0	0	0	13	
Greiwed	Edward		13	1	11	13	0	0	0	0	0	0	0	0	0	0	0	13	
Lilje	Frank	Dibbersen	13	2	20	4	15	9	0	0	0	0	0	0	0	0	0	13	
Peter	Frank	MTV Soltau	13	1	0	0	0	0	0	0	11	13	0	0	0	0	0	13	
Aschenbrenner	Frank		12	1	12	12	0	0	0	0	0	0	0	0	0	0	0	12	
Walz	Marc	Hannover Runners	12	1	0	0	12	12	0	0	0	0	0	0	0	0	0	12	
Klimmek	Bodo	TuS Hohnstorf	11	1	0	0	0	0	0	13	11	0	0	0	0	0	0	11	
Sawallisch	Henning	FC Bayern München	11	1	0	0	0	0	0	0	13	11	0	0	0	0	0	11	
Steinke	Roland	Hamburg Harbour Runners	11	1	0	0	13	11	0	0	0	0	0	0	0	0	0	11	
Cordes	Christian		9	1	15	9	0	0	0	0	0	0	0	0	0	0	0	9	
Völker	Claudius		8	1	16	8	0	0	0	0	0	0	0	0	0	0	0	8	
Schol	Andreas	Kreuzkamp Runners	7	1	17	7	0	0	0	0	0	0	0	0	0	0	0	7	
Wilbrecht	Thomas	MTV Amelinghausen LT	7	1	17	7	0	0	0	0	0	0	0	0	0	0	0	7	
Andresen	Arne	SG Salzhause/Garlstorf	6	1	18	6	0	0	0	0	0	0	0	0	0	0	0	6	
Düffert	Mark	Lüneburger Rennschnecken	6	2	28	3	23	3	0	0	0	0	0	0	0	0	0	6	
Burmester	Matthias		5	1	0	0	19	5	0	0	0	0	0	0	0	0	0	5	
Schwarz	Marcus	Deutsch Evern	5	1	19	5	0	0	0	0	0	0	0	0	0	0	0	5	
Schwenk	Salem	SG Salzhause/Garlstorf	5	1	19	5	0	0	0	0	0	0	0	0	0	0	0	5	
Gerhus	Mario		4	1	0	0	20	4	0	0	0	0	0	0	0	0	0	4	
Müller	Peter		4	1	20	4	0	0	0	0	0	0	0	0	0	0	0	4	
Dean	David		3	1	22	3	0	0	0	0	0	0	0	0	0	0	0	3	
Dehne	Volker	Adendorf	3	1	21	3	0	0	0	0	0	0	0	0	0	0	0	3	
Dröge	Jan	Vögelsen	3	1	22	3	0	0	0	0	0	0	0	0	0	0	0	3	
Harlapp	Heiko	LaufgruppeLeNa	3	1	30	3	0	0	0	0	0	0	0	0	0	0	0	3	
Heidbrock	Jörg	TuS Barendorf	3	1	24	3	0	0	0	0	0	0	0	0	0	0	0	3	
Lennartz	Tobias	Happy Running Family	3	1	0	0	21	3	0	0	0	0	0	0	0	0	0	3	
Müller	Ruben	Würzburg	3	1	25	3	0	0	0	0	0	0	0	0	0	0	0	3	
Posekardt	Jan		3	1	0	0	24	3	0	0	0	0	0	0	0	0	0	3	
Schulz	Peter		3	1	21	3	0	0	0	0	0	0	0	0	0	0	0	3	
Schumacher	Michael	LLH	3	1	23	3	0	0	0	0	0	0	0	0	0	0	0	3	
Waltereit	Wolfram	MTV Soderstorf	3	1	31	3	0	0	0	0	0	0	0	0	0	0	0	3	
<b>Altersklasse M 50 (Jahrg. 1965 - 1969)</b>																			
Stark	Stefan	Düvelsbrook Dynamics	103	5	2	23	5	19	2	23	3	21	7	17	0	0	0	103	
Heidemann	Jörg	MTV Treubund Lüneburg	99	5	4	20	4	20	3	21	4	20	6	18	0	0	0	99	
Wilsdorf	Torsten	Lüneburg	96	4	1	25	1	25	1	25	0	3	21	0	0	0	0	96	
Studt	Oliver	Flexitarier Schneverdingen	92	4	0	0	2	23	1	25	1	25	5	19	0	0	0	92	
Menke	Christian	Dahlenburger SK	90	4	2	23	3	21	2	23	2	23	0	0	0	0	0	90	
Allmer	Hartwig	FFW Barendorf	59	3	0	0	5	19	4	20	4	20	0	0	0	0	0	59	
Otmüller	Nico	Düvelsbrook Dynamics	56	3	0	0	10	14	3	21	3	21	0	0	0	0	0	56	
Petrasch	Oliver	VfL Langendorf	54	3	0	0	0	4	20	6	18	8	16	0	0	0	0	54	
Schill	Andreas	XXL-Fighter Anno 1900	54	3	4	20	7	17	0	0	7	17	0	0	0	0	0	54	



Johansen	Niels		9	1	15	9	0	0	0	0	0	0	0	0	0	0	0	0	9
Flockenhaus	Olaf	Laufftreff TV Uelzen	8	1	16	8	0	0	0	0	0	0	0	0	0	0	0	0	8
Börchers	Harald	Herakliden Team	7	1	17	7	0	0	0	0	0	0	0	0	0	0	0	0	7
Strerath	Paul Rainer	FC Blau Weiss Heppendorf	7	1	0	0	0	0	0	0	17	7	0	0	0	0	0	0	7
Jankowsky	Dirk	SVE Hiddesdorf	6	1	18	6	0	0	0	0	0	0	0	0	0	0	0	0	6
Reising	Marcel	erst laufen dann saufen	4	1	20	4	0	0	0	0	0	0	0	0	0	0	0	0	4
Sommer	Carsten		4	1	20	4	0	0	0	0	0	0	0	0	0	0	0	0	4
Erwin	Wolfgang	Heidschnucken	3	1	22	3	0	0	0	0	0	0	0	0	0	0	0	0	3
Lange	André	Tankumsee Runner	3	1	21	3	0	0	0	0	0	0	0	0	0	0	0	0	3

### Altersklasse M 55 (Jahrg. 1960 - 1964)

Kupper	Frank	Post SV Buxtehude	125	5	1	25	1	25	1	25	1	25	1	25	0	0	0	0	125
Erdtmann	Knut	TuS Hohnstorf	98	5	5	19	5	19	5	19	2	23	6	18	0	0	0	0	98
Safft	Andreas	Düvelsbrook Dynamics	85	4	0	0	3	21	2	23	4	20	3	21	0	0	0	0	85
Boysen	Peter	TSV Bienenbüttel	71	3	2	23	2	23	1	25	0	0	0	0	0	0	0	0	71
Materne	Hartmut	RSC	71	4	7	17	7	17	0	0	4	20	7	17	0	0	0	0	71
Schulz	Reinhard	Thomasburger SV	62	3	3	21	0	0	0	0	6	18	2	23	0	0	0	0	62
Gieseler	Olaf	Brietlingen	61	5	17	7	8	16	10	14	11	13	13	11	0	0	0	0	61
Winterhoff	Dirk	Igas Wendland	61	3	0	0	3	21	3	21	5	19	0	0	0	0	0	0	61
Hein	Guido	TuS Barendorf	60	3	4	20	4	20	4	20	0	0	0	0	0	0	0	0	60
Metzger-Frey	Stefan	Laufsport Rainer Jahnke	59	3	0	0	5	19	4	20	0	0	4	20	0	0	0	0	59
Könnecke	Hans	TuS Herta Betzendorf	57	4	14	10	0	0	7	17	9	15	9	15	0	0	0	0	57
Dehrmann	Werner	VfL Suderburg	49	3	9	15	6	18	0	0	0	0	8	16	0	0	0	0	49
Bieber	Dirk	BSG Justiz Hamburg	48	3	10	14	9	15	5	19	0	0	0	0	0	0	0	0	48
Behrens	Thomas	MTV Amelinghausen LT	41	3	0	0	9	15	9	15	13	11	0	0	0	0	0	0	41
Diercks	Uwe	TuS Hohnstorf	39	2	0	0	6	18	3	21	0	0	0	0	0	0	0	0	39
Eilmann	Hans-Wilhelm	Feuerwehr Bleckede	35	2	12	12	0	0	2	23	0	0	0	0	0	0	0	0	35
Simon	Manfred	SV Eintracht Lüneburg	35	2	0	0	0	0	0	0	8	16	5	19	0	0	0	0	35
Jahneke	Jörg		29	2	0	0	11	13	8	16	0	0	0	0	0	0	0	0	29
Klobe	Sven	Düvelsbrook Dynamics	29	2	16	8	0	0	0	0	3	21	0	0	0	0	0	0	29
Solms	Markus	Lüneburger Rennschnecken	29	2	0	0	12	12	0	0	7	17	0	0	0	0	0	0	29
Schierholz	Joachim	SV Scharnebeck	28	2	0	0	10	14	0	0	10	14	0	0	0	0	0	0	28
Bausch	Stefan	Team Erdinger Alkoholfrei	25	1	0	0	0	0	0	0	1	25	0	0	0	0	0	0	25
Dankers	Heinz	DUWO 08 Hamburg	25	1	0	0	1	25	0	0	0	0	0	0	0	0	0	0	25
Röhrs	Michael, Dr.	TV Jahn Schneverdingen	25	1	1	25	0	0	0	0	0	0	0	0	0	0	0	0	25
Mehrhof	Günther	FG Tangendorf	24	2	13	11	11	13	0	0	0	0	0	0	0	0	0	0	24
Job	Michael		23	1	0	0	2	23	0	0	0	0	0	0	0	0	0	0	23
Letje	Stephan	MC Kollmar	23	1	2	23	0	0	0	0	0	0	0	0	0	0	0	0	23
Mosel	Wolfgang	Aufbau Boitzenburg	23	1	0	0	0	0	0	0	2	23	0	0	0	0	0	0	23
Civelek	Andreas	Barsbütteler SV	21	1	0	0	0	0	0	0	3	21	0	0	0	0	0	0	21
Wünnecke	Fridhelm	sport-tri-lich	21	1	3	21	0	0	0	0	0	0	0	0	0	0	0	0	21
Heyenga	Jens	Düvelsbrook Dynamics Lbg	20	2	18	6	10	14	0	0	0	0	0	0	0	0	0	0	20
Wandt	Matthias	SportSpaß HH	20	1	4	20	0	0	0	0	0	0	0	0	0	0	0	0	20
Widdra	Volker		20	1	0	0	4	20	0	0	0	0	0	0	0	0	0	0	20
Schneider	Armin	LG Brunsberg	19	1	5	19	0	0	0	0	0	0	0	0	0	0	0	0	19
Bludau	Guido	LG Brunsberg	18	1	6	18	0	0	0	0	0	0	0	0	0	0	0	0	18
Kröger	Manfred	TSV Winsen	18	1	0	0	0	0	6	18	0	0	0	0	0	0	0	0	18
Passerini	Jean Christophe	SAM Paris 12	18	1	6	18	0	0	0	0	0	0	0	0	0	0	0	0	18
Timm	Sven		17	1	0	0	7	17	0	0	0	0	0	0	0	0	0	0	17
Trempenau	Christian	Heide-Werkstätten e. V. Walsr	17	1	7	17	0	0	0	0	0	0	0	0	0	0	0	0	17
Frohloff	Uwe	SV Scharnebeck	16	1	8	16	0	0	0	0	0	0	0	0	0	0	0	0	16
Paschold	Rüdiger		16	1	0	0	8	16	0	0	0	0	0	0	0	0	0	0	16
Schrör	Theodor		16	1	8	16	0	0	0	0	0	0	0	0	0	0	0	0	16
Schlademann	Fred		15	1	9	15	0	0	0	0	0	0	0	0	0	0	0	0	15
Meilwes	Ulrich		14	1	0	0	0	0	0	0	0	0	10	14	0	0	0	0	14
Tempel	Holger		14	1	10	14	0	0	0	0	0	0	0	0	0	0	0	0	14
Morawietz	Ingo	Extreme Jogging Adendorf	13	1	0	0	0	0	0	0	0	0	11	13	0	0	0	0	13
Sauke-Gensow	Ulrich	TSV Adendorf	13	2	21	3	0	0	0	0	14	10	0	0	0	0	0	0	13
Tabatt	Arne		13	1	0	0	0	0	11	13	0	0	0	0	0	0	0	0	13
Wärmer	Torsten		13	1	11	13	0	0	0	0	0	0	0	0	0	0	0	0	13
Zander	Thomas	Blau-Weiss Buchholz	13	1	11	13	0	0	0	0	0	0	0	0	0	0	0	0	13
Drechsel	Michael-Josef	SG Deutsche Bank Potsdam	12	1	12	12	0	0	0	0	0	0	0	0	0	0	0	0	12
Frommhagen	Dennys	Lüneburg	12	1	0	0	0	0	0	0	0	0	12	12	0	0	0	0	12



Jansen	Norbert	TSV Adendorf	21	1	0	0	0	0	0	0	0	0	0	3	21	0	0	0	0	0	0	21
Niemann	Werner	VfL Lühetal	20	1	4	20	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	20
<b>Altersklasse M 75 (Jahrg. 1940 - 1944)</b>																						
Schulte	Burkhard	VfL Lüneburg	100	4	1	25	1	25	1	25	1	25	0	0	0	0	0	0	0	0	0	100
Vorrath	Wilhelm	MTV Treubund Lüneburg	67	3	3	21	2	23	2	23	0	0	0	0	0	0	0	0	0	0	0	67
Ociepka	Jan	SV Kirchboitzen	41	2	4	20	3	21	0	0	0	0	0	0	0	0	0	0	0	0	0	41
Johannsen	Ingo	TuS Hohnstorf	23	1	0	0	0	0	0	0	2	23	0	0	0	0	0	0	0	0	0	23
Lucchesi	Klaus	LT Reinbek	23	1	2	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	23
<b>Altersklasse M 80 (Jahrg. 1935 - 1939)</b>																						
Vogt	Wilhelm	TSV Adendorf	123	5	2	23	1	25	1	25	1	25	1	25	0	0	0	0	0	0	0	123
Dietrich	Peter	LG HNF Hamburg	71	3	1	25	2	23	0	0	2	23	0	0	0	0	0	0	0	0	0	71
Kunert	Paul	TuS Hohnstorf	65	3	3	21	3	21	2	23	0	0	0	0	0	0	0	0	0	0	0	65
Holle	Wilhelm	TSV Adendorf	62	3	4	20	0	0	3	21	3	21	0	0	0	0	0	0	0	0	0	62
<b>Altersklasse M 85 (Jahrg. 1930 - 1934)</b>																						